

Teachers undergo training in first-aid, CPR

Take some time to learn first aid and CPR, it saves lives, and it works. -Bobby Sherman

It is beyond doubt that knowledge of first aid promotes a safer and healthier environment. Having teachers who are well equipped with first aid skills enhances the school's safety. Many students experience accidents or medical emergencies while at school.

It is important to have trained staff to give initial assistance to the victim until medical care is given by doctors.

GJR INTERNATIONAL SCHOOL

Teachers trained in first aid can apply the right procedures to prevent any further damage in case of emergencies. A quick response can reduce the recovery time and life of the victim.

A first aid training programme was organized for teachers on July 16, 2022 through in BLS (Basic life support-CPR) and life support. The session was about 3 types of emergencies - medical, trauma, and environmental. They covered almost all basic first aid details. Teachers experienced hands-on CPR training. They learned about the importance of healthy living and how lifestyle habits and choices can change one's life. This training prepared us for a wide range of difficult situations and gave us confidence and knowledge to react appropriately.



Founders' work recognized with award

Academicians and founders of Tapovan School, J V R Sharma and J A Vani Sharma were honoured with the Dr Kalam's Educational Excellence Awards -2022, instituted by the non-profit

TAPOVAN SCHOOL

organization ACT Now. The award was presented to them July 28, 2022 at Hyderabad.

Principal Vani Sharma was hailed as the pillar of the school and a well-read, scholarly, humane and lovable leader. She won the award for the excellent work put in to impart education even during the Covid period.



We at Tapovan are proud to be part of this great institution with its ideals and commitment towards education.

Awareness programme on cancer held

Jnana Vijnana Vidyapeetha organized an awareness programme on breast and cervical cancer on July 29, 2022 for girl students, mothers of students, teachers, and staff of the institution. Lead Surgeon-

JNANA VIJNANA VIDYAPEETHA

Breast Oncology' at Apollo Hospital, Bannerghatta Road, Dr Jayanthi Thumsi, author



of the book 'Lump to Laughter', through discussion and demonstration explained the

meaning, causes, signs and symptoms of breast cancer, steps of breast self-examination, myths and facts, and prevention and management.

Cervical cancer is caused by Human Papilloma Virus or HPV she said, explaining the reasons for the possibility of cervical cancer. Cervical cancer screening can be done through a PAP Test. Self examination, regular screening and lifestyle modification can prevent cancer and promote optimum health, she emphasised.

The session was informative and around 120 to 150 participants benefitted from the programme, which was well-appreciated.

Athletes win medals at national jump rope meet

Winning two national level medals and participating in a world record feat has given the school much to celebrate.

The Karnataka Jump Rope Federation and Karnataka Jump Rope Association held a first-of-its-kind, national level competition at Hospet, Vijayanagara recently. As many as 52 teams, with 798 players, from 19 states

VISHWA VIDYAPEETH SCHOOL

across India, participated in the meet.

The school sent a team of five students to the meet. Saanvi M Hegde won the national level silver medal in the



"Doubles under 30-second" category. Sri Chaitanya B S won the national level bronze medal in the "3-minute endurance" category. 1.

Others in the team were Sharath Gowda S N and Gunith P Patil of class VII and Dhyan Kanzal of class X.

Sri Chaitanya was also part of the Karnataka team that created the World Record with athletes performing Dou-



ble Dutch for 36 hours on the trot, starting at 8 am on Friday, and ending on Saturday. Consequently, the achievement has entered the Limca Book of Records. The president and vice-president of the Guinness World Records have registered the feat, virtually. The earlier record stands at 24 hours, created in Chhattisgarh.

The school team put in three long months of practice after which students were able to win medals. School coach Mahantesh deserves praise for helping the children achieve this amazing feat.

We congratulate our stalwarts and hope them more success as they march ahead!!

Suchitra, Vishwa Vidyapeeth - Group of Schools

Young swimmer excels at national meet

Karthikeyan Nair of class X, NAVKIS Educational Centre, has made the school proud, winning 1 gold and 3 silver medals at the National Aquatic Championship, held recently. He missed one gold by just milliseconds.

At 15, Kartikeyan has 40 medals to his credit (gold-12, silver-21 and bronze-6) won at various national, state and zonal tournaments. He started swimming at the age of 8, to overcome his asthma. Trained under Dronacharya awardee Nihar Ameen, he is capable of fighting with the best swimmers in the

world.

He won the first state and national medals in 2018. There has been no look-

NAVKIS EDUCATIONAL CENTRE

ing back since then. His strength is the butterfly and freestyle strokes. Has been selected under "Khelo India Athlete" programme,

You can't put a limit on anything.

"The more you dream, the farther you get." Young Kartikeyan is living by this maxim. When Covid-19 brought the world to a stand still, Kartikeyan was undeterred. He utilized the opportunity positively to strengthen and condition his physique.

Kartikeyan and his family are grateful to Navkis Educational Centre, for their support.

Cheers to you Kartikeyan! This amazing accomplishment is just one step on your journey. Your passion and ability to relentlessly hold on is the key to your success and many to come.



KRISHNA JANMASHTAMI

Festive celebrations of birth of Krishna

RAINTREE SCHOOL



The school celebrated Krishna Janmashtami festival with love and devotion on August 19.

GANGOTHRI INTERNATIONAL PUBLIC SCHOOL



The birthday of Lord Krishna was celebrated with great devotion and enthusiasm on August 19, 2022. A splendidly colorful programme was organized by the children and staff with many cultural programmes.

GLOBAL ACADEMY FOR LEARNING



Do everything you have to do, but not with greed, not with ego, not with lust, not with envy, but with love, compassion, humility and devotion. - Lord Krishna, Bhagavad Gita. With these words of Lord Krishna in mind, the school celebrated 'Krishna Janmashtami' on August 19, 2022 on a colourful and joyous note.

SRI SAI VIDYALAYA



Krishna Janmashtami was celebrated with devotion on August 19. Many cultural programmes were presented on the occasion.



HARE KRISHNA: Smisha Shaju, class VIII, Capitol Public School, Hegde Nagar



MAKHAN CHOR: Niharika V, class VI, NPS Kengeri

Prizes won for folk music, dance



The students participated in the inter-school competition Dhvani '22 organised by NPS, Kalkere, for students of classes IX to XII on July 15, 2022. They bagged prizes in various events and brought laurels to the school. Around 10 schools from different parts of Bangalore participated in the event.

Ashwikaa Balasubramanian of class XII bagged the second place in Kriti - folk art. The school folk song and dance group won the second place in Sangeet Tarang and Jhankar.

NATIONAL PUBLIC SCHOOL, KENGARI

Students have a fun times with colours



The world's biggest painting event, Colorothan Season 14 was organized at Kittur Rani Chennamma Stadium, Jayanagar, on August 7, 2022. The event was open to all ages from 3 years to 90 years to draw, doodle, caricature, and paint anything as per one's preference.

The touch of chilling weather of the monsoon, the cold breeze, and the drizzling glimmer of rainfall, the day was every student, professional artist, cartoonist, young mind, and budding talent has waited for. The hustle and bustle of joy began as the volunteers in white T-shirts started setting up the venue. It was a great opportunity for the children, including those from our school, to participate in huge numbers after two years of lockdown. Everyone at the open ground were very excited to be part of such a massive event.

RAINTREE SCHOOL

UNITED BOUNCE BACK WITH A 2-1 WIN OVER LIVERPOOL

SANCHO, RASHFORD STRIKES RESTORE CONFIDENCE AS TEN HAG ERA GETS GOING; REDS STILL WINLESS

Manchester United earned a deserved 2-1 victory over Liverpool at Old Trafford to kick-start the Erik ten Hag era and leave their rivals winless after three Premier League games. Ten Hag elected to drop Cristiano Ronaldo and Harry Maguire following successive losses to begin the campaign, a decision that was rewarded by a much-improved display.

An incisive move culminated in Sancho calmly slotting past Alisson after 16 minutes as Liverpool conceded first in a club-record seventh consecutive Premier League game. Marcus Rashford's goal early in the second half gave United breathing space prior to Mohamed Salah's header nine minutes from time, which proved a mere consolation.

The hosts' first-half display was in complete contrast to their 4-0 loss at Brentford, with Anthony Elanga - preferred to Ronaldo - striking the post early on with just Alisson to beat. United were ahead soon after when Sancho collected Elanga's pass, fooled James Milner and Alisson with a dummy and found the bottom-left corner from the first shot on target.



Jadon Sancho of Manchester United scores their side's first goal past Alisson Becker of Liverpool during the Premier League match between Manchester United and Liverpool FC at Old Trafford

HAG PRAISES 'FIGHTING SPIRIT'

Coach Ten Hag hailed United's fighting spirit. Reflecting on his first competitive victory as United boss, Ten Hag said, "Now you see we bring attitude on the pitch and there was communication, there was a fighting spirit and there was a team, and you can see what they can achieve because they can play good football. I'm really happy and satisfied. We wanted a different approach and we have got that. Brentford was not the way I want to play football."



Erik ten Hag

"I want to see a team, I want to see players who fight. You have to be brave in and out of possession and I think we have seen that today all over the pitch. But we have a long way to go. When you are in a process you have to deal with setbacks but you also have highlights and today was a highlight." AGENCIES

JUVE HELD BY SAMP IN SERIE A; ROMA WIN

■ Juventus were held to an uneventful goalless draw by Sampdoria on Monday, while Chris Smalling headed Roma to a 1-0 win over Cremonese to make it two wins from two. Massimiliano Allegri's side were uninspired and failed to create much against a solid Samp at the Stadio Luigi Ferraris in Genoa. "The positive thing is that we haven't conceded in two games," Allegri said. England defender Smalling met Lorenzo Pellegrini's corner in the 65th minute with a perfect header to send a wave of relief around a packed Stadio Olimpico and secure a hard-fought win.



Marcus Rashford

LIVERPOOL STRUGGLE

Liverpool struggled to get going but nearly levelled before half-time in bizarre circumstances as Bruno Fernandes miscued a clearance against Lisandro Martinez on the goal-line. With Old Trafford rocking, despite threats of a walk out in protest at the club's owners, half-time substitute Anthony Martial played in Rashford on the counter for United's second. Rashford was denied another by a good Alisson save, while David de Gea kept out Luis Diaz and Roberto Firmino before Salah's noddled in after United failed to deal with a corner.



Mohamed Salah

QUIZ TIME



Photo: AFP



Kieron Pollard

Q1: West Indies all-rounder Kieron Pollard became the first cricketer to play 600 T20 matches. How many half-centuries has he scored in the format?

- a) 56 b) 25 c) 12 d) 63

Q2: Which late Basketball player was named finalist of 'Basketball Hall of Fame'?

- a) Barbara Stevens b) Kim Mulkey
c) Kobe Bryant d) Rudy Tomjanovich

Q3: How many players does a Kabaddi team have?

- a) Seven b) Eight c) Nine d) Six

Q4: Who is the first female sailor from India to qualify for the Olympics in 2021?

- a) Aarti Pawar b) Aastha Sehgal
c) Nethra Kumanan d) Chandana KM

ANSWERS:

1. a. 56 2. c. Kobe Bryant
3. a. Seven 4. c. Nethra Kumanan

WE BACKED OUR PLANS WELL: AXAR

BOWLERS EXECUTED THEIR DELIVERIES WELL, SAYS ALL-ROUNDER AFTER WIN OVER ZIMBABWE

Following India's 13-run win over Zimbabwe in the third and final ODI, Indian all-rounder Axar Patel said that the bowlers executed their deliveries well, especially Avesh Khan and Shardul Thakur.

KL Rahul-led India outplayed Zimbabwe in all three departments of the game to register a 13-run victory at the Harare Sports Club and clinched the three-match ODI series 3-0 on Monday. "We had set a nice total after batting first and Zimbabwe also scored at a nice run rate. We thought we had the match after two-three wickets fell in the middle but the way Sikander Raza batted in the final ten overs, we thought he could take away the game from us. But we backed our plans. Bowlers executed their balls well, like Avesh Khan delivering his yorkers and Shardul Thakur delivering his slower balls and wide yorkers," said Axar in a post-match press conference.

SUPPORT WAS ENCOURAGING

The all-rounder says that he takes his limited chances he gets to play for the country in a positive way. "I train myself to make the best out of my opportunities," he added. Axar remarked that the crowd support and atmosphere in Harare were such that he felt he was playing in his home state of Gujarat. "When I was in the US playing against West Indies, there were 80-90 per cent Gujaratis



Axar Patel

in the crowd. Here as well, they were cheering for me wearing Gujarat Titans shirts. It felt good," he added.

About the strategy to bat first in the final ODI, Axar said that some players needed time out in the middle ahead of Asia Cup 2022. He praised Brad Evans for his brilliant bowling spell. He bowled good line and length, varied his pace well in death overs," he added. With this victory, India captured the three-match series 3-0. ANI

DRAVID TESTS POSITIVE

India cricket team head coach Rahul Dravid has tested positive for COVID-19, placing his involvement during the Asia Cup, scheduled to commence in the UAE from August 27, in doubt. "Mr. Dravid is under the supervision of the BCCI Medical team and has mild symptoms. He will join the team once he returns with a negative COVID-19 report. The rest of the team will assemble in UAE on 23rd August, 2022," a press release said. In his absence, VVS Laxman, the director of the National Cricket Academy (NCA) could take charge of the Indian team, according to ICC.

INDIA REMAIN ON THIRD IN ODI RANKINGS

■ A clean sweep of Zimbabwe helped India maintain third spot in the latest ICC ODI Team Rankings, released on Tuesday. India now have 111 rating points on the back of the 3-0 series win in Harare. India's next chance to make further ground on the ODI rankings comes when they host South Africa for ODI in October.

■ Pakistan too was rewarded for their recent series sweep against the Netherlands. The Babar Azam-led side eked out a hard-fought victory by a similar 3-0 in their Cricket World Cup Super League series, moving to 107 rating points and fourth in the standing.

■ New Zealand continue to reign supreme at the top of the table with 124 rating points following the Black Caps' narrow 2-1 series triumph over the West Indies, while England remain second with 119 rating points.

SAINA ADVANCES TO PRE-QUARTERS



Saina Nehwal of India plays a return during a badminton game of the women's singles against Cheung Ngan Yi of Hong Kong in the BWF World Championship in Tokyo on Tuesday

Photo: AP

SANIA MIRZA PULLS OUT OF US OPEN WITH TENDON INJURY

Sania Mirza on Tuesday announced her withdrawal from the US Open because of a torn tendon, adding that the injury would lead to a change in her retirement plans.

The 35-year-old, who in January announced that she would be retiring at the end of the 2022 season, said she had picked up the injury while competing at the Canadian Open this month. After reaching the semi-finals of the women's doubles in Toronto alongside partner Madison Keys, Mirza also played at last week's Cincinnati Open.

"I just have some not so great news," the six-times Grand Slam doubles champion wrote on her Instagram story. "I hurt my forearm/elbow while playing in Canada two weeks ago and obviously didn't realize how bad it was until I got my scans and unfortunately I have in fact torn a little bit of my tendon. I will be out for a (few) weeks and have pulled out of US Open. This isn't ideal and it's terrible timing and it will change some of my retirement plans but I will keep you all posted."

The 2022 US Open will begin on Aug. 29 and will end on Sept. 11. REUTERS



Sania Mirza

File Photo: TOI