

# Field trip revives respect for nature and desire to conserve it



**A** one day nature study trip to Bannerghatta National Park was organized for students of classes IV to X, accompanied by teachers and support staff. Experienced wildlife and nature educator Jai Sharma was the guide and made the students aware about the rich flora and fauna, sequester carbon and regional hydrology sustainability. The 350 sq km Bannerghatta Na-

## CARMEL HIGH SCHOOL

ional Park is known for its rich biodiversity. This park serves as an example and live laboratory to learn about interactions and interdependencies of various life forms in nature. The main aim of the visit was to empathize with wild animals, create an understanding and awareness about the significance and need to conserve the natural vegetation, save the endangered species and to maintain ecological balance. It was a great experience and adventurous journey for students to explore more about wildlife. Students eagerly learnt about

the importance of termites, ants, earthworms, millipedes and slugs as soil engineers and decomposers, the symbiotic relationship between ants, fungi and plant roots. The energy of the students was commendable and the trip ended with their experience enriched with respect for nature, great memories and a revived passion towards conserving nature.

# Reliving school days at their alma mater



ally dressed, entering the school premises. After an invocation and lighting of the lamp, principal Mini Sreedharan welcomed the students. The male staff enthralled the students with a mesmerizing song.

## SHIKSHA SAGAR HIGH SCHOOL

**A** felicitation for class X students of the March 2021 batch was held on March 5, 2022. Though delayed, the felicitation day brought smiles to the young students, who returned to their alma mater to relive their school days and to be honoured for their achievements. The day began with the students, for-

The students spoke about their school life and thanked their alma mater for all the guidance, love and care showered on them. Some of the teachers also shared their experience of working with the students. Students were awarded for their achievements in school. The day ended with the national anthem.

# Students send peace messages to Ukraine, Russia

**I**n solidarity with Ukraine and Russia, an awakening programme was held to convey the message that war settles nothing. The world is facing a crisis due to the war between Russia and Ukraine.

of Poland for their positive response to the refugee crisis. He assured his prayers for the leaders of both countries to realise the need for peace and harmony to prevail in this world to be humans.



## ST JOSEPH'S SCHOOL

Father Olvin Veigas SJ, our guest for the day, pointed out that peace and harmony are the fundamental prerequisite for human life. He appreciated the Szkoła Podstawowa nr 114 and the University of Economics of Poland for supporting the Ukraine refugees and helping to restore stability of life. Principal Fr Rohan D'Almeida expressed his solidarity with Ukraine and thanked Szkoła Podstawowa nr 114 and the University of Economics

A canvas filled with messages promoting peace and an assurance that we are there for them is being sent to Poland from the school to pave the way for peace to reign on earth. Students humbly requested both the countries to put an end to the war, maintain peace and live in harmony with each other, quoting Mahatma Gandhi "The day the power of love overrules the love of power, the world will know peace." Founder of SCEAD Foundation Siju Daniel and his team were thanked for taking the initiative in organizing this event.

## CIRCLE OF LIFE

From the beginning to the end  
New dawn to dark dusk  
Out with nature to learn and relearn  
Birds and butterflies flying along the sky  
All about the beginning of a new life...  
The falling of leaves  
The first step to set you free  
Fruits become ripe

Giving nature seed of joy back  
Every last moment on earth is a precious time  
Every day is the start of a

new life...  
Blessed to have breathing flora, fauna around  
Enjoy every moment  
Live life long



This is called the circle of life. Dawn to dusk every day is the beginning of new life....  
Kashika Joshi, class V, Silver Oaks International School Sarjapur

# A fantabulous trip with many visual treats

**W**hile travelling, it is not just the destination but the journey too can be enjoyable. During the second wave of the pandemic, we travelled to Calicut in god's own country Kerala. It was a fantastic trip with many amazing visuals on the way. I saw the most gorgeous trees growing along the way, and many spectacular hills.



The famous Chamundeshwari Temple dedicated to Sri Chamundi, the titular deity of the Mysore Royal Family, is situated atop the hills.



**MYSORE PALACE**  
At the historical city of Mysore, we saw the fabulous Mysore Palace. It is a visual treat from the outside, and I can just imagine how fascinating it must be from the inside. Hats off to the architects! Mysore has many ancient historical structures. At a little distance from the Mysore Palace we saw a hospital that is similar in structure to the palace.



## BANDIPUR FOREST

We travelled through the tremendous Bandipur forest on the border between Karnataka and Kerala. We made sure we passed the forest peacefully, without honking, so as not to disturb the animals. My mother is a keen observer and was able to spot many wild animals which me and dad weren't able to see.

My mother was the first one to spot a herd of deer. We saw a parade of elephants, that also had a cute baby elephants. A little further away we stopped to click photographs, but a forest personal soon arrived and told us that we aren't allowed to stop anywhere in the forest. For the first time in my life I saw many wild boars and a jungle fowl. Eventually we crossed into Wayanad in Kerala and were greeted by green hills and beautiful sceneries. Travelling through the mountain passes was a bit dizzying. It was a fantastic journey when we finally reached Calicut, Vaiga N Rajeev, class V, Ravindra Bharathi Global School

# Students extend help through multi-sport fundraiser

"Community is much more than belonging to something; it's about doing something together that makes belonging matter."

The student volunteer team at Vidyashilp Community Trust visited government schools in December 2021. The team, newly inspired by the experience, wanted to undertake a project that would benefit 262 intelligent, capable young children. What had seemed like just another volunteering activity was bolstered by the cognizance

## VIDYASHILP ACADEMY

of our duty toward our community, and turned into a passion project for us all. Our 12-member committee thus set out to raise funds to make a concrete improvement in the quality of the learning experience that the students would receive. This improvement entailed the digitization of seven government schools by way of providing learning kits that have been customised to efficiently meet the needs of both students and teachers.

As we began to deliberate, we came to understand that, at its heart, our initiative would be one about love. Love for our community, its schools, students and caregivers; love for their well-being and recognition of our role in it.



And celebrating this love through our shared language of love\_sports. Out of this heart emerged the idea for 'Limitless by VSA', a multi-sport fundraiser where students from all over Bangalore could register in teams and play with their peers, while friends and family could cheer them on and interact with entertainment and food stalls.

The number-one priority was the safety and health of all attendees, and this was the lens that coloured the entire planning process, which involved

various facets from learning how to use different software to taking day-long trips to the Chickpet markets to negotiate prices with retailers. It was demanding work, but it allowed us to unite behind a wonderful cause.

On March 26, Limitless by VSA came into fruition as a celebration of sportsmanship, togetherness and compassion. Not only did we raise Rs 4.57 lakhs for our cause, but we understood what it meant to do something that makes belonging matter.

# Screen addiction is reducing the ability to concentrate

**T**here has been a constant surge in the addiction of mobile phones and other gadgets among the youth. Studies have shown that screen addiction is a major threat to concentration and according to some, it's even more addictive than drugs. Winning a level in a video game or watching our favorite stuff on internet releases dopamine in our brain which makes us feel good and over time our brain is forced to believe that it can't release dopamine naturally and we tend to feel down without the bright screen glaring at us.

## FOR

Between study sessions or in the middle of an important work, a single notification is enough to snatch away our concentration and distract us from work, harming productivity.

The lack of concentration can lead to various side effects, including bad results at work. It also proves fatal to our memory. The rise in screen time mainly among the youth is really at a concerning stage right now and some steps should be taken by the school, workplaces and even by the families to lower it as much as possible.



Subham Mandal, class XII, Calcutta Public School, Kolkata

**W**e spend an increasing amount of time glued to our screens. As time progresses, we are becoming more and more reliant on computers for everything. However, it would be unfair to say that 'screen addiction' causes a reduction in one's ability to concentrate. Using our laptops and other gadgets can be a convenient and efficient way of getting work done. EdTech is also a revolutionary field which is changing education as we know it and digital education is the way forward. Video lessons with animations actually help students to focus better and improve their understanding of a concept. Our gadgets, when used properly, actually help us improve our concentration. However, excessive use of anything is bad for us. Similarly, overusing gadgets is bad for our eyes and can even harm the development of the brain in children. Screen addiction is actually an effect of the inability to concentrate. xScreen addiction does not reduce the ability to concentrate but instead reflects the inability to concentrate.

## AGAINST

## DEBATE

Ishir Narayan, class X, Indus Valley World School, Kolkata

# Painters' Gallery



UNICORN: Vedyavirajita Vaishnavi, class VII, HAL Public School



NATURE'S OFFERING: Disha Ram T S, class VI, Sherwood High School

# MI HOPE TO TURN THINGS AROUND

## ROHIT SEEKS IMPROVEMENTS ON MULTIPLE FRONTS AFTER BACK-TO-BACK DEFEATS



Opener Ishan Kishan has been rocking solid, smashing a brilliant 81 in the lung-opener followed by a gusty 54

Mumbai Indians' Ishan Kishan and Tilak Varma run between the wickets during the IPL 2022 match between Mumbai Indians and Rajasthan Royals

**M**umbai Indians' domestic bowlers will look to step up as they take on a buoyant Kolkata Knight Riders in the IPL on Wednesday, looking to turn things around after back-to-back defeats. MI have so far looked like anything but IPL's five-time champions, losing both their opening games - first against Delhi Capitals by four wickets and then against a resurgent Rajasthan Royals by 23 runs. And skipper Rohit Sharma will seek improvements on multiple fronts to effect a turn-around when they face KKR, who come into the game after beating Punjab Kings by six wickets.

favourite opposition, against whom he has a formidable record. If Mumbai have to post a score or chase a big total, which is likely at the MCA stadium in Gahunje, Rohit and Kishan would need to fire on all cylinders. MI has badly missed the services of Suryakumar Yadav, who is known for playing many match-winning knocks for the franchise. Yadav has recovered from his finger injury, but it remains to be seen whether he plays or not with Rohit remaining non-committal about his availability.

### NEED BETTER SHOW

For MI, pacer Basil Thampi and spinner Murgan Ashwin have proved to be weak links as they yielded 73 runs in 3 overs during RR's innings and the duo will need to produce a better show on Wednesday.

### SHOULDERING RESPONSIBILITY

While the emergence of unheralded N Tilak Verma, who smashed 61 off 33 balls to take MI to 81 in 8 overs against RR, was a big positive, the team still couldn't chase down a total of 193. And the likes of Anmolpreet Singh, Tim David and West Indian Kieron Pollard will need to shoulder responsibility. While Singh scored in single digits, David too didn't look comfortable on Indian tracks and it needs to be seen if MI brings in South Africa's U-19 star Dewald Brevis, known as 'Baby AB'.

### SIX-HITTING PROWESS

For Kolkata, the biggest asset is star all-rounder Andre Russell coming back to form. His six-hitting prowess was on display against Punjab Kings and he would be keen to continue from where he left. But their top order, comprising Ajinkya Rahane and Venkatesh Iyer, faltered against Punjab and the duo would want to give the side a good start. Skipper Shreyas Iyer has been getting starts, but a big score is due. Ditto for Sam Billings. Nitish Rana too has been far from his best and needs to go all guns blazing.

**Upcoming IPL Match**

**APRIL 6 7.30 PM**

Maharashtra Cricket Association Stadium, Pune

In fact, Australian seamer Daniel Sams too went for runs and remained wicketless in the last two matches. The trio will have to quickly recover from their forgettable outing against RR and bowl in the right areas if they have to contain the KKR batters. Jasprit Bumrah, with his three-for, however, showed why he is the best in the business, particularly at the death and MI would be hoping for another stellar show from him.

### AT HIS BRUTAL BEST

For a turn-around, Rohit himself will have to be at his brutal best and hammer his

# CRYSTAL PALACE STAY UNBEATEN

## DASH ARSENAL'S HOPES OF TOP-FOUR FINISH WITH 3-0 DEFEAT

**C**rystal Palace dominated from the start to beat Arsenal 3-0 in the Premier League on Monday as Patrick Vieira's side dealt his former team a big blow in the fight for a top-four finish. Jean-Philippe Mateta and Jordan Ayew put the Eagles in control after 24 minutes and Wilfried Zaha's second-half penalty added deserved gloss to the score for the hosts, who extended their unbeaten run to seven matches in all competitions and moved up to ninth in the table.

### BIG LOSS

For Arsenal, the loss means it's now behind fourth-place Tottenham on goal difference, albeit with a game in hand. Palace had held Manchester City to a goalless draw three weeks ago and the hosts made life difficult for the away side in the opening exchanges. The opening goal came when a deep free kick by Gallagher found Joachim Andersen at the far post, who directed the ball across goal for Mateta to head in from close range for his sixth goal of the campaign.

**I'm really proud. We defended well and took our chances. We scored in important moments of the game. We needed a big team performance, and we did it, so we're really pleased.**  
**Arsenal captain PATRICK VIEIRA**

### BENT HIS SHOT

Eight minutes later, Andersen produced a trademark crossfield pass from the back and Ayew was able to control the ball before he bent his shot around Ramsdale and into the bottom corner. Arsenal manager Mikel Arteta brought on Gabriel Martinelli at halftime in place of struggling left-back Nuno Tavares, who was

filling in for the injured Kieran Tierney.  
**HAVE DONE BETTER**  
 Arsenal did improve after the hour mark and Emile Smith Rowe should have done better when the ball dropped for him, but his eight-yard effort was weak and straight at goalkeeper Vicente Guaita. Martin Odegaard had an equally fine chance with 23 minutes left after being set up by one of substitute Eddie Nketiah's first touches and yet the Norway international could only steer his shot wide.

### GAME TO BED

Zaha, who had wanted to join Arsenal in the summer of 2019, then put the game to bed in the 74th minute. After he won the ball by the halfway line, the Ivory Coast attacker dribbled past Gabriel and ran at Ben White before Odegaard clipped his ankle in the area. Referee Paul Tierney took a couple of seconds but pointed to the penalty spot and Zaha did the rest to fire home his 11th goal of the season. **AP**



Jean-Philippe Mateta

# NO INDIANS, 4 AUSTRALIANS IN ICC'S MOST VALUABLE TEAM OF WWC

**F**our players from champion side Australia featured in the 'Most Valuable Team' of the just-concluded ICC Women's World Cup while none from the Mithali Raj-led Indian side made the cut after their shock group exit. In the MVT released by ICC on Monday, four Australians made the team, including Player of the Tournament Alyssa Healy, who slammed a record 170 from just 138 balls in the final against England on Sunday. Australia skipper Meg Lanning was named captain, while her deputy Rachael Haynes and Beth Mooney were also picked in the team. The Wolvaardt smashed five half-centuries as the Proteas reached the semi-finals, and is one of three South Africans selected with the others being Marizanne Kapp



Meg Lanning

and Shabnim Ismail. Two players from the runners-up England side - Sophie Ecclestone and Nat Sciver - and one each from the West Indies - Hayley Matthews and Bangladesh - Salma Khatun - complete the XI. Charlie Dean was named the 12th player. India failed to impress in the WC which ended in New Zealand and were knocked out after their three-wicket loss to South Africa in their concluding group league match. **PH**

## QUIZ TIME!

**Q1:** Pen Holder grip is used in which of the following sports?

- A. Cricket
- B. Hockey
- C. Table Tennis
- D. Badminton

**Q2:** Three R's of football \_ Ronaldo, Rivaldo and Ronaldo \_ are from which country?

- A. Peru
- B. Mexico
- C. Brazil
- D. USA

**Q3:** Where are the headquarters of the International Paralympic Committee situated?

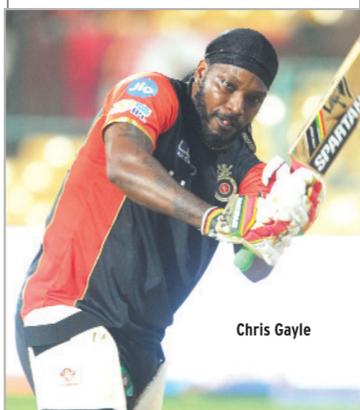
- A. Germany
- B. Bulgaria
- C. Spain
- D. England

**Q4:** Law 5 defining the size of a cricket bat was introduced after the famous monster bat incident in which year?

- A. 1971
- B. 1871
- C. 1771
- D. 1987

**Q5:** How many IPL centuries does Chris Gayle have?

- A. 3
- B. 6
- C. 2
- D. 11



Chris Gayle

**Q6:** In which Summer Olympics was table tennis introduced for the first time?

- A. 1976
- B. 1980
- C. 1984
- D. 1988

**Q7:** Which is the national sport of Latvia?

- A. Basketball
- B. Football
- C. Volleyball
- D. Ice Hockey

**Q8:** Which boxing punch style is thrown with the rear hand?

- A. Jab
- B. Hook
- C. Cross
- D. Uppercut

**Q9:** Which country houses the "International Tennis Hall of Fame"?

- A. Canada
- B. England
- C. United States of America
- D. Australia

### ANSWERS:

- 1 C. Table tennis
- 2 C. Brazil
- 3 A. Germany
- 4 C. 1771
- 5 B. 6
- 6 A. 1976
- 7 D. Ice Hockey
- 8 C. Cross
- 9 C. United States of America