

MUN a powerful experiential tool

The school conducted Model United Nations on a virtual platform on January 31, 2022. It was a unique initiative by the social science department of the institution under the guidance of principal Chumki Nath.

The main objective of the session was to make the students com-

AIR FORCE SCHOOL, ASTE

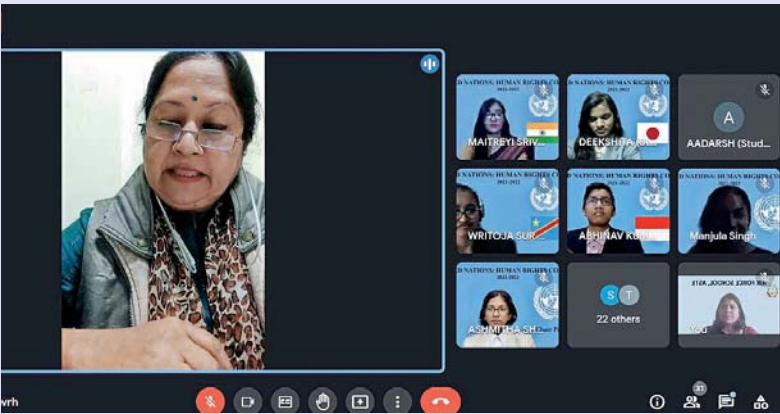
prehend the operational functions of United Nations. The chief guest for the programme was Mrs Krishna Nath, a journalist and social activist.

Students of class IX represented various delegates of the UN. The programme commenced with the speakers' list, followed by debate on gender equality followed by voting. A moderated caucus was also run by the committee chair. The programme enlightened the students regarding



the diplomacy and international relations. The programme gave a comprehensive knowledge regarding various global issues and their amicable solutions.

Model United Nations is a powerful experiential tool that will help enhance the student's speaking skill to negotiate, articulate with clarity and conviction amidst large gatherings. The students showed great enthusiasm by participating actively in the programme as it gave an insight on operational functions of the United Nations.



Students welcomed back at school

After months of a quiet hush amidst online education during the pandemic, the morning of December 13, 2021, witnessed a highly overwhelming sight at the campus, when the corridors echoed with the footfall of students of classes VI to VIII, joyously returning to school.

Welcomed with orchestral bands, drums and trumpets, the students were warmly received at the en-



PRESIDENCY SCHOOL, KASTURINAGAR

trance by director and principal G Thangadurai himself, accompanied by a host of teachers. Jubilation was in the air and reflected in every nook and corner with decorated corridors, colorful flying balloons, aesthetic art boards, and numerous welcome notes.

The students were personally guided by the teachers to their respective rooms after clearing covid regulations of clean mask, hand sanitization and temperature check. Their movements were monitored to ensure so-



cial distancing protocol. All the arrangements of re-opening were personally coordinated and supervised by the core team, who also received the students at the entrance.

It was an emotional sight for teachers and students alike who had been waiting for months to interact and socialize personally at their most beloved haven, the school campus.

Storytelling event enhances skills, confidence

'Everybody's got a different way of telling stories and different stories to tell.' - Keith Richards.

Storytelling is the age-old unique human skill that we are born with. It opens up the imagination of the children, builds their self-confidence and enhances their speaking skills.

The school held a STORY-

MSB EDUCATIONAL INSTITUTE

TELLING MASQUERADE, celebrating its young and mesmerizing storytellers from classes I to X.

The primary event started off with a storytelling session by the guest Nisreen Arsiwala.

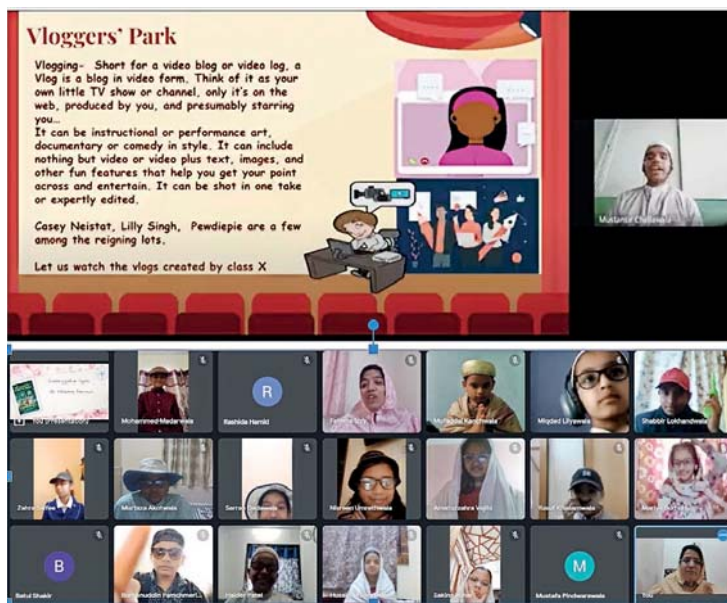
The students wrote their scripts, and complemented their stories with beautiful props and costumes. They adapted different stories of adventure such as Going Trekking, roller-skating, camping. Many his-

torical stories from King Akbar's court, the folktales such as The Little Red Riding Hood, Three Billy Goats and Aesop's Fables, were narrated.

The storytellers portrayed different fictional characters from various genres of literature, fiction such as Tin-Man, Mrs. Trunchbull, Queen of Hearts, Beth. Mystery detectives such as Nancy Drew, Byomkesh Bakshi, Hazel Wong, Sherlock Holmes, and even from Shakespeare's plays such as Oberon, Othello, Viola, Antonio.

The innovative VLOGs prepared on food, tech-gadgets and weekend getaways, along with puppetry videos including shadow play caught the eyes of the judges.

While some stories provided food for thought, some reinforced moral values and some were humorous. The children explored various genres of literature and expressed their stories confidently. Through their storytelling skills, they put their ideas creatively in words and captivated their audi-



ence. As all stories, the event too came to a splendid end with complete participation and distribution of awards, leading to a happily ever after ending.

The relevance of yoga during the pandemic

The Covid-19 pandemic has affected our lives in many ways. However, if we could draw one positive leaf out of this experience, it is the valuable time we have got to spend with our families. With people saving their travel hours and working from home, the additional time at home is a useful opportunity to make memories with your family.

Much like everything else on the planet today, yoga too has gone virtual. We all know how beneficial yoga is for everyone irrespective of gender and age. Global experts have acknowledged the usefulness of yoga for mental peace and managing stress.

The Covid-19 crisis that has dramatically changed the ways we work and live, has also changed the way we exercise and stay fit. As gyms remain closed, open spaces and parks remain restricted, people are resorting to home workouts. Runners and athletes are looking for indoor exercise options to burn calories and stay agile.

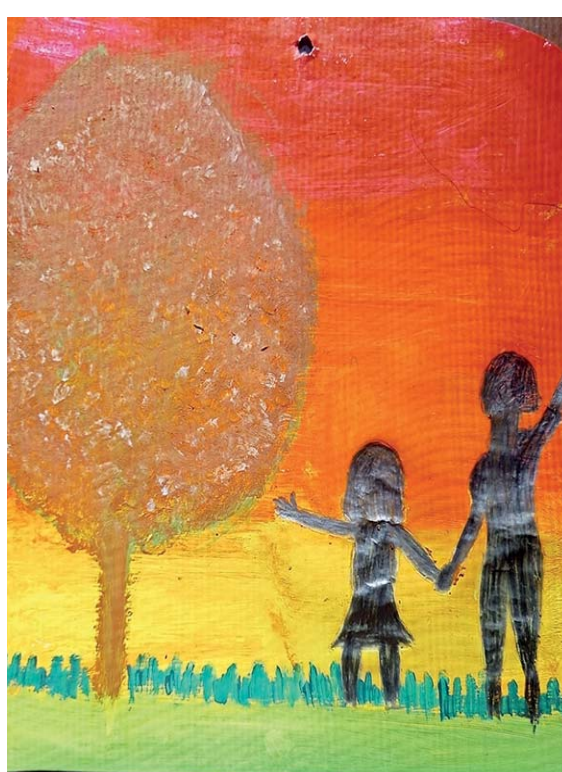


Psychosocial stress can reduce immunity against infectious challenges and as we all know Covid-19 is associated with an increase in inflammatory markers, there are a high risk of lung damage. However, yoga can reduce mental stress and anxiety in asymptomatic Covid-19 patients during the home isolation and recovery stage. Various asanas and pranayama can be practiced by the patients at home virtually with the help of computers, mobile phones, or tablets. Since Covid-19 is an infection that affects our upper respiratory system, strengthening the lungs is crucial for better recovery post-Covid. The combination of yoga asanas and breathing techniques can help to boost immunity and strengthen the lungs.

RANJIT MALLA, Academic in charge, SFS School, Gajuwaka, Visakhapatnam



Painters' Gallery



UNDER THE TREE: Pragnya D Patil, class VI, HAL Public School



KITES: Prathiksha K, class IX, Samved School



UNICORN: Sai Pavan, class VI, Sherwood High



KRISHNA: Preet Kaur Babbar, class VII, SFS Public School, Bengaluru

NOTHING IS IMPOSSIBLE WITH HARD WORK

Wow! What a spirit, maybe another name for hard work, what an amazing dedication she has towards her job! I feel all these only when I see or listen to P V Sindhu. We don't need to introduce P V Sindhu because every Indian citizen knows her.

Pusarla Venkata Sindhu, known as P V Sindhu, is an Indian badminton player who gained true success with her dedication and hard work. She has won several medals at mul-



ti tournaments, including the Olympics. She also won a gold medal in the world championship. I always feel like she is one of my family members, and her life highly influences me. Her biography has a significant impact on my thoughts. She is not only an inspiration for me but many. Though she had some downfalls in her career, she fought against all those tough times and today stands as an inspiring icon. She has inspired me to be passionate and dedicated towards my work to achieve my goals and dreams. For me, she is a real achiever.

G NAYANAMRITA, class IX A6, Atkinson Senior Secondary School, Vijayawada

P V SINDHU
INSPIRING ICONS



MANÉ OUTSMARTS SALAH

Senegal wins its first African Cup against Egypt



Sadio Mané finally delivered a first African Cup for Senegal, and Liverpool teammate Mohamed Salah could do nothing about it but stand and watch. Mané drilled the decisive penalty in a shootout into the bottom left corner to beat Salah and Egypt in Sunday's final in Cameroon and make up for missing a penalty early in the game.

SALAH MISSES SHOOTOUT

Senegal won the shootout 4-2 after it ended 0-0 after extra time. Salah, who was supposed to be his team's final penalty taker, didn't get a say in the shootout after two of his teammates missed.

Photo: REUTERS



Egypt's Mohamed Salah and his teammates look dejected after losing the Africa Cup of Nations

Senegal had lost two finals previously, including against Algeria at the last African Cup of Nations in Egypt in 2019, when Mané was left inconsolable.

WINNING MOMENT

This time Mané provided the winning moment. He raced off to joyously celebrate with teammates but also returned to spend some time consoling Salah, who was in tears.

"We are proud," said Senegal goalkeeper Edouard Mendy, who was also crucial to the cause by saving a penalty in the shootout. "We never won before. We worked really hard to win this trophy and today we won as a group, as a country."

BILLED AS BATTLE

The final at the Olembe Stadium in Yaounde was billed as a battle between Liverpool forwards Mané and Salah, who were both searching for their first major title with their country.

But it never reached the heights of a classic despite the

presence of the two superstars.

When it became clear that Mané was going to take it, Salah went over to goalkeeper Mohamed Abou Gabal to give him some advice while covering his mouth with his hand. That appeared to irritate Mané, who interrupted their conversation and pointed with his hand toward the right corner of the goal.

In the end, Mané blasted the seventh-minute penalty straight down the middle and Abou Gabal blocked it.

SERIES OF MISSES

Senegal continued in that vein to miss a series of other chances, with Abou Gabal starring as Egypt's last

He would give up everything he's won at club level to lift an African Cup with Senegal. He was so eager to get his hands on the trophy that he had to be shooed away from it when players were being given their medals.

SADIO MANE



Senegal's Sadio Mané poses with Player of the Tournament award



Cameroon's Vincent Aboubakar kisses Golden Boot during the medal ceremony

line. Salah had two shots on goal in the first half, the second a powerful drive that was heading for the top corner before Mendy got hands to it. But Salah drifted out of the game from the second half of normal time as fatigue clearly caught up with Egypt, which was also without coach Carlos Queiroz on the touchline.

All three of Egypt's knockout games before the final also went to extra time, and two of them to penalties, and Egypt seemed to be playing for another shootout in a bid to win a record-extending eighth African title. Egypt won those shootouts in the last 16 and the semi-finals without missing but failed with two penalties in Sunday's shootout.

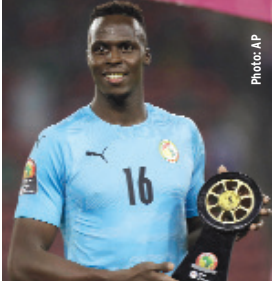
MISERABLE FINAL

Defender Abdelmonem completed his miserable final with Egypt's first miss, with his penalty cannoning off the post. Senegal's Bouna Sarr had the next penalty saved by Abou Gabal.

But Mohanad Lasheen had Egypt's fourth penalty saved by Mendy, leaving Mané to win it and Salah to drop his head and start wiping away tears with his shirt. Salah has now lost two African Cup finals after Egypt couldn't hold onto a 1-0 lead and lost 2-1 to Cameroon in 2017.

Mané had to wait for Senegal captain Kalidou Koulibaly to walk up to the VIP area to be formally presented with the trophy in the presence of Cameroon President Paul Biya, African soccer confederation president Patrice Motsepe and FIFA president Gianni Infantino.

Koulibaly walked slowly back to the field and his teammates with the trophy, savoring every second as Senegal finally rid itself of the label of being the best team to never win an African Cup. AGENCIES



Senegal's goalkeeper Edouard Mendy poses with his Best Goalkeeper of the Tournament awards

WOMEN'S IPL TO START 'SOON', SAYS BCCI SECRETARY

A full-fledged women's Indian Premier League (IPL) could begin as early as next year, with the Indian cricket board (BCCI) saying it is working on delivering the tournament "soon"

A three-team Women's T20 Challenge is staged alongside the men's IPL, but many believe women deserve their own expanded tournament with more teams and players.

Things to change

The Women's T20 Challenge will continue this year, but BCCI secretary Jay Shah said things would change soon.

"I want to assure you that the BCCI is not only sincere but is taking all necessary steps to start a full-fledged women's league similar to the IPL soon," Shah told Reuters in an email. "The huge interest among fans and players towards the women's T20 Challenge is an encouraging sign and we are all committed to making it happen." The entire 2020 edition of the league and the second half of last year's tournament were



Jay Shah

held in the United Arab Emirates as India grappled with the COVID-19 pandemic.

10-team league

This year's IPL will begin in the last week or March and Shah was confident of staging the 10-team league in India. "The circumstances were different in the last couple of years, and we managed to keep the show going under difficult circumstances by shifting it to the UAE."

With the IPL window expanding and the ICC (global) events every year in the cycle, our primary responsibility is to safeguard bilateral cricket at home, with emphasis on test cricket.

BCCI secretary JAY SHAH



"The BCCI is keeping a close watch on the COVID-19 situation in the country and if it is conducive, we will stage the event in India this year and I am pretty hopeful about that." The board would take a "wait and watch approach" on the presence of spectators, depending on COVID-19 guidelines, he said.

Annual T20 mooted

Pakistan Cricket Board (PCB) chairman Ramiz Raja has mooted an annual T20 tournament also featuring India, England and Australia. Expanding the game was more important than such a "commercial initiative", Shah said. AGENCIES

BUBLIK BEATS ZVEREV TO WIN OPEN SUD DE FRANCE

Alexander Bublik upset the odds by beating third-ranked Alexander Zverev 6-4, 6-3 in the Open Sud de France final for his first career title. In doing so the 24-year-old Kazakhstani stopped the 2020 U.S. Open runner-up Zverev from winning his 20th career title on Sunday. Bublik had lost his four previous finals but proved too strong.

"I had four finals and the fifth final I have won against a great player," Bublik said. "It is great. All my game (came) together. I was serving well and returned well and kept my nerve. When I had my chances, I used them." He had eight aces and won 86% of points on his first serve against the big-serving Zverev, who lost to the 35th-ranked Bublik in



Alexander Bublik

their previous meeting on the same indoor hard surface in Rotterdam, Netherlands. The imposing Zverev, who won here in Montpellier five years ago, is now 19-10 in career finals. AP

QUIZ TIME!

Q1: Which player has won 11 titles at one particular Grand Slam event?

- a) Rafael Nadal
- b) Pete Sampras
- c) Roger Federer
- d) Novak Djokovic

Q2: When was the first time the metric units were introduced in the Games instead of the imperial units?

- a) 1970 b) 1958
- c) 1962 d) 1966

Q3: Who had established the World Series Cricket in 1970s?

- a) Kerry Packer
- b) David Johnson
- c) Allen Hill
- d) Alfred Shaw

Q4: Who among the following is the first batsman to hit six sixes in an over?

- a) Garfield Sobers
- b) Ravi Shastri
- c) Ted Alletson
- d) Kapil Dev

Q5: How many Grand Slam singles has Rafael Nadal won?

- a) 17 b) 10 c) 21 d) 20

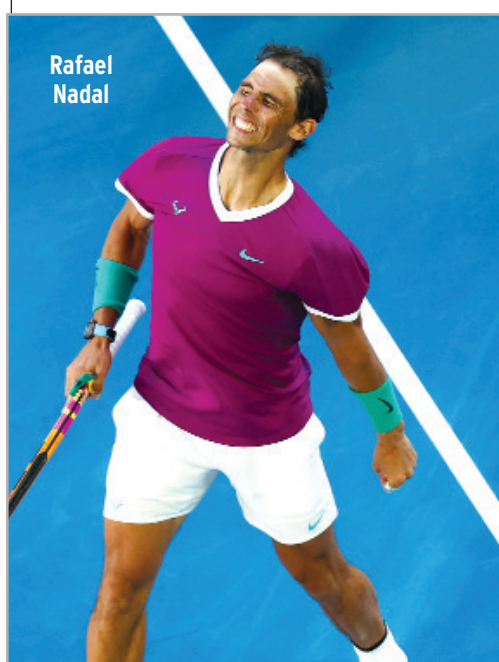


Photo: GETTY IMAGES

Q6: When was the Downhill World Cup inaugurated?

- a) 1989 b) 1997
- c) 1991 d) 1986

Q7: What does the Olympic Flame symbolize?

- a) Zeal to Play Sports
- b) Challenge
- c) Continuity
- d) Integrity

Q8: Which country will host the Games? 2022 Commonwealth

- a) Ireland
- b) England

- c) Canada
- d) New Zealand

Q9: Which of the following is referred to as the "Golden age of Cricket"?

- a) 1890-1918
- b) 1890-1914
- c) 1890-1936
- d) 1890-1945

ANSWERS: 1. a. Rafael Nadal
2. a. 1970 3. a. Kerry Packer
4. a. Garfield Sobers 5. c. 21
6. c. 1991 7. c. Continuity
8. b. England 9. b. 1890-1914