



THE TIMES OF INDIA

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TODAY'S EDITION

Find out the mantras that will set you apart as a genuine leader in Read, Play, Learn

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Britain farmer squashes world's largest pumpkin record. Check it out in Environment

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Rohit Sharma smashing many records as player and skipper in second T20I

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STUDENT EDITION

TUESDAY, OCTOBER 4, 2022



Svante Pääbo awarded Nobel in medicine

NO full stops please, exclaim Gen Z!

SIGNALLING NEW TIMES

Teenagers and those in their early 20s – Generation Z – who have grown up using short messages to communicate can see the punctuation mark as a symbol of curt passive-aggression. Linguist Dr Lauren Fonteyn tweeted recently: “If you add that additional marker for completion, they will read something into it, and it tends to be a falling intonation or negative tone.”

Using full stops in texts and messages could offend or upset young people, linguists have warned

'THEY DON'T LIKE IT. PERIOD'

Full stops have become the latest casualty of youthful sensitivity as experts say they can be “intimidating”. As teenagers and those in their early twenties, Generation Z, have grown up with phones in their hands, using short messages to communicate with one another, and the punctuation mark has fallen out of fashion and become a symbol of curt passive-aggression. Linguists have been debating the use of the full stop and why some young people interpret a correctly punctuated text as a sign of annoyance.

IS PUNCTUATION REDUNDANT?

Some argue that the full stop has become redundant, as a text is now ended simply by sending it, and the sentence does not need to be finished with a punctuation mark. On this, Linguist Dr Lauren Fonteyn tweeted recently, “If you send a text message without a full stop, it’s already obvious that you’ve concluded the message. So if you add that additional marker for completion, they (Gen Z) will read something into it, and it tends to be a falling intonation or negative tone.”

MEDIUM, NOT MESSAGE, MAKES THE DIFFERENCE

Other experts say the effect of a full stop changes depending on the medium of the message. Owen Mcardle, a linguist at the University of Cambridge, said: “I’m not sure I agree about emails. I guess it depends on how formal they are. But full stops are, in my experience, very much the exception and not the norm in (young people’s) instant messages, and have a new role in signifying an abrupt or angry tone of voice.”

'EXCLAMATION IS FINE'

Researchers also found that exclamation points did the opposite of full stops, making people seem more sincere and engaged. Research leader Celia Klin said at the time: “When speaking, people easily convey social and emotional information with eye gaze, facial expressions, tone of voice, pauses and so on. People obviously can’t use these mechanisms when they are texting. Thus, it makes sense that texters rely on what they have available to them – emoticons, deliberate misspellings that mimic speech sounds and, according to our data, exclamation marks.”

Do punctuation marks bother you? Send your views to toinie175@gmail.com



The 2022 Nobel Prize in Physiology or Medicine has been awarded to Svante Pääbo “for his discoveries concerning the genomes of extinct hominins and human evolution” at the Karolinska Institute in Stockholm on Monday.

Sweden-born Pääbo sequenced the genome of the Neanderthal, an extinct relative of present-day humans. He also made the sensational discovery of a previously unknown hominin, Denisova.

He found that gene transfer had occurred from these now extinct hominins to Homo sapiens. This ancient flow of genes to present-day humans has physiological relevance today, for example affecting how our immune system reacts to infections.

CIA'S SECRET SPY MUSEUM: SNEAK IN



A model of Al-Zawahiri compound used to brief US President Joe Biden on the mission that killed Al Qaeda's leader Ayman al-Zawahiri



A ceiling with hidden messages (top corner) and artifacts from Afghanistan on display at the newly-revamped Central Intelligence Agency museum at CIA headquarters in McLean, Virginia

The United States' intelligence agencies have completely renovated their museum of spycraft, displaying dramatic stories of notable US spies and informants, as well as paraphernalia from intelligence work. But while the museum will remain off limits to the public, here's a sneak media peek. It features spy gadgets such as a Tabasco sauce-covered dead rat to hide messages, a pigeon-mounted camera to a mini spy drone designed to look like a dragonfly. Not just this, it also houses artefacts from significant espionage operations, besides from major US Ops in Iraq and Afghanistan.



A pigeon fitted with a camera

A replica of the tunnel that spanned West to East Berlin, jointly built by CIA and the British Secret Intelligence Service (MI-6) during the Cold War, is on display

NEWSMAKERS



A SPECIAL FILM FEST MARKS BIG B'S 80TH BIRTHDAY

A special film festival titled 'Bachchan Back To The Beginning' will be held from October 8 to October 11 to mark the momentous occasion of the 80th birthday of the veteran superstar Amitabh Bachchan. The festival will celebrate the actor through his landmark early films across 17 cities, covering 172 showcases and 30 screens across 22 cinema halls. The unique festival has been announced by Film Heritage Foundation.

World Wide Web inventor awarded Seoul Peace Prize

The Seoul Peace Prize Cultural Foundation has announced that Tim Berners-Lee, the inventor of the World Wide Web, has been selected as the recipient of this year's Seoul Peace Prize for his dedication to developing a peace movement to secure and protect individual data sovereignty. Berners-Lee developed the World Wide Web in 1989 and released it for free to people around the world. He is regarded as a true giant of the digital age.



Mahatma Gandhi visits UN in a holographic avatar

Mahatma Gandhi “came” to the UN Trusteeship Council chamber with the message of holistic education recently. He came as a holographic avatar, to animate a discussion on “Education for Human Flourishing” at the UN's observance of the International Day of Nonviolence.

A HOLOGRAPHIC AVATAR is a digital representation of a person in the virtual world of the holoband

Durga idols made of waste material, ashtadhatu, silicon vie for acclaim

An artist in Kolkata has used waste material to make an idol of Goddess Durga in an effort to create awareness among the people about recycling.

The idol, prepared with materials such as old garments, worn-out shoes, dusted wooden items, broken flower vases and old newspapers, is installed in Salt Lake, Kolkata.

The waste materials have been collected from different parts of Kolkata over the last one month, said Arijit Ghatak, the artisan who created the idol.

A community Durga Puja committee in north Kolkata has installed an idol made of fibre and ashtadhatu,



also called octo alloy. Mintu Pal, the artisan who created the 11-foot-tall idol, claimed it to be the most expensive one in West Bengal.

Another Puja committee has created a 10-foot-tall idol made of sili-

con. “Here, we have depicted Goddess Durga as ‘Barir Bou’, or housewife who takes care of the household, and slays the demon at the same time,” said a spokesperson of Nawpara Dadabhai Sangha in Baranagar.

LEADERSHIP 101

MANTRAS THAT WILL SET YOU APART AS A GENUINE LEADER

Your real value as a leader will come when you begin to build on certain traits and define the things that will set you apart from the rest. Here are some thoughts to help launch you toward your own leadership league:



If you focus on results, you will never change; if you focus on change, you will get results. From the very beginning, we need the capacity to grow and adapt. A positive view of change and the flexibility to adapt gives you the ability to weather what comes—and maybe even to influence it. As we know, change is inevitable, but turning it into progress requires prepara-

You build relationships. Unless you are a one-person shop, you will be working with others. Those relationships form the core of your enterprise, and for them to be successful you need to be prepared to coach, guide, encourage, and reward those who are working with you—not just in their work but in their own growth and development.

Leadership is not wielding authority; it's empowering others. The best leaders keep their friends and peers motivated and connected to the central mission. They delegate to members effectively, provide opportunity, and act with fairness to create a culture of empowerment.

Commitment is what transforms words into reality. Your commitment to the purpose of your school, as you express it and transmit it to those around you, is what leads to the creation of something new, something of value, in the world. It's not an easy goal, but it's definitely one worth working toward.

Read more at <https://www.lollydaskal.com/leadership/6-mantras-that-will-set-you-apart-as-a-genuine-leader/>



1 REMEMBER: If you are your authentic self, you have no competition. If you are to be truly successful, your leadership must be grounded in self-awareness and authenticity. That means knowing and working with your strengths and your limits. When you lead from authenticity, you free yourself from the need for external approval—you can be who you are, not what others want to see.

2 Greatness is not where you stand, but in what direction you are moving. Strategic planning—the process of translating vision into realistic strategies—provides you with a structure to balance long-term goals with immediate needs, update plans to reflect changing circumstances, and develop contingency plans for the wider range of possibilities. Your strategic plan is worthless unless you have a strategic vision. The two go hand in hand: Each is useless without the other.



HOW TO

ACTIVITIES TO INCREASE YOUR IQ LEVEL

It is believed that those who are successful have a higher IQ and so naturally you want to have a high IQ too. But are you born with it or can it be cultivated? Experts believe some activities in the formative years of an individual can boost IQ to a great extent. Here are a few activities that can be helpful...



Play a sport

Playing sports enhances brain activity which releases endorphins in the body, thereby boosting brain function as well as capacity. One must practice any sport and ensure that you thoroughly enjoy it too to have the maximum benefits.

Solve random mathematical problems

Sitting idle with your parent or friend? Ask them to give you some simple math calculations randomly throughout the day (don't overdo it lest you will get annoyed with it). Make it a fun activity where they ask you something as simple as ABACUS or vedic maths. These are great ways to inculcate love for maths and improve your brain function immensely.



Play an instrument

Instruments have a lot of calculations in their overall functioning and when you learn a musical instrument, you also learn the nuances and spatial reasoning skills. Scientifically, it has been proven that playing musical instruments like tabla, violin, keyboard, drums are all great for your overall development and confidence.

Opt for puzzles and word games



Spend even 10 minutes daily on solving brain games. This can be highly beneficial for your brain health as it acts like brain food. Allow yourself that screen time. You can find many of these games across apps.

Practice breathing

Breathing defines the very function of our body. That's why it is said that not only for children but even for adults, deep breathing is very useful. It allows you to clear your thoughts and have clearer thinking. It also enhances your concentration power. A recent study revealed that when kids practice meditation for 10 minutes, their brain scan showed a great improvement in all four quarters. You can practice it early in the morning and before bedtime.



LESSONS TO LEARN FROM TEAM INDIA'S CRICKET CAPTAINS

LEADING FROM THE FRONT

Cricketer Ajinkya Rahane, who was leading West Zone during the Duleep Trophy final against South Zone, set a fine benchmark for upholding the spirit of cricket and of sports in general. He also gave a leadership lesson in the process. Rahane sent his teammate Yashasvi Jaiswal off the field for seven overs for incessant sledging, a virtually unheard-of captain's call. Complaining about opposition players' sledging is common. Disciplining a performing player from your own ranks takes guts and a well-honed moral compass.



LEARN FROM THE BEST

SELFLESSNESS

MS Dhoni is known for crediting his teammates for winning and has seen handing over the trophy to the team. He is never at the forefront during the celebrations. We have seen him behind the team and other team members carrying the trophy. A leader needs to be the one to take the blame for failure and let his team take the accolades when they are successful.



'NEVER SAY DIE' ATTITUDE

Rahul Dravid would never give up in the face of adversity. In 2001, during the three-match series against Australia at the Eden Gardens, India was already at the bottom of the league and was struggling in the second match of the series. At this juncture, Rahul Dravid walked in at the No. 6 slot with VVS Laxman at the non strikers end. The only thing that Dravid had on his mind at that point was to put up a fight. India eventually won the match by 171 runs.

"When everything seems to turn against you, never ever give up hope. Strive and work hard towards giving it your best and that is all that matters," said Dravid at the post match conference. Lesson learnt.

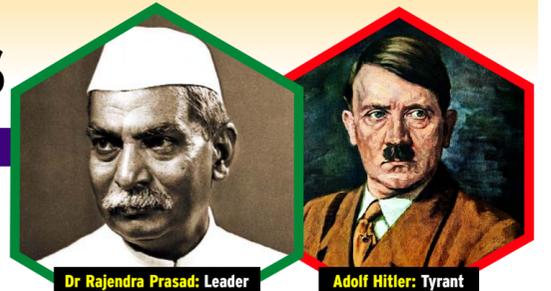


CONSISTENCY

Hitman Rohit Sharma scores BIG once he gets going. Alternatively, we can say that once he is on the pitch for long he never throws his wicket away. He is the only player to score three double centuries in ODIs. His sheer grit and determination to score BIG, demonstrates his ability to be consistent and dominate the proceedings from the word go!

Three differences between LEADERS AND TYRANTS

MUST KNOW



Dr Rajendra Prasad: Leader

Adolf Hitler: Tyrant

Everyone wants to lead a team, either as a sports captain or a class monitor. But you must have heard teammates complaining about their leaders. The complaints are usually about their behaviour, leadership style, or the way they treat their peers. But, there are subtle differences between being a leader or being a tyrant. We have listed three key differences below

Tyrants build walls; Leaders build bridges

Tyrants create an illusion of safety by building walls around existing power structures, no matter how flawed they are. Rather than encouraging people to analyse and fix internal problems, they tell them that nothing is wrong with "us"—it's always the fault of an external "them." To prosper, we have to wall "them" out. Conversely, leaders build bridges and invite external groups in to help solve existing problems and enrich existing wisdom. Where tyrants amplify disharmony, leaders encourage a spirit of shared humanity.



Tyrants use negative language to intimidate their followers; Leaders use positive language to inspire them

If you deconstruct a tyrant's message, you will usually find the following elements: Populism, sensationalism, and blame. Tyrants persecute, ridicule, and demonise anyone who is opposed to their own agenda—and encourage their followers to do the same. Tyrants bring out the worst in humanity.

Leaders use persuasive but positive language. They invite the opposition to consider their points of view, highlighting why they see their stance as beneficial to the common good. They empathise with the positions of others, even when those others appear hostile at first. Leaders want everyone; even people who don't agree with them, to prosper. Leaders, therefore bring out the best in humanity.

Tyrants are protectionists; Leaders are collaborators

Tyrants tell us that our resources are limited—and fast running out. They espouse a manipulative agenda in which there is only one pie, and in order to enjoy a decent quality of life, we have to cut the largest slice for ourselves.