



THE TIMES OF INDIA

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TODAY'S EDITION

➤ **Must know restaurant etiquette: Some of the biggest faux pas that you shouldn't commit**
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➤ **Educators and students share their views on various issues engulfing the country and the world**
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➤ **Former cricketers slam India's poor fielding standards**
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STUDENT EDITION

MONDAY, FEBRUARY 8, 2021



WEB EDITION

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Quote unquote

6 We are not dependent on the existing two vaccines, as the country is working on seven more indigenous vaccines. Simultaneously, we are also working on the development of more vaccines because India is a huge country and we need more players and research to reach out to everyone. The Covid-19 inoculation process for people above 50 years of age will start next month. Presently,

Covid-19 vaccines are being administered on an emergency basis, under full observation and in a controlled manner. If the vaccines are released in the open market, there won't be any control over them. The decision will be taken as the situation demands

HARSH VARDHAN,
Union health minister, on the Covid-19 vaccine



WORLD'S FIRST FLYING RACE CAR UNVEILED

In one of the far-reaching inventions of this century, scientists have unveiled the world's first flying race car. With top speed of 75mph and 'octocopter' speeders that will see it compete in a new event later this year, it is being touted as the Formula One of the skies!

FEATURES

➤ According to experts, Airspeeder Mk3 is a 'giant technical leap forward, as it includes a suite of technologies never seen in an electrical flying vehicle before
➤ This includes LiDAR and Radar collision avoidance systems, creating a 'virtual forcefield' around the craft, a carbon fibre frame and fuselage designed for strength, stiffness and lightweight properties
➤ Compared to the Mk2, unveiled earlier this year,

COST

According to Morgan Stanley, the electronic vertical take off and landing industry is likely to be more than \$1.5 trillion by 2050

the new version has seen its power increased by 95 per cent with only a 50 per cent weight increase
➤ It has a 96 kW electric powertrain and weighs

100kg without a pilot, allowing speed of up to 75 miles per hour
➤ The craft is in an 'octocopter X formation' that gives advantage to pilots when it comes to manoeuvrability and stability when racing, the firm claimed
➤ While racing, the pilot will be able to make the same sharp hairpin style turns as a Formula 1 car, but with the added third dimension of being able to move vertically

(Source: Daily Mail)

- 1 Named Airspeeder, it will initially be flown by a remote pilot and can take off and land vertically, according to its developers Alauda Aeronautics
- 2 According to a report in Daily Mail, its first foray into the world of racing will see it operated remotely for a racing series that will act as a 'technical test-bed', ahead of a crewed racing series in 2022
- 3 The flying vehicle has been in development for more than three years and is part of a bid to create a sport that can 'accelerate a new clean-air aerial mobility revolution'

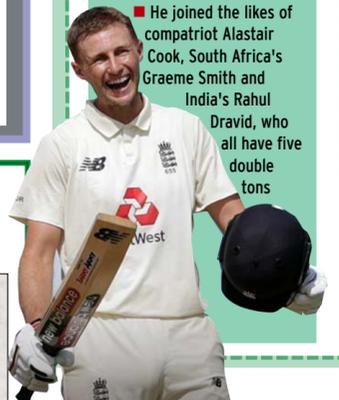
Spotlight

ROOT BECOMES FIRST PLAYER TO SCORE 200 IN 100TH TEST

England skipper Joe Root became the first cricketer to notch up a double century in his 100th Test, touching the milestone on the second day of the first Test against India in Chennai. The 30-year-old reached his double hundred, when he lofted India's spinner R Ashwin for a six over long-on in the second session on day two of the series-opener. "First batsman in the history of Test cricket to score a double century in his 100th Test—JOE ROOT! Sensational innings from the England skipper!", the International Cricket Council (ICC) tweeted.

- Former Pakistan skipper Inzamam ul Haq, who hit 184 against India in Bengaluru in 2005, held the previous best score in the 100th Test
- Root became the ninth player in the history of the game to score a ton on his 100th appearance, when he brought up his 20th hundred

➤ He joined the likes of compatriot Alastair Cook, South Africa's Graeme Smith and India's Rahul Dravid, who all have five double tons



INDORE GIRL GETS ADMISSION IN COLLEGE AT THE AGE OF 13, CREATES A RECORD



YOUNG ACHIEVER
Tanishka Sujit has created history by passing the class XII examination at the age of 12, and is now pursuing graduation at Devi Ahilya Vishwavidyalaya in Indore at the age of 13. Tanishka passed her class X examination at the age of 11 and was allowed to jump to class X, soon after giving her fifth-grade exams, and then she was directly promoted to class XII by the school authorities, seeing her extraordinary abilities and skills. It may be noted that there is no such provision in the education policy of Madhya Pradesh that allows any student to jump classes. Tanishka's parents had to struggle to get special permission for their ward to jump classes and promote her to higher classes.

➤ After passing the class X and XII exams, Tanishka made it to the India Book of Records and Asia Book of Records, respectively

Virat Kohli remains India's most-valuable celeb, actors Akshay Kumar & Ranveer Singh follow

Team India skipper Virat Kohli retains the top position as India's most-valuable celebrity for the fourth consecutive year. His brand value remains steady at \$237.7 million in 2020, despite the Covid-19 pandemic



1 Bollywood actor Akshay Kumar ranked second with a brand value of \$118.9 million, a jump of 13.8 per cent, followed by Ranveer Singh with a brand value of \$102.9 million

2 The overall brand value of the top 20 celebrities in 2020 is estimated at \$1 billion, a dip of approximately five per cent from last year

3 While established celebrities continue to dominate the rankings, notable millennials with a strong social media presence have managed to climb the ladder. Ayushmann Khurrana, Tiger Shroff and Rohit Sharma, all jumped a few spots to grab the No. 6, No. 15 and No. 17 spots, respectively

4 Further, Kartik Aaryan debuted at No. 20. These rising millennial celebrities were in greater demand during the pandemic, owing to their popularity among the youth

IN THE NEWS

Pulitzer prize-winning Jhumpa Lahiri's new book will release in April



Pulitzer prize-winning author Jhumpa Lahiri will be coming out with a new novel in April, Penguin India has announced. The new book, titled 'Whereabouts', follows Lahiri's 2013 novel 'The Lowland' and 2006's 'The Namesake'. Written in Italian and translated into English by Lahiri, 'Whereabouts' is the story of a woman protagonist and her journey through life.

The woman protagonist, who longs to belong but dares not conform, is moving through her life in a city that almost becomes her companion. "From the sidewalks, parks, and bridges to the pool and the train station that leads her to her grieving mother after her father's untimely death, she moves through the city, one season after another. Until one day, her perspective changes"

Instagram to launch vertical feed for Stories soon

Facebook-owned Instagram is now working on a new vertical feed for Stories, the way TikTok first used. Reels on Instagram has already cloned the feature.



- According to a TechCrunch report, navigating with vertical swipes up and down would make Stories experience more like Reels, recently launched by Facebook to compete with the Chinese short-video making app
- Vertical swiping feels more natural than taps and horizontal flicks, the way we do on smartphones and other apps
- The feature is not live yet
- Short video making app Instagram Reels is rolling out a new update, allowing users to make 30-second videos instead of 15 seconds
- The company has also increased the timer from 3 seconds to 10 seconds. It is also adding trim and delete clips options to make editing simpler

VIEWPOINT

BID ADIEU TO DRIVING TESTS TO GET A DRIVING LICENCE

In order to impart quality driver training to citizens to reduce road accidents in the country, the Central government is planning to provide accreditation certificates to driver training centres in all the states and Union Territories (UTs) by the end of this year:

- Those who will receive successful driver training from such centres will be "exempted from the requirement of driving test while applying for a driving licence"
- But the certificates will be provided to institutes or training centres, after they achieve certain standards
- The ministry of road transport and highways has initiated the move so as to improve driving excellence, in order to

- save thousands lives during road accidents every year
- The ministry has also issued a draft notification regarding accreditation of driver training centres
- Further, the ministry has also said that any individual, on successful completion of driver training from such centres, will be "exempted from the requirement of driving test while applying for a driving licence"

Scientists 'teach' spinach to send emails

Imagine receiving emails from 'paalak'. Well, scientists have actually taught spinach to send emails. Nope, we aren't talking about a futuristic science fiction film. Engineers at the MIT in the US have transformed spinach into sensors, capable of warning pollution and other environmental changes, and even detecting explosive materials.



INTO THE FUTURE
The researchers used nanotechnology to turn spinach into sensors that picked up on nitroaromatics in the groundwater. Once detected, the spinach would send a signal to an infrared camera, which in turn, triggers an email alert to the MIT scientists
According to scientists, the process could be used to receive early warnings about pollution and other environmental changes, as plants are constantly absorbing a "vast amount of data" from their surroundings

DID YOU KNOW?
Scientists say plants are uniquely-qualified to detect microscopic changes in the soil. "They have an extensive root network in the soil, are constantly sampling groundwater, and have a way to self-power the transport of that water up into the leaves" they add

Q IS IT A GOOD MOVE? SHARE YOUR VIEWS AT TOINIE175@GMAIL.COM

Avoid these mistakes while dining in a restaurant

A delicious and hearty meal accompanied by laughter and happiness is something that we all crave for. However, sometimes when we are enjoying our meal at a restaurant, we forget about rules that we should adhere to. Here are some of those biggest faux pas that you shouldn't commit.

NOT NOTIFYING THE SERVER OF ALLERGIES BEFORE ORDERING

If you are allergic to a particular ingredient, it is your duty to inform the server before placing your order. This way, he/she can ensure that the dish you are ordering doesn't contain the ingredient you are allergic to. This will help you to keep allergic reactions at bay.

Next time you visit a restaurant, stay off your phone, soak in the ambience of the restaurant and have a conversation with your friend



NOT BEING COMPLETELY PRESENT DURING YOUR DINING EXPERIENCE

Your food tastes best when you are completely present while eating it. This means that you have to be really in the moment while eating, without any distractions or deviations. So next time you visit a restaurant, stay off your phone, soak in the ambience of the restaurant and have a conversation with your dining partner.

REQUESTING ITEMS OR ORDER CHANGES FROM SOMEONE OTHER THAN THE SERVER

Sometimes, you need something urgently, and your server is not around. So you end up asking a different server what you need. Though this is not wrong, it often results in confusion among them. Your request might get miscommunicated when it goes through more than one person.

PUTTING DIRTY CUTLERY ON THE TABLE

In between the meal courses, it is common for some people to place the fork used for their appetiser on the table when waiting for the main course or dessert. This is gross as a restaurant table may not be a very clean place (more so in pandemic). Besides, it is bad manners to dirty a table.

NOT ASKING ABOUT ITEMS YOU ARE UNFAMILIAR WITH

If the menu isn't clear to you, don't hesitate to ask questions. The server and staff members in the restaurant can inform you about the menu options. There is no point in sending a meal back because it's not what was expected!

LEAVING YOUR PHONE ON THE TABLE

You will understand this if you have spilled water or curried over your expensive phone while dining out! Yes, it is a very common thing to happen, so it's advisable to keep your phone in your bag or pocket to avoid such mishaps.

NOT ASKING THE SERVER FOR EVERYTHING YOU NEED ALL AT ONCE

Please avoid sending your server back and forth when they have several other tables to tend to. That would be greatly appreciated.



Rewild to unwind in 2021

From forest bathing to walking barefoot on the grass - the wellness trend of 'rewilding' is all about reconnecting with nature

Tired of a sedentary lifestyle and staying indoors in artificial lights amid the pandemic, people are yearning to reconnect with nature, leading to 'rewilding' becoming a key trend in 2021. Rewilding is all about getting in touch with our 'caveman/woman' side by soaking in the sun, walking barefoot on sand and grass, enjoying an ice bath, drinking water from natural streams, and bathing in hot springs.

Forest-Bathing

The Japanese term Shinrin-yoku (forest-bathing) is the latest way to beat stress. You can forest-bathe anywhere where there is an abundance of trees, including a nearby park. The Duchess of Cambridge Kate Middleton is a fan of the trend.

Friluftsliv

Coined in the 1850s by the Norwegian playwright and poet, Henrik Ibsen, the term 'friluftsliv' means 'outdoor living'. The Nordic concept is all about spending time in nature, irrespective of the weather, through simple activities that are free of cost, like walking, camping or fishing with loved ones.

Earthing

This therapeutic activity can be performed anywhere. All you need to do is take off your shoes and place your bare feet and hands directly on the earth, be it in a park or at the beach. Gwyneth Paltrow is among the celebs who swear by the trend. **TNN**



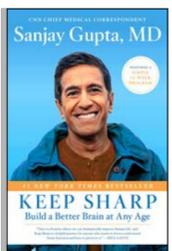
Books to guide you to leadership, personal growth

The beginning of the year is the perfect time to re-focus on personal and business growth. From a practical book on preventing your brain from ageing to a guide to leadership and entrepreneurship, here are our picks from the literary world

'KEEP SHARP: BUILD A BETTER BRAIN AT ANY AGE'

by Dr Sanjay Gupta

An exciting new science-driven guide to protecting your mind from decline. Throughout our lives, we are always looking for ways to keep our mind sharp and effortlessly productive. In this book, globe-trotting neurosurgeon Dr Sanjay Gupta offers insights from top scientists all over the world, whose cutting edge research can help you heighten and protect brain function and maintain cognitive health at any age. 'Keep Sharp' debunks common myths about ageing and cognitive decline, it explores whether there's a 'best' diet or exercise regimen for the brain, and explains whether it's healthier to play video games that test memory and processing speed, or to engage in more social interaction. Discover what we can learn from 'super-brained' people who are in their eighties and nineties but showing no signs of slowing down - and whether there are truly any benefits to drugs, supplements and vitamins. Dr Gupta also addresses brain disease, particularly Alzheimer's, answers all your questions about signs and symptoms, and shows you both how to ward against it and how to care for a partner in cognitive decline. The book also provides readers with a personalised twelve-week programme featuring practical strategies, etc.



'CHANGE: HOW TO MAKE BIG THINGS HAPPEN'

by Damon Centola

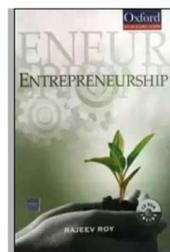
From the spread of Covid-19 to the rise of political polarisation, from implicit bias to genetically modified food, from NASA to Netflix - it's time to think differently about how change works. Professor Damon Centola is the world expert in the new science of networks. His groundbreaking research across areas as disparate as voting, health, technology and finance has highlighted powerful and highly effective new ways to ensure lasting change. In this book, Centola distils over a decade of deep experience into a fascinating new theory that challenges previous assumptions that new ideas are either contagious or not. **Change** shows that beliefs and behaviours are not transmitted in the simple way that a virus is.



'ENTREPRENEURSHIP'

by Rajeev Roy

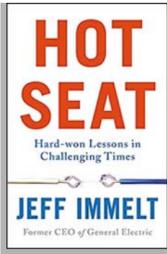
The third edition of 'Entrepreneurship' by Rajeev Roy is designed to meet the needs of management students and entrepreneurs. The book explains concepts based on original research and the author's own experience in setting up and running entrepreneurial ventures. It aims to combine theoretical elements with a practical outlook. The book is meant to be used not just as a textbook for a course, but also lends itself well to being an actual guide to students wishing to start their own ventures. **The book starts with the concept of understanding entrepreneurship and throws light on contemporary approaches to it.** It discusses the various issues related to doing business in India and support given to SMEs and entrepreneurs; elaborates on the steps involved in composing a pitch deck;



'HOT SEAT: HARD-WON LESSONS...'

by Jeff Immelt

Hot Seat offers a candid self-interrogation of Jeff Immelt's tenure, detailing for the first time, his proudest moments, missteps, and the lessons he learned battling one crisis after another as he led GE in the 21st century. In 'Hot Seat', Immelt, the former CEO of General Electric shares the hard-won lessons he learned during his sixteen years at the



helm of one of America's most iconic companies. Marked by straight talk and humility, it is not a typical business book. As Immelt writes in the prologue: "In October 2017, as I stepped down after thirty-five years at General Electric, I wasn't sure I could write this book. My sixteen years as CEO had given me a front-row seat to history, and I'd learned some tough lessons I believed others could benefit from..."

GLEAM IN THE GLOOM

Suryakumari Dennison, Teacher, Aavishkar Academy, Bengaluru

The titular character of 'The Little Match Girl' suffers greatly but is eventually reunited with the person she loves. Answer these questions on Hans Christian Andersen's short story (from 'Treasure Trove') by choosing correctly.

- On what date in December is the little girl selling matches?
A. 12 B. 19 C. 25 D. 31
- What does the girl lose while running across the street?
A. Sandals B. Shoes C. Slippers D. Socks
- Who is unkind to the girl at home?
A. Father B. Mother C. Brother D. Sister
- Which bird seems to hop off the table and approach the girl?
A. Hen B. Duck C. Goose D. Turkey
- Which of these words is not used about the girl's grandmother?
A. Gentle B. Caring C. Kind D. Loving

Answers:
1) D. 31 2) C. Slippers
3) A. Father 4) C. Goose
5) B. Caring

QUIZ TIME (GEOGRAPHY)

- The formation of ozone hole is maximum over...
A. Africa B. India C. Antarctica D. Europe
- Dykes are specially constructed in which country?
A. Norway B. Holland C. France D. United Kingdom
- Which is the largest metals trading centre in the world?
A. Johannesburg B. London C. New York D. Singapore
- New Britain and New Ireland are part of which country?
A. USA B. Canada C. Australia D. Papua New Guinea
- Which of the following is referred to as the Garden of Eden?
A. Dead Sea B. South Iraq C. Nile Valley D. Congo Valley

ANSWERS

- C. Antarctica 2. B. Holland 3. C. New York 4. D. Papua New Guinea 5. B. South Iraq

KNOWLEDGE BANK

AQUA REGIA: It is an extremely corrosive mixture of nitric and hydrochloric acid, used as an etchant (an acid or corrosive chemical used in etching), for some analytical chemistry procedures and to refine gold. The versatile Aqua regia dissolves gold, platinum, and palladium, but not other noble metals. It is primarily used to produce chloroauric acid, the electrolyte in the Wohlwill process for refining the highest quality (99.999%) gold.

