

LEVEL-1



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Draw the easy way

Step-1: Drawing the head and beak.

Step-2: Adding the neck and tail feathers.

Step-3: Drawing the wings.

Step-4: Adding details to the tail and wings.

Step-5: Drawing the feet and tail.

Step-6: Final colored drawing of a parrot on a branch.



- HSPINOG**
a. Shipping B. Shopping
C. Shifting D. Hopping
- NIGDDEW**
a. Wedding B. Night
C. Nodded D. Mute
- THGIL**
a. Thrill b. Though
c. Light d. Thug
- FITG**
a. Gift b. Fit
c. Fur d. First
- Answers: 1) b, 2) a, 3) c, 4) a

Riding with the Riddle

I am a flower that resembles the Earth's most important source of energy, and am commonly referred to by its name. I am native to the Americas. I am cultivated for my seeds, which are used to make oil. I am famously known to face the sun before blooming to gain most light for photosynthesis. This also helps to attract pollinators.

Answer: Sunflower

FLORAL FANTASY

SURYAKUMARI DENNISON, teacher, Aavishkar Academy, Bengaluru



Do you know these flowers from song and cinema, legend and literature? Choose correctly!

- 1 Beauty's father plucks this flower for his daughter, in the Beast's garden.
A) Daisy B) Pansy
C) Rose D) Tulip



- 2 This red flower features in the title of a novel about the French Revolution?
A) Crocus B) Carnation
C) Poppy D) Pimpernel



- 3 A young man falls in love with his own reflection and is turned into this flower.
A) Narcissus B) Nasturtium
C) Lily D) Larkspur

- 4 This national flower is celebrated in 'The Sound of Music'.
A) Sunflower B) Lotus
C) Iris D) Edelweiss



- 5 Wordsworth narrates in verse his encounter with these flowers.
A) Delphiniums B) Daffodils
C) Dahlias D) Dandelions

Answers: 1) C, Rose 2) D, Pimpernel 3) A, Narcissus 4) D, Edelweiss 5) B, Daffodils

LEVEL-2

Idiom-etrics

SURYAKUMARI DENNISON, teacher, Aavishkar Academy, Bengaluru

(Choose the idiom that best suits the situation)

Rita's beautiful new watch went missing and was never seen again. Everyone believed that Sheela was the thief. This was because Sheela had once been caught helping herself to a sandwich from a classmate's lunchbox. Sheela found the unkind whispers hard to bear. She begged her parents to take her out of school and get her admission elsewhere. There were no fond farewells. Sheela left in disgrace.



- A. On cloud nine B. Have one's head in the clouds C. Under a cloud

Amit's parents believed that their son was studying. Actually, however, Amit was only pretending to read his textbooks.

TRIVIA
From the early 1800s, comes an idiom from the practice of judges wearing woollen wigs. While those exalted beings were generally discerning, someone in that position would occasionally be fooled by an unscrupulous lawyer. It was almost as if the latter tugged at the wig and lowered it to cover the judge's eyes, blinding him to the truth. 'To pull the wool over someone's eyes' is to deceive that person.

- A. Pull the wool over someone's eyes
B. Keep one's eyes peeled
C. Feast one's eyes on



EDITOR IN THE MAKING

WEAVE A STORY WITH HEADLINES

Include some of these headlines to make a story and give it a title. Mail the story to us at toinie175@gmail.com. The interesting one will be published in the edition. Watch out for this space!!!

The headlines:

- 1) A dress out of recycled packaging
- 2) No respite from pollution
- 3) Venezuelan musicians set world's largest orchestra record
- 4) Next frontier of biosecurity risk- Alien bacteria

Blank lines for writing a story.



And the winner is...

ROSE KAKRANIA
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BEST WISHES PEEPS!

China, 'US', 'China', 'US'. Grandpa entered the room, "Indiaaaa...India...!". Both, my sister and I, looked at him - "Umm. Grandpa, why are you chanting for India?" "Oh, I thought we were all squabbling about which country is, seemingly, the best and I, of course, chanted the most obvious answer." Grandpa started laughing and said, "Young lady, read the newspaper, China is now the world's richest nation, ahead of the US! Anyway, it is about time. I must leave for my flight to Mumbai and now I'm hearing that climate change may force aeroplanes to fly higher! Good lord! I must seal the deal this time. We both recited, "Good luck, paa!" Then, my elder sibling said, "But grand dad, you must wish me luck. Did you know- the first edition of Fit India quiz is to have 2 prelim rounds-? I'm really scared about it!" "No need to be afraid, my child, you just need to take a break and go on a trek to rejuvenate yourself."

Learn a NEW LANGUAGE GERMAN

- 1) Nein (nine) Meaning: No
- 2) Danke (DAH-kuh) Meaning: Thank you
- 3) Auf Wiedersehen (Ouf VEE-der-zane) Meaning: Goodbye
- 4) Tschüß (t-ch-uce) MEANING: Informal Good-Bye
- 5) Es tut mir leid (ehs toot meer lite) MEANING: I'm sorry

Work sheet

- Q:1 How will you say sorry?
Q:2 How will you express your gratitude?
Q:3 How will you bid adieu to someone?
Q:4 How will you refuse a task?



MATH MAGIC

NUMBER SERIES

- 1 An integer can be:
A) Only Positive
B) Only Negative
C) Both positive and negative
D) None of the above

2 A rational number can be represented in the form of:
A) p/q B) pq
C) p+q D) p-q

3 The value of $\frac{1}{2} \times \frac{3}{5}$ is equal to:
A) $\frac{1}{2}$ B) $\frac{3}{10}$
C) $\frac{3}{5}$ D) $\frac{5}{2}$

4 The value of $(\frac{1}{2}) \div (\frac{1}{5})$ is equal to:
A) $\frac{3}{10}$ B) $\frac{3}{5}$ C) $\frac{5}{2}$ D) $\frac{5}{4}$

5 The value of $\frac{1}{2} + \frac{1}{4}$ is equal to:
A) $\frac{3}{4}$ B) $\frac{3}{2}$ C) $\frac{2}{5}$ D) 1

1) Es tut mir leid 2) Danke 3) Auf Wiedersehen 4) Nein

LIVERPOOL MAKES IT 5 FROM 5

Win 2-0 over Porto to go unbeaten in Champions League group



Mohamed Salah

Thiago Alcantara's sublime long-range strike and Mohamed Salah's latest individual goal maintained Liverpool's perfect record in its Champions League group with a 2-0 win over Porto. Liverpool was assured of advancing to the last 16 even before its fifth straight victory in Group B, while Porto stayed in second place ahead of a match against Atlético Madrid in two weeks that will help to determine which team qualifies with the English club.

Thiago's 52nd-minute opener was a thing of beauty, the Spain midfielder meeting a headed clearance with a sweetly struck first-time shot off his laces from 30 meters (yards) out that stayed low, skimmed across the turf and flew into the corner. "Wow," Liverpool manager Jürgen Klopp said of the goal with a broad smile.

Salah then scored a 10th goal in his last 10 Champions League games - and his 17th in all competitions this season - by dropping his shoulder as he drifted into the area from



Thiago Alcantara of Liverpool is congratulated by Liverpool manager Jürgen Klopp

the right and shooting low inside the near post in the 70th.

Liverpool fielded a weakened team for the game, with regulars like Virgil van Dijk and Trent Alexander-Arnold getting the night off, while youngsters Neco Williams and Tyler Morton were handed rare starts. Klopp said there was no danger of his players not taking the game seriously, though. "Some people might have thought we would play a little bit of an easy game but we were not here for that," Klopp said. "Anfield sold out means we want to go for it and that's what the boys did."

The six-time European champions will look to complete a sweep of victories in the group stage, a feat never achieved by an English team, in their closing game at AC Milan. "It would be good to go through with all wins - that would be really impressive and good to take on into the competition," Liverpool midfielder Alex Oxlade-Chamberlain said, looking ahead to the game against Milan.

Liverpool had goals by Mane and Takumi Minamoto ruled out for offside either side of Thiago's fabulous strike, which was only his second for the club following a move from Bayern Munich in the offseason of 2020. AP

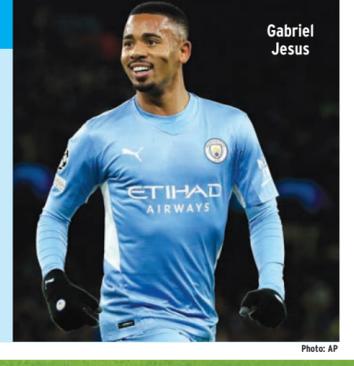
MAN CITY BEATS PSG 2-1, BOTH ADVANCE

Fresh from scoring Manchester City's winner, Gabriel Jesus surely would not have intended to have a dig at Paris Saint-Germain. Even if the striker's comment after City's 2-1 win - as both teams advanced in the Champions League - did cut to the heart of the contrasts in their performances. "We have a lot of players who can help the team," he said. "Everyone wants to give good balls to other

players. Nobody is selfish." PSG had its 11 players on the field at the Etihad Stadium - with Lionel Messi, Neymar and Kylian Mbappé leading the attack, but it didn't always seem there was a complete team out there.

The clash of the competition's wealthiest teams, who are yet to win European football's top prize, fully came to life in the 50th minute when Mbappé put PSG ahead after an interchange

between Messi and Neymar. But the attacking dominance by City saw Raheem Sterling's outstretched left foot nudge in a cross from Kyle Walker to equalize before the winner in the 76th. It was the less glamorous Brazilian attacker on the scoresheet rather than Neymar in the chill of Manchester. Brought off the bench in the second half to give City a No. 9, Gabriel Jesus completed the City comeback with a scuffed shot.



Gabriel Jesus

FROM HOSPITAL BED TO TEST DEBUT

After a roller-coaster ride, Shreyas Iyer receives Test cap from the legendary Gavaskar

From hospital bed to Test debut, it's been a roller-coaster ride for Shreyas Iyer. Cricketers getting injured are not a new thing, but recovering from injury and getting a Test cap is a good achievement for anyone.

Iyer posted a video on Instagram on Tuesday, in which he shared visuals of his treatment. And then he showed pictures of a photoshoot in Test jersey. He became India's 303rd Test cricketer as he got the Test cap from the legendary Sunil Gavaskar before the start of the first Test against New Zealand at Green Park Stadium in Kanpur on Wednesday.

A Test cap has come after 4592 first-class runs in 54 matches at an average of 52.18. Iyer made his ODI debut back in 2017, played 54 limited-overs matches. He scored 1393 runs at an average of 42.7 in ODIs and 27.6 in T20Is. Seeing his ability to score runs freely, it was believed that sooner or later he will be included in the Test squad.

On Thursday BCCI uploaded a video in which a certain kind of serenity can be seen on Iyer's face. He was seen receiving a pep talk from Gavaskar as

INJURY WOES

After dislocating his shoulder in an ODI against England in Pune on March 23, Iyer had to stay away from the field for a long time. He had to undergo surgery in the UK and was also ruled out of appearing for Lancashire in the Royal London Cup. He did not play in the first part of IPL held in India in early 2021.

From him, Rishabh Pant took over the command of Delhi Capitals. Iyer went for rehabilitation and came back for the second part of the IPL. After the IPL, Shreyas was picked for the Team India T20I squad but could not become a part of the T20 World Cup team.

coach Dravid, captain Ajinkya Rahane and the rest of the teammates looked on and applauded him for his moment. Iyer knows better than anyone what he has achieved, perhaps this could be the reason he got emotional when he kissed the Test cap.

The tryst with Kanpur is not new for Iyer. In 2019 he saved the Mumbai Ranji team with his gritty knock of 75 against the formidable attack of Pravin Kumar, Ankit Rajpoot, and Piyush Chawal. Now he got his Test cap at the same venue where he announced his arrival for the Red-ball cricket.

In fact, the Test cap looked in his grasp but eluded him on a number of occasions. In March 2017, he was called up as Virat Kohli's replacement for the fourth and final Test against Australia in Dharamsala but missed the Test cap by a whisker.

Now after four years, he finally got the moment, a moment that will take some time to sink. IANS



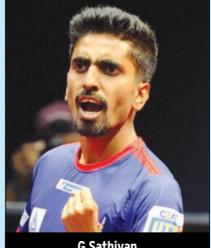
Photo: ANI

SATHIYAN IN ROUND OF 32 AT WORLD TT C'SHIPS

India's G Sathiyar progressed to the men's singles third round at the World Table Tennis Championships with a 4-0 win over Russia's Vladimir Sidorenko in Houston.

The world number 37 from India defeated his 179th-ranked opponent 11-9, 11-9, 11-8, 11-6 in the round of 64. Sathiyar next faces world number 17 Aruna Quadri of Nigeria in the round of 32.

India's top-ranked player, world number 30 Sharath Kamal, had suffered a disappointing opening round loss on Tuesday. However, Sharath can still make an impact in the men's doubles alongside Sathiyar and in mixed doubles alongside Archana Kamath. Sharath and Archana entered the round of 32 with a 3-0 win



G Sathiyar

over Algeria's Sami Kherouf and Katia Kessaci.

Sathiyar and Manika Batra got a first round bye and play their round of 32 mixed doubles match against Puerto Rico's Adriana Diaz and Brian Afanador.

Manika and Archana have got a first round bye in women's doubles. PT

QUIZ TIME!

Q1: Who was the first Indian ever to win a world athletics championship medal?

- PT Usha
- Hima Das
- Anju Bobby George
- Dutee Chand

Q2: The 36th Indian National Games in the year 2021 will be held in which state?

- Jharkhand
- Madhya Pradesh
- Kerala
- Goa

Q3: Which team won 28th Sultan Azlan Shah Cup 2019 that was held in Ipoh Malaysia?

- Canada
- India
- Japan
- South Korea

Q4: In which city will the next 2022, be held?

- Incheon
- Colombo
- Hangzhou
- Seoul

Q5: What were the mascots for Tokyo Olympics 2021?

- Miraitowa and Someity
- Soohorang
- Athena and Phevos
- Vinicius

Q6: How many gold medals did PT Usha win in the



PT Usha

1986 Asian Games held at Seoul, South Korea?

- 1
- 2
- 3
- 4

Q7: Who among the following is a former national level volleyball player and 1st female amputee to scale Mount Everest and Mount Vinson?

- Santosh Yadav
- Bachendri Pal
- Arunima Sinha
- Premilata Agarwal

Q8: Who holds the record of history to win an Asian Gold medal in Javelin Throw ?

- Shivpal Singh
- Neeraj Chopra
- Davinder Singh Kang
- Gurtej Singh

Q9: Who holds the record of being the first Indian woman gymnast to qualify for Olympics?

- Aruna Reddy
- Rucha Diwakar
- Deepika Kumari
- Dipa Karmakar

ANSWERS: 1. b. Hima Das 2. d. Goa 3. d. South Korea 4. c. Hangzhou 5. a. Miraitowa and Someity 6. d. 4 7. c. Arunima Sinha 8. b. Neeraj Chopra 9. d. Dipa Karmakar