

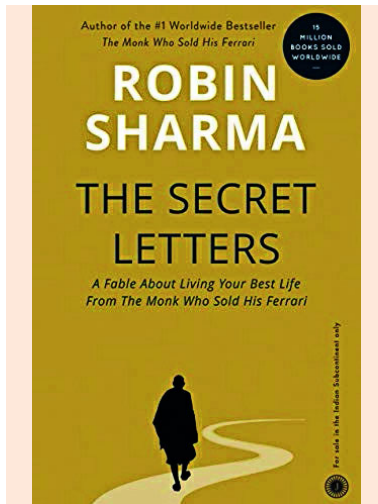
## THE SECRET LETTERS OF THE MONK WHO SOLD HIS FERRARI BY ROBIN SHARMA

This is the story of an over-achiever named Jonathan. He was so busy with his work that he missed all the fun with family, friends. One day, he has a bizarre encounter with his lost cousin Julian, a former high powered courtroom lawyer who had vanished into the Himalayas.

The monks in the Himalayas had given Julian nine talismans, each holding a piece of essential wisdom. Julian, thinking that it was not safe to keep the talismans with him, sent each to trusted safekeepers.

He knew that the talismans would be returned whenever needed. Julian wanted the talismans back and asked Jonathan to get them. So Jonathan embarked on a worldwide adventure to find the talismans.

Spending time in different countries and meeting up with the talisman bearers slowly affects Jonathan's course of thought and helps him make some life-changing decisions.



**Each talisman had a secret message:**

- In Istanbul, he discovers how important it is to listen to our inner thoughts.
- In Paris, he comes to know how to overcome fear.
- In Japan, he understood the importance of filling one's life with goodness, positiveness and kindness.
- In Mexico, he found the

importance of moving forward every day.

- In Barcelona, he realised the importance of doing the job that one loves to do.
- On Island Cape Breton, he learnt how important it is to find out what influences you.
- In Shanghai, he discovered that the simplest pleasures were the greatest joys of life.
- In Sydney, he found out how important is love.
- In India, he understood the importance of heritage.

The journey, the persons Jonathan met, their morals and the messages he got from talismans, made him think a lot about the life.

I particularly liked the way the book shows us how to live with kindness, to find great happiness in small things, to overcome fear, to lead the best life.

I recommend this book to all of you to read.

**Titus John Daniell, class X,  
Greets Public School,  
Kaloor, Ernakulam**



## Weave your own paper chess board

The FIDE Chess Olympiad 22 that ended on a colourful note in Chennai, has increased our interest in this board game. Playing chess is good for our brain. It is ideal for those who have to remain indoors and those who want to keep away from the computer or phone screens.

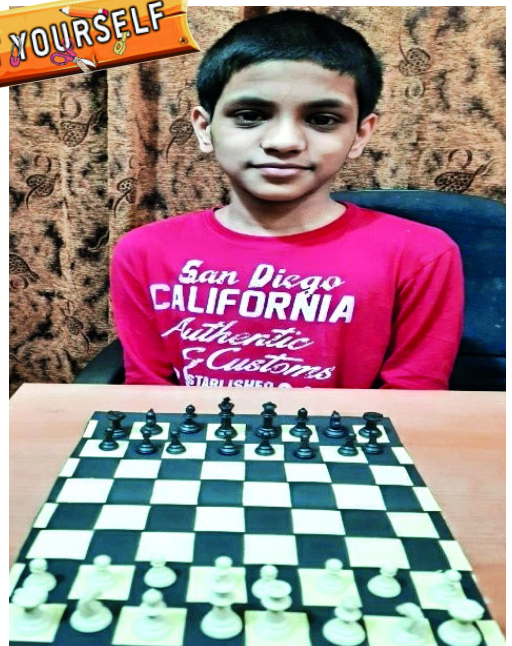
Making your own chess board is thrilling. Here's how I made it:

- You need chart papers, cardboard, scissors, glue and measurement tape.
- Take two different coloured chart papers of 30-sq.cm each. Here, I have used black and white.
- Cut the white paper into eight strips of 3-cm each.
- Take the black paper, draw an outer frame and fold it in the middle.

From the folded side cut the paper at equal distances of 3.1-cm on either side so that you are able to weave in the eight white strips till the frame.

- Unfold the black paper. Insert one white strip in such a way that it is under the first black strip and over the next, like weaving a mat.
- Insert the second strip and repeat the process with the remaining yellow strips.
- You can stick the woven board on a thick cardboard.
- Stick or tape the edges to make it firm. Check if you've got 64 squares.
- Your chess board is ready for an interesting game.

**Boaz Baby James, class VIII, Nirmala  
Public School, Muvattupuzha,  
Ernakulam**





# A LEGACY BEYOND TENNIS

## SERENA WILLIAMS ANNOUNCES LIKELY RETIREMENT TO PURSUE BUSINESS AND FAMILY

A couple of days before Serena Williams claimed the 22nd of her 23 Grand Slam singles titles at Wimbledon in 2016, she was asked what she makes of it when people refer to her as one of history's greatest female athletes. Her reply: She prefers being characterized as "one of the greatest athletes of all time."

That one, brief response from Williams said quite a lot - about her one-of-a-kind talent with a racket in hand, about her status as an icon, about her willingness to stand up for herself, about why women's sports should not be thought of any differently than men's sports. That all came to mind again Tuesday, when Williams indicated she is preparing to walk away from her professional tennis career as the start of the US Open approaches on Aug. 29 and her 41st birthday approaches next month.

Yes, with shouts of "Come on!" marking the journey, she's won the most major singles championships in the professional era of tennis, which began in 1968. Still, mere numbers can't capture everything

Williams has represented during a distinguished career that began when she was a teenager in the 1990s and is remarkable for not just the successes but also the longevity, including a record 10 major championships after turning 30.

"She's lasted longer than most, if not all, female tennis pros. She's transcended tennis and become a leader on many important cultural, social and gender issues. She has lived an extraordinary life," Chris Evert wrote in a text message, "and will undoubtedly continue to crash the glass ceiling in the future."

Indeed, what Williams did without a racket in her hand is rather noteworthy. Williams spoke out about being Black in her sport. She stayed away from a tournament in California for years after she and her father heard racist taunts there. She talked about being a woman in tennis, about being a woman who dealt with complications in childbirth, about being a mother (her daughter, Olympic, turns 5 on Sept. 1, and Williams wants to have another baby).

She and Venus helped their sport reach a broader audience and helped bring a broader slice of so-

I don't particularly like to think about my legacy. I get asked about it a lot, and I never know exactly what to say. But I'd like to think that thanks to opportunities afforded to me, women athletes feel that they can be themselves on the court. They can play with aggression and pump their fists. They can be strong yet beautiful. They can wear what they want and say what they want and kick butt and be proud of it all.

SERENA WILLIAMS

ciety into their sport. Coco Gauff, the 18-year-old African-American who was the runner-up at the French Open in May, said Tuesday she plays what she called "a predominantly white sport" because she "saw somebody who looked like me dominating the game."

There were, to be sure, moments that she perhaps was not as proud of. "I've made a lot of mistakes in my career. Mistakes are learning experiences, and I embrace those moments. I'm far from perfect, but I've also taken a lot of criticism, and I'd like to think that I went through some hard times as a professional tennis player so that the next generation could have it easier."

Her serve was a gift, as were the powerful groundstrokes that she and Venus - her opponent in nine all-in-the-family Grand Slam finals - made a permanent part of the game. So, too, was an unbending will and desire to always come out on top, whether the person across the net was Big Sis or anyone else, whether she was trying to win a point during a match or make a point in an interview.

"I want to be great. I want to be perfect," Williams said. "I know perfect doesn't exist, but whatever my perfect was, I never wanted to stop until I got it right." In tennis, of course, and beyond. AGENCIES



Serena Williams waves to the crowd after losing against Harmony Tan of France during their Women's Singles First Round Match on day two of The Championships Wimbledon 2022 at All England Lawn Tennis and Croquet Club on June 28, 2022 in London, England

File Photo: GETTY IMAGES

## KYRGIOS ADVANCES AT NATIONAL BANK OPEN

Australia's Nick Kyrgios advanced at the National Bank Open on Tuesday, beating Argentina's Sebastian Baez 6-4, 6-4 in an opening-round match and setting up a second-round showdown with top-ranked Daniil Medvedev of Russia.

Kyrgios is coming off a victory at last week's Citi Open in Washington, where he ended a three-year title drought by winning his seventh career tour-level singles championship. That victory followed a runner-up finish at Wimbledon, where he lost to Novak Djokovic. Medvedev, the event's defending champion who received a first-round bye as a top seed, is scheduled to face Kyrgios on Wednesday. In other first-round action, British wild-card Andy Murray, who was ranked world No. 1 by the



Nick Kyrgios

Photo: AFP

Association of Tennis Professionals for 41 straight weeks in 2016, couldn't find that old magic against 10th-seeded Taylor Fritz of San Diego, falling 6-1, 6-3. Marin Cilic, the No. 13 seed, defeated fellow Croatian Borna Coric 6-3, 6-2. Other seeded players to advance were No. 14 Roberto Bautista Agut of Spain and No. 17 Gael Monfils of France. Alex de Minaur of Australia beat Denis Shapovalov of Canada 7-5, 7-6 (4) in a match that was suspended by rain on Monday. Tommy Paul beat Canada's Vasek Pospisil 6-4, 6-4, and Grigor Dimitrov of Bulgaria, the No. 15 seed, posted a 6-4, 7-5 victory over Canadian wild-card entry Alexis Galarneau. Spain's Pablo Carreno Busta surprised 11th-seeded Matteo Berrettini 6-3, 6-2. Marin Cilic, the No. 13 seed, advanced with a 6-3, 6-2 win over fellow Croatian Borna Coric.

## QUIZ TIME



Photo: AP



Ravindra Jadeja

**Q1:** How many times did Ravindra Jadeja take 5Ws in Tests?

a) 9 b) 2 c) 3 d) 11

**Q2:** The 2028 Summer Olympic and Paralympic Games will be hosted in which country?

a) Paris, France b) Los Angeles, United States  
c) Moscow, Russia d) Beijing, China

**Q3:** Who won India's first gold medal in the men's skeet finals at ISSF World Cup in 2022?

a) Mairaj Ahmed Khan b) Saurabh Chaudhary  
c) Dhanush Srikanth d) Vijayveer Sidhu

**Q4:** Which country offered official recognition to Yogasana as a competitive sport?

a) Nepal b) Dubai c) India d) Sri Lanka

**Q5:** Which Indian captain was felicitated by the British Parliament in 2022?

a) Sachin Tendulkar b) Rahul Dravid  
c) Kapil Dev d) Sourav Ganguly

### ANSWERS:

1. a. 9 2. b. Los Angeles, United States  
3. a. Mairaj Ahmed Khan 4. c. India 5. d. Sourav Ganguly

# INDIA SECURE 2 GOLD, 1 SILVER, 4 BRONZE

GUKESH, SARIN SHINE IN 44TH CHESS OLYMPIAD

Rain of medals for India in the individual section with as many as seven Indians winning medals -- two gold, one silver and four bronze. Gukesh and Sarin won gold on top and second board respectively while Arjun Erigaisi secured silver medal on third board. R Praggnanandhaa (third board), R Vaishali (third board), Tania Sachdev (third board) and Divya Deshmukh (reserve board) claimed individual bronze medals. India also won the prestigious Gopichand Cup. It is given to the nation for their collective performance in both open and women's sections.

Overall, it has been a very enjoyable event. I didn't expect us to perform so well but it could have been better.

GUKESH

### ERIGAISET GETS 2700 ELO RATING

Grandmaster Arjun Erigaisi became the seventh Indian to cross the 2700 ELO rating. The 18-year-old achieved the feat when he defeated GM Dominguez Perez in India 'A's clash against USA in the final round. Playing with the white pieces, Erigaisi made quick work of Perez with white pieces to take his live rating to 2702.2. The India 'B' team settled for a bronze medal in the Open section while the India 'A' women's side also finished third in the 44th Chess Olympiad on Tuesday. India 'B' defeated Germany 3-1 in their final round match to end at third position. Uzbekistan sprung a surprise by bagging the gold medal with a 2-1 win over the Netherlands ahead of a strong Armenian team, which beat Spain 2.5-1.5 in the final round, in the Open section. Uzbekistan and Armenian secured 19 match points each while India scored 18.



D Gukesh

### HOPES EVAPORATED

The top-seeded India 'A' women's team crashed to a 1-3 defeat in the 11th and final round to USA to see it's gold medal hopes evaporate. The Koneru Humpy-led team finished third. It was India's first-ever medal at the Olympiad in the women's section. India 'A', USA and Kazakhstan tied for third place, but the home team clinched the bronze. War-torn Ukraine won an emotional gold in the women's event, pipping Georgia to the top prize. In the Open section, Uzbekistan beat the Netherlands in the final round thanks to Jakhongir Vakhidov's win on board 4. They edged out Armenia on the basis of a better tie-break score. The Uzbeks remained unbeaten through the 11 rounds and finished with 19 match points. India 'A' took the fourth spot. It was the second bronze medal for India in the Open section in the Olympiad. The experienced B Adhiban, added to his medal col-



R Praggnanandhaa

Photo: PTI

lection while it was the first for young stars D Gukesh, who was in spectacular form during the tournament, R Praggnanandhaa, Nihal Sarin and Raunak Sadhwani. In the women's section, top player Koneru Humpy and R Vaishali drew their games against Gulrukhba Tokhirjonova and Irina Krush respectively. AGENCIES

The team has worked really hard in the last three or four months and this is India's first-ever medal in the history of the Olympics, this should be the beginning of much better days for women's chess in India.

ABHIJIT KUNTE, Coach

## GLITTERING CLOSURE



Fireworks at the closing ceremony of the Commonwealth Games (CWG) 2022, which ended on Monday, in Birmingham, UK.

Photo: PTI

## IRELAND BEAT AFGHANISTAN BY 7 WICKETS IN 1ST T20

Ireland clinched their first home T20 International win of the season by beating Afghanistan by seven wickets in Belfast. George Dockrell hit the winning boundary off the penultimate ball to lift Ireland onto 171-3 after they were set a target of 169.

Afghanistan's total of 168-7 had been boosted by 30 runs off the final two overs, with Ibrahim Zadran clubbing 29 not out off 18 balls. But Ireland openers Paul Stirling (31 off 29 balls) and skipper Andrew Balbirnie (51 off 38) set their side on their way, putting on 61 off 7.3 overs for the first wicket.

Wicketkeeper Lorcan Tucker kept Ireland on course with 50 off 32 deliveries and it was left to Harry Tector (25 not out) and Dockrell (10 not out) to carry them home.

Earlier, Dockrell took 2-7 and Barry McCarthy 3-34 while the Afghans' top-scorer, opener Usman Ghani, struck two sixes and six fours in his 59 off 42 balls. The two sides will meet again on Thursday at the same Civil Services Cricket Club venue in Stormont for the second time in their five-match series. AP



George Dockrell

File Photo: GETTY IMAGES