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WHICH COMPANY **BOUGHT MOST OF**

LEHMAN BROTHERS' ASSETS IN ASIA?

CLUE 1: Its marketing slo-

gan is "connecting markets east and west".

CLUE 2: It's named after

its founder who was also

known as Shinnosuke.

CLUE 3: It's the oldest

brokerage firm in Japan.

ANSWER: Nomura. It has cut

India's GDP growth rate

forecast for 2023 to 4.7%

from 5.4% earlier on the

back of "higher inflation,

dormant private capex

down." It was set up by

monetary policy tightening,

growth, the power crunch

and the global growth slow-

Tokushichi Nomura in 1925



Fix last date of UG admission after CBSE results: UGC to universities



he UGC on Wednesday wrote to all higher education institutions to finalise the last date of their undergraduate admission process only after the declaration of CBSE class XII results in order to provide "sufficient time" to students for admission. Noting that some universities have already started their admission process even though CBSE was yet to declare the results, UGC chairperson M Jagadesh Kumar said this would lead to these students being deprived of seats in the institutions.

While majority of the school boards have announced their class XII results, the CBSE has not yet stated when its results will come out

CLICK HERE: PAGE 1 AND 2

Sri Lanka waits in confusion, anger for president to resign

ri Lankan President Gotabaya Rajapaksa, who fled to Maldives on Thursday was supposed to leave for Singapore later, according to reports. His escape to Maldives was negotiated by former Maldives President Mohamed Nasheed, sources said. Meanwhile, Sri Lankans are awaiting his resignation, a day after he fled to escape an uprising against an economic crisis, blamed on his government's mismanagement. Military tanks have been deployed on the roads of Colombo, as massive protests continued to simmer in the island-nation on Thursday.

Rajapaksa, who enjoys immunity from prosecution while he is president, fled the country before resigning to avoid the possibility of arrest by the new government



World faces increasing risk of recession in next 12 months: IMF 9.258 NELATION 70;

'JUMLAJEEVI', 'DOHRA CHARITRA', 'SNOOPGATE' declared unparliamentary

books to inspire future generations

new set of four books bring to life inspirational stories of four pioneering women in the field of science, including eminent botanist Janaki Ammal and Dr Anandibai Joshee, widely known as the first Indian woman to study medicine in the United States. The box set, slated to release on July 15, is priced at ₹ 1,500.

The illustrated box set, authored by Pune-based writer and poet Pervin Saket, include the titles 'Commitment with Bibha Chowdhuri' (first Indian woman physicist), 'Courage with Anandibai Joshee' (one of the first women to become a doctor), 'Passion with Aditi Pant' (the first Indian woman Oceanographer), and 'Perseverance with Janaki Ammal' (the first woman botanist)



he outlook for the global economy has "darkened significantly" in recent months, the head of the IMF has warned, and the world faces an increasing risk of recession in the next 12 months, The Guardian reported. The commodity price shock from the war in Ukraine had exacerbated the cost-of-living crisis for hundreds of millions of people, Kristalina Georgieva said and it was "only getting worse". With supply bottlenecks and repeated Covid lockdowns in China also crimping the world's patchy pandemic recovery, Georgieva said the G20 finance ministers and central bankers gathering in Bali "face a global economic outlook that has darkened significantly". The IMF would be downgrading its growth forecasts for global growth for both 2022 and 2023 later this month, she said, having warned in April that its forecast of 3.6 per cent was likely to be revised downwards.

New Parliament building to have modern facilities, spacious chambers

The

old Parliament

museum

better library

nder the **Central Vista** Redevelopment Project, a new triangular shaped Parliament House building is being constructed, which is spread over 65,000 sq metre. The new building will have many modern facilities, and will also be bigger than the current Parliament building. According to sources, the construction of the new Parliament building, being built at a cost of ₹ 1,200 crore, is expected to be completed by the end of 2022 or early 2023. At the same time, it is expected that the winter session to be held in November-December would be held in the new building.

The new building will have larger chambers for the lawmakers and will have a seating capacity for 888 members in the Lok Sabha. On the other hand, there will be 384 seats in the Rajva Sabha as against 245 now. This will be helpful when the present freeze on seats is lifted in 2026 The new Lok

Sabha will be three times bigger as compared to the current Lok Sabha, with ease of sitting for MPs. It is based on the Peacock theme, the national bird. The Rajya Sabha is based on the Lotus theme, the national flower The new Parliament

House will have a stateof-the-art Constitutional Hall, ultra-modern office space, crafts



commit tee rooms, a larger and

The new House will reflect the vibrancy and diversity of modern India, incorporating the country's cultural and regional arts and

There is a dome on the roof of the Parliament House. Also, a national emblem 'Ashok Stambha' has been installed on the roof of the newly- constructed building. The national emblem above the new Parliament building is made of bronze with a total weight of ? 9,500 kg and is 6.5 m in height IANS



ords like 'jumlajeevi', 'dohra charitra', 'baal buddhi', and 'Snoopgate' have been declared 'unparliamentary' in both the Houses -Lok Sabha and Raiva Sabha. A new booklet by the Lok Sabha Secretariat lists out unparliamentary words and expressions. These include 'anarchist', 'Shakuni', 'tanashah', 'taanashahi', 'dictatorial', 'Jaichand', 'Khalistani', 'vinash purush', and 'khoon se kheti' as unparliamentary and would be expunged if used during debates or otherwise in both the Houses. The booklet has further listed words like 'dohra charitra', 'nautanki', 'dhindora peetna', 'nikamma' and 'behri sarkar' as unparliamentary expressions.

Words or expressions declared unparlia mentary from time to time by the Chair in different Legislative bodies in the country as well as in Commonwealth Parliaments, have been compiled by the Lok Sabha Secretariat for ready reference in the future However, the Rajya Sabha Chairman and the Lok Sabha Speaker will have the last word in expunging words and expressions

DID YOU? Words and expressions that were declared unparliamentary in the Lok Sabha, Rajya Sabha and state legislatures in the country during 2021, besides those disallowed in some of the Commonwealth Parliaments in 2020, have been compiled in the form of a booklet

THE TIMES OF INDIA

WELLNESS All of us breathe, but how

many of us actually breathe to our full capacity? Learn how to do it right...

TRIVIA TIME

The world celebrates Nelson Mandela International Day every year on July 18 to shine light on the legacy of a man who changed the 20th century and helped shape the 21st.

NUTRITION

The goodness of sprouts, how to eat them and cook them. PLUS: Four food trends worth digging into.

TRAVEL

Vocal for local: 📣 **Travellers prefer**



SATURDAY, JULY 16, 2022

exploring a place with a local companion who knows the secret coves and hidden alleys. **PLUS:** Monsoon and Mandu have a deep connect as the city of ruins sees water as an integral part of design and theme.

BOOKS & MOVIES

Learn how to write effectively and captivate readers in an age of skimreading. PLUS: Top movies that restore your faith in humanity.

SPORTS

A look at Indians who are making strides in the sporting world across borders.

02

"A happy family is but an earlier heaven." **GEORGE BERNARD SHAW, NOVELIST & PLAYWRIGHT**

FAMILY TIME

FRIDAY, JULY 15, 2022

Ensure playtime for your kids to

teach (??) critical thinkir



As a parent, you would have often heard that some kids are "born smart". So, is your child witty and clever or do you think your kid is still too innocent to navigate themselves?

eaching critical thinking does judgment not mean you have to turn your child cynical or make them think or act like grown-ups.

What it means is that with critical thinking abilities, your child will be able to learn, grow and navigate themselves through life, and will be able to process their experiences and

As your child grows, these skills and the capability to analyse situations critically will help your kid to deal with more complex hurdles of life.

Now, the good part is that teaching the ability to tackle tricky situations can actually be taught very easily, and even indirectly by following these pracdevelop their own voice and sense of tices in your child's day-to-day routine.

HERE'S WHAT YOU NEED TO DO

ASK OPEN-ENDED QUESTIONS

A great way to develop your kid's thinking abilities is to help them reach for answers, instead of directly answering their questions. This way, your child will know not just the answer to their doubts but will also be able to figure out how to reach that answer on their own, with your helpful nudges here and there.

Respect their responses with replies such as, "That's interesting. Tell me why you think that." It can turn out to be a fun exercise which will broaden their mind and let loose their imagination.

ENSURE THEY GET PLAYTIME

Your kid will love this step as playtime is a perfect opportunity to hit the ground and naturally improve your thinking skills while having fun and getting some good movement. Real learning happens with experiences and not by sitting and just 🛃 thinking. Make sure your kid gets their daily playtime and explore a variety of games that come with their own unique fun and skills to learn.

DEVELOP READING HABIT

If your child falls in love with storybooks then they will be able to learn so much that will develop their minds and their abilities to analyse, interpret and understand all kinds of situations and scenarios. Books will offer them a window to both the ers all the time.



real and fictional worlds and the idea of characters and personalities. It will help in developing their IQ and EQ (intelligence quotient and emotional intelligence).

ENCOURAGE QUESTIONS

Unleash your kid's curiosity by encouraging them to ask questions and appreciating them whenever they do so. If your child asks questions about anything under the sun, it means they are thinking, which will also polish their problem-solving abilities. Along with answering their questions, use it as an opportunity to make them learn something new every day.

GIVE RESPONSIBILITY

Start small and teach your child to become responsible and independent by assigning them things to do such as folding their blanket after use, taking their dirty dishes to the sink or keeping their clothes in the wardrobe. Developing these habits to take responsibility for their own things will make them smarter. Then you can also give them small tasks involving others, such as taking care of their pet or a younger sibling. This will ensure that your

child learns and grows better and

uses their mind for good instead of

depending on their parents or eld-



FIND BALANCE BETWEEN LOVE & DISCIPLINE, parenting tips as per zodiac signs

very parent has their own way of expressing love and care. Some parents believe in raising their children in a strict environment attempting to show love within limits. Meanwhile, some parents prefer to express themselves freely and fully, showering their child with all the love and comfort.

However, it's necessary to find balance and not go overboard with either love or discipline. Here are parenting tips based on your child's zodiac that will help you nurture and love them in the right way.

CANCER. PISCES. SCORPIO

his group of zodiac craves love the most but won't ask for it. They are extremely sensitive and are very attached to their family, especially, moms. It's necessary for the parent to teach them how to love fairly without getting hurt. They should also be taught to manage their anger.

However, too much pampering will spoil them. It is still necessary to love them a little extra. Make sure you nurture your water sign child in a polite manner. These kids know their destinations but find trouble finding the way to reach there. Parents must time to time guide and counsel them about the same. They excel at most things they put their mind to, given that they provided with freedom of creativity

TAURUS, VIRGO, CAPRICORN

hildren belonging to this zodiac appreciate materialistic comforts more than anything. Therefore, it's essential to teach them the value of love over luxury. They do not like to be overloaded with love; however, they do need time-to-time appreciation for any achievement or work they have done.

It's necessary for at least one parent to have a friendlike relationship with earth sign kids. It helps them open up about their lives and problems they might be



DENYING EMOTIONAL SUPPORT CAN TRAUMATISE CHILDREN

ences and trauma are preventable.

from violence," the US health agency recom-

'We must understand and address the fac-

"Creating and sustaining safe, stable, nur-

disorders.

the

The

hildhood trauma describes the negative experiences of a person during his/her childhood that goes on to impact their lives as an adult. It comprises any event, action or instance that threaten a child's mental and physical well-being. According to the US Centers for Disease Control and Prevention (CDC), adverse childhood experiences, or ACEs, are potentially traumatic events that occur in childhood (0-17 years).

From physical, verbal, sexual to emotional abuse, many factors can contribute to a child's mental and emotional instability. However, childhood trauma is not just an outcome or a result of abuse, it can be caused due to find support and feel seto many other things that we tend to take for granted or vide them with their comoverlook; for instance, being denied emotional support.

adults, they do not have the



ability to express their needs and wants. They have their own battles to fight and are constantly looking for ways cure. If parents fail to profort and safety, it may cause a dent on their mental wellbeing and if it continues, it

HAVING TO HIDE ONE'S TRUE SELF COULD ALSO BE TRAUMATISING FOR A CHILD

rom a young age, children are introduced to a world of Dos and Don'ts. They are asked to behave according to the socially constructed roles and must of them. In trying to live up to people's expectations, kids often try to hide their true self, take on toll on the child's mind. It can be the guise of something they are not and pretend to be someone

HOW PARENTS CAN PREVENT CHILDHOOD TRAUMA

based on research involving par-

researchers

ticipants without language

showed healthy volun-

teers video clips in

which people with and

without speech disor-

ders described an ac-

cident and a shop-

ping experience. As

watched the video

clips, their eye move-

ments were recorded.

participants

"Our results show

sation partner is more likely to pay

attention to their hand movements

and to look longer at their ges-

tures," says Basil Preisig of the De-

partment of Comparative Language

Science at UZH. In people who have

no limitations in verbal production,

hand gestures are granted less at-

tention. Thus, it seems that listen-

ers shift their attention when the

that when people have

ated. Along with this dual life that they live, they have to take on the burden to constantly prove

else so as to be liked and appreci-

adhere to what is widely expected themselves, to compete, even if it is not something that they want. All of these things can take a traumatic for them and may shape

their personalities as adults.

The CDC states that adverse childhood experi- turing relationships and environments for all children and families can prevent ACEs and help all children reach their full potential," experts tors that put people at risk for or protect them add further. All in all, parents must be supportive of their kids, must encourage communication and most importantly, create a safe space for their children to grow.

Children are vulnerable, they are innocent and unlike may become traumatic for them



esearchers from Netherlands and Japan looked at K whether gestures receive more attention if the verbal communication is impeded by aphasia. The study from University of Zurich found that when words fail, gestures can help to get the message across, especially, for people who have a language disorder. The study showed that listeners attend the gestures of people with aphasia more often and for much longer than previously thought. This has implications for the use of gestures in speech therapy.

mends.

People who suffer from an acquired language disorder due to a brain injury, for example, after a stroke, traumatic brain injury or brain tumour often have difficulties communicating with others. Previous research on aphasia indicates that these patients often try to express their needs using hand gestures. It was previously assumed that conversation partners pay relatively little attention to such non-verbal forms of communication, but this assumption was

GESTURES AS A SPECIFIC TOOL IN THERAPY

USING

he present study not only illustrates the importance of gestures in communication but also reinforces their relevance in speech rehabilitation. Individuals with aphasia should be encouraged in therapy to use all available forms of communication. This includes increased use of gestures. In addition, their family and friends need to learn about hand gestures to very severe speaking diffiimprove communication, culties and produce less inbelieves Preisig formative speech, their conver-

> speaker has a speech impediment and focus more on the speaker's non-verbal information provided through gestures. "For people with aphasia, it may be worth using gestures more in order to be better understood by the other person," says Preisig.

facing. They are not good at sharing, so ask them to open up with love and care.

LIBRA, GEMINI, AQUARIUS



t is difficult to strike a balance with air signs. If you are a parent to them, make sure you are consistent with small acts of love every now and then so that your child feels happy. They appreciate practical and field knowledge over indoor learning. Kids of these zodiacs like beauty, luxury, and comfort. However, they don't go for unnecessary purchases and maintain a balance.

Anything that is brought to them with love will be appreciated. It's important to teach them to be polite and put their energy in the right direction. There are chances of them getting diverted quite easily and switching to their comfort modes which is why it's important to keep them motivated. They do enjoy a short vacay or picnic occasionally.

ARIES. LEO. SAGITTARIUS

his group of zodiacs needs a lot of attention. They give back more than they receive which is why it's important to teach them to give only as required. They need to learn to draw a line between providing someone and providing too much. They are quite stubborn and won't listen to anything they are being taught in anger.



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