



# THE TIMES OF INDIA

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TODAY'S EDITION

Did you know Japan is the best-behaved society? Know more about socially-minded behaviour in 'i-Opener'

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A young NIE reporter speaks about how interactions with classmates and teachers can bring joy in school

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Premier League: Manchester regain top spot as Arsenal sink Chelsea

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STUDENT EDITION

FRIDAY, APRIL 22, 2022



APPLE MAY UNVEIL FIRST FULL-SCREEN IPHONE IN 2024



Each giant Apple is reportedly planning to unveil its first full-screen iPhone in 2024, popular analyst Ming Chi Kuo said on Wednesday. The upcoming iPhone may house an under-display front camera with full screen, he added. In an earlier tweet, he had said that "under-display Face ID coming in 2024 (iPhone 16), and this time schedule is less of a technical issue and more of a marketing purpose". Kuo has also predicted that this year's iPhone 14 will have an upgraded front-facing camera with auto-focus capabilities and a wider aperture.

According to reports, all four models - iPhone 14, iPhone 14 Max, iPhone 14 Pro, and iPhone 14 Pro Max - will have an upgraded front-facing camera sensor with f/1.9 aperture and support for autofocus

The Apple iPhone 14 Pro and 14 Pro Max are also expected to come with an upgraded rear camera configuration and possibly feature a 48MP wide lens as the primary sensor with support for 8K video recording

CLICK HERE: PAGE 1 AND 2

## TREAT FOR SKYGAZERS!



4 planets line up in rare NIGHT SKY SPECTACLE

For all you stargazers out there, get ready for a 'planet parade', as Venus, Mars, Jupiter and Saturn form a row in the sky this week. Experts say the best time to view this celestial event is between 5am and 6am over the coming days, after the planets rise above the horizon, but just before the sun rises. In the southern hemisphere, the planets will be visible at the same time of the month but further east, and at a steeper angle. The best part about this celebration is that these planets can be viewed in naked eye. In a sky full of stars, the planets can be identified by their distinct lack of twinkling.

Joining the four planets in their neat line in the last week of April will be the Moon, appearing further south, just right of Saturn

The last time Saturn, Jupiter, Mars and Venus lined up like this was back in 2020, and before that in 2016 and 2005

### HOW TO SPOT THE PLANETS

The planets will look like bright stars, except they don't

'twinkle'. Stars usually shine steadily. The planets are also different colours - Mercury is white-ish, while Venus is bright white

Mars can be recognised by its distinctive rusty red colour. Jupiter is a light tan colour, and Saturn is a yellow-ish tan colour

SOURCE: ADLER PLANETARIUM

## DOES PLANETARY ALIGNMENT HAVE AN EFFECT ON EARTH?

1 First things first: Though planets may be shown to line up perfectly in a straight line in movies, scientists say planets in our solar system never line up in one straight line

2 According to scientists, the planets do not orbit perfectly in the same plane. Instead, they swing about on different orbits in three dimensional space. For this reason, they will never be

perfectly aligned

3 Even if the planets do align in a perfectly straight line, it would have negligible effects on Earth. They do not cause earthquakes. They do not cause volcanos

4 Importantly, though the planets appear close as viewed from Earth, they are actually still millions of miles apart during an alignment

5 They only appear to move closer, or farther apart, in the sky as our view of them across the solar system changes from month to month

6 Also, planetary alignment depends on our viewpoint - so if three planets are in the same region of sky from Earth's point of view, they are not necessarily in the same region of sky from the sun's point of view.

### WHAT IS IT CALLED WHEN THE PLANETS ALIGN?

According to NASA, the planetary alignment is called Conjunction. In simple terms, it is a phenomenon when two or three planets are easily visible in the same field of view despite being far away from one other



### WHEN IS EARTH DAY 2022?

Proposed by peace activist John McConnell at a 1969 UNESCO conference in San Francisco, Earth Day has been held on April 22 ever since its inception in 1970.

The idea of Earth Day was nurtured in 1969 in USA when Senator Gaylord Nelson saw the horrors of a massive oil spill in Santa Barbara, California. He called all fellow Americans to a nationwide demonstration to join the causes of a better environment, clean resources and nature preservation in 1970

In 1990, Earth Day was globally recognised

THIS DAY THAT YEAR

APRIL 22

WHAT IS THIS YEAR'S THEME? The theme of Earth Day 2022 is 'Invest in Our Planet'

### 5 THINGS YOU CAN DO TO HELP PROTECT THE EARTH

- Reduce, reuse, and recycle. Cut down on what you throw away
- Volunteer. Volunteer for cleanups in your community
- Educate
- Shop wisely
- Plant a tree



On Earth Day 2016, the Paris Agreement, which focuses on climate change, was signed by more than 120 countries, including the UK, United States and China



## Russia tests Nuke: Intercontinental Ballistic Missile

Russia said on Wednesday it had test-launched its Sarmat intercontinental ballistic missile, an addition to its nuclear arsenal, which President Putin said would give Moscow's enemies something to think about...

The Sarmat is a new heavy Intercontinental Ballistic Missile, which Russia is expected to deploy with 10 or more warheads on each missile, according to the US Congressional Research Service

Dubbed Satan 2 by Western analysts, it is among Russia's next-generation missiles that Putin has called "invincible," and which also include the

Kinzhal and Avangard hypersonic missiles.

Weighing more than 200 tons and able to transport multiple warheads, the missile can hit any target on Earth

It has been under development for years and so its test-launch is not a surprise for the West, but it comes at a moment of extreme geopolitical tension due to Russia's war in Ukraine

### MEANWHILE, WIMBLEDON BANS RUSSIAN AND BELARUS PLAYERS

Russia and Belarus tennis players are banned from participating in this year's Wimbledon, the organisers announced on Wednesday. The decision comes after Russia's invasion of Ukraine on February 24. The war is still continuing resulting in a major humanitarian crisis. Belarus has not been directly involved in the war but it is supporting Russia. Russian and Belarusian players have been able to continue to compete in ATP and WTA events under a neutral flag since Russia invaded Ukraine on February 24

## Akshay Kumar steps down as tobacco brand ambassador, vows to be mindful in future choices

Faced with a huge backlash, actor Akshay Kumar on Thursday announced that he is stepping down as the brand ambassador of a tobacco company with whom he had recently signed a contract. The actor in a lengthy social media posting apologised for hurting the sentiments of people. "I am sorry. I would like to apologise to you, all my fans and well-wishers. Your reaction over the past few days has deeply affected me. With all humility, I step back from endorsing for the tobacco product. I have decided to contribute the entire endorsement fee towards a worthy cause," Akshay Kumar wrote on Instagram. Akshay also promised to be extremely mindful in making future choices.



Akshay had become the latest Bollywood celebrity after Shah Rukh Khan and Ajay Devgn to feature in the advertisements for Vimal, which also sells tobacco products. Recent ads showed both Ajay Devgn and Shah Rukh Khan welcoming Akshay Kumar with the 'Vimal salute'

STUDENT EDITION

SATURDAY, APRIL 23, 2022

**HEALTH**  
Lemon balm tea for insomnia, salt soak for tired nerves and adaptogen smoothie for a healthy gut - deal with modern-day maladies by making your own herb garden

**NUTRITION**  
Is breakfast important? yes and No. We tell you why

**#GOALS**  
Famous people on the one advice that they would like to give their younger selves now

**SELF-CARE**  
Know the benefits of the good ol' ubtan and learn recipes of some new ones

**MUSIC**  
Now that the Coachella - inarguably the world's

most social media famous music festival - is over, we look at the charm of this event

PLUS: Artist of the week: Billie Eilish; How music works as a medicine

**BOOKS & MOVIES**  
World Book Day: We explore the origins of the day and tell you why reading is more important than ever

PLUS: Movies based on treasure hunts

**SPORTS**  
We tell you all about the fascinating sport of long jump

**Your Weekender**

JUST IN JEST

The trend of 'overall well-being' is corrupting today's professionals

Is Earning More No Longer Sacred?



Ah, youth! More specifically, ah, today's youth! There was a time when money was the great equaliser. Not everyone had a brick-sized mobile phone like Gordon Gekko. But young professionals, whether in brokerage companies or accounting firms, private banks or private equity did believe in the truth of 'Greed is good'. So, where did it go? Disturbing facts have emerged from a study conducted by recruitment consultant firm Michael Page's India office. While for industry watchers, the headline of Talent Trends 2022 is that 86% of those Indian professionals – across sectors surveyed – plan to quit their current jobs 'in the next six months'; for us, the real shocker is that 61% of respondents said they are willing to accept a lower salary or forego a raise in lieu of 'better work-life balance, overall well-being and happiness'. Is nothing sacred anymore?

'More money' has made people 'pick up the tempo' at work instead of dawdling with fungible fluffy things like 'life'. Now, it seems something diabolical is afoot with professionals thinking up silly things like making enough-money so as to spend on the good things in life. Very soon, today's professionals will reject that other Mosaic law – 'Arbeit macht frei', Work Sets You Free – that top companies have adopted as their motto down the years. That would be the end of the work-world as we know it.

Photo: ISTOCKPHOTO.COM



ONE WORLD, DIFFERENT PERSPECTIVES

Explore diversity in vision and figure out how the same topic may be viewed differently by different folks. This is a mirror to society and life

READ FULL STORIES ON T.OI WEBSITE

GENTLEMEN & LADIESLOG, WE HAVE A SOCIAL BEHAVIOUR PROBLEM

Nuisance is our birthright, and we shall make it clearly our national slogan – whether by tossing garbage, destroying public facilities, or flashing the neighbours



SIDDHARTH D SHANGKVI

Please can you help? an elderly woman in my building pleaded to me. A neighbour – let's call him Mr A – regularly struts sans clothes in his living room. As his wife and household staff were around, his public show enjoyed a kind of domestic sanction.

'I have approached him,' the woman said, distressed by the view from her living room window, 'but he doesn't listen.' I wondered why she didn't file a police case under Section 509 (insulting the modesty of a woman). In the past, I'd asked Mr A to clear vans of debris that he tipped out on the street outside their building. He told me to complain to the BMC.

When our building manager spoke to Mr A, the flasher, about the blaring bells he tolled at dawn and dusk, he threatened, saying that as he was protected by a Hindu outfit and that nothing would come out of our protests. A complaint to the housing society elicited no response. I wondered if it was because Mrs A

was on the committee. 'Nuisance is my birthright, and I shall make it,' if one were to tweak Tilak.

When did Juhu – originally a tight knit community that founded schools, hospitals and colleges as important philanthropic interventions – slide from a society of well-meaning folks to the likes of Mr A? An August 2021 study, 'Social mindfulness and prosociality vary across the globe', published in the Proceedings of the National Academy of Sciences (PNAS), drew on research carried out on 8,354 people over 34 countries.

While Japan topped this survey on socially mindful behaviour – defined as cooperative interpersonal behaviour – India was third from last, a ranking helped by Mr A, and legions like him who toss garbage out of their cars, treating India like their personal dumpster.

As I read this study, my mind drifted to a recent flight from Goa to Mumbai. A new bride sat in the front row, without a

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mask. Half-way through the flight, she began throwing up violently, aiming for her barf bag but missing. Vomit smeared the seat and her new husband's trousers. I felt terrible for her: I felt equally terrible for the rows' third stricken passenger, no friend of the couple, who muffled his face with a kerchief. His stricken expression said: 'Couldn't she use the washroom?'

Behind the vomiting bride, a teenager watched a

popular show on his phone on full volume, sans headphones. The parent adjoining had discovered a violent itch in his groin. Hell, as Sartre pointed out, is other people – and a lot of them were on my aircraft. A stewardess once told me that on a flight from Mumbai to London she had to clean out a loo where shit was everywhere but the toilet bowl.

I'm going to state the glaringly obvious and the extremely unpopular: We have a social behaviour problem in India.

While urging us not to jump to quick value judgments, the PNAS study clarified that social behaviour was never culturally uniform. What might be an irritation in one milieu might be totally kosher in another. The present crisis emerged when my neighbour's right to practise his faith (and his flashing habit) crossed with my right to an undisturbed inhabitation of my own home. I saw no fault in his ringing bells – but the volume, defiantly loud and utterly insensitive, needed adjustment.

Anyone who is sick on a flight deserves sympathy. But the vomiting bride points to another subtle thing: a lack of faith in the idea that life can be ugly, unfair and rude, but one can still pay tribute to personal dignity.

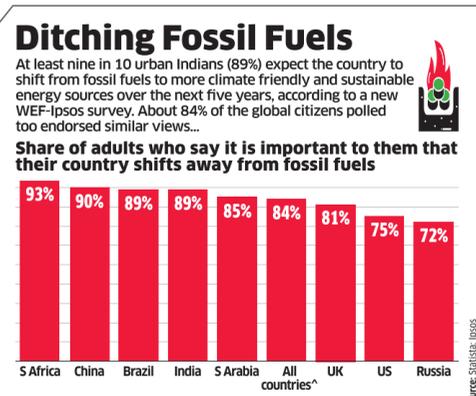
The writer is author of Loss: Essays Source: ET Edit



WIT & WISDOM

"Creativity takes courage"

Henri Matisse Artist



Bell Curves ■ R Prasad

Follow fake news keenly. It drives the market!



Britain's Fish & Chips Crisis

COD OF WAR: UKRAINE CONFLICT BATTERS UK FISH AND CHIPS

Why is there a crisis? It's the war in Ukraine. It's driven up the prices of at least two of the key ingredients.

The fish and the chips? Close enough. The cod fish and the sunflower oil that it and the batter-soaked pieces of potato are fried in. Gas and electricity prices are also creeping up.

Ah. And the shops can't cope... They already raised prices a couple of times – a third round, they fear, will drive



even loyal customers away but there's a chance about 3,000 of the 10,000 fish and chips shops, a British staple, will close.

That "cheap as chips" slogan rings a bit hollow then Exactly. One distraught proprietor of a "chippy" said fish and chips will now become a luxury item instead of a cheap, quick meal beloved of the "working class".

Are these shops that big a deal though? To the locals, for sure. These are not just regular takeouts, it's considered part of British culture. As one owner told 'The New York Times', "There's a bit of theater in a fish-and-chip shop, it's bit like being behind a bar," with customers dropping by for the banter as much as the food.

Ah! Like our neighbourhood chai shops and addas. How are customers dealing with this? Some don't mind shelling out a bit extra to get their usual fix. But that's not true of everyone.

Is it all over for the neighbourhood "chippy" then? It all depends – if the Ukraine crisis is resolved and prices return to normal, perhaps, not. But some of the shops will be an indirect casualty.

Text: Indulekha Aravind | Source: ET Edit

MEME'S THE WORD



LETTERS TO THE EDITOR

It's important to make your voice heard. Send Letters to the Editor at [toinie175@gmail.com](mailto:toinie175@gmail.com)

EMPLOYEE MANAGEMENT HOW NOT TO BURN OUT



A 2016 study by employee assistance company Optum found 46% of 2 lakh private sector employees from more than 30 large employers in India suffering from some form of stress. Post-Covid, this figure is likely to have increased with professional uncertainty, disruption in work-life divide and other new worries for the professional that includes longer work schedules, higher performance demands and pay cuts. 'Management toxicity' is affecting more and more Indians.

DISRUPTION IN WORK-LIFE DIVIDE POST PANDEMIC

India is the world capital for diabetics, and under-30 adults with cardiovascular diseases is on the rise. Today, you don't have to work in a coal mine or chemical factory to face health hazards. In fact, the blue-collar occupational hazards have been largely eliminated after the introduction of stringent health and safety protocols in most plants and factories in the formal sector.

For the white-collar workforce, however, the more 'invisible' stress at work is intangible and, therefore, doesn't get measured. Recent studies, including Chestnut Global Partners India-Society for Human Resource Management's 2016 'Workplace Stress: Im-



Dear students, this opinion piece is a stress-buster for parents and elder working siblings; direct them here...

EMPLOYEE SUSTAINABILITY MUST BE MADE PRIORITY

Ironically, most enterprise boards today have embraced ESG (environmental, social and governance) to have best practices for sustainability while little thought is given to the employee sustainability. Creating workplaces or working models where people can thrive and enjoy physical and mental health should be a priority this year in which we seem to be returning to post-Covid 'normalcy'. We should care about employees, working environments and well-being.

Employees – and their managers – must first comprehend what constitutes health risks in their work environments. This includes psychosocial risks that are perhaps more damaging and longer-lasting than most physical injury risks. Employees must also choose their employers, at least partly, based on stress-related dimensions of work that profoundly influence their well-being. Burn-outs affect individuals as well as companies.

Second, employers will need to determine the costs of toxic management practices in terms of both direct healthcare costs and indirect costs via lost productivity and increased employee turnover. Third, governments will need to acknowledge and take measures on the externalities created when enterprises retrench people who were physically and psychologically damaged at work.

The public costs of privately created workplace stress have already prompted policy attention and action in the Britain and Scandinavian countries. With poor healthcare support in India, it is in the economic interest of the government to reduce unnecessary – and preventable – healthcare costs. Fourth, societies will have to initiate social activism that advocates human sustainability and better work environments as a right. Social activism for human sustainability can prompt policy changes similar to environmental sustainability.

Pfeffer is professor of organisational behaviour, Graduate School of Business, Stanford University, US, and Muneer is chief evangelist, Medici Institute Source: ET Edit