

TEDX YOUTH: INSPIRING GENERATIONS

Modern Public School, Shalimar Bagh in collaboration with TEDx hosted its first TEDxYouth@MpsShalimarBagh on August 5. It was a unique event with an exuberant theme 'The Power of an Idea' where speakers from different domains came up to share tremendous insights and thrilling stories. The stage was set to inspire, motivate and enlighten the students with a new perspective towards their identity. The event gave a platform to the speakers to convey how they



maneuvered through all the storms in their lives, beating the challenges that came their way. They shared their ideas on the topics of technology, entertainment, fashion, education, entrepreneurship, science and society in a bid to create an environment of change. Prominent personalities to grace the occasion as speakers included Vivek Vaswani, an actor, director and producer in Bollywood; Laxmi Narayan Tripathi,

the transgender rights activist, Bollywood actress and Bharatanatyam dancer; Dr Amit Tuteja, a research scientist turned social entrepreneur; Navraj Hans, a sensational Indian singer, actor and a celebrated performer from the Punjabi film industry; Shruti Rai an entrepreneur; Himanshu Bakshi a Chartered Accountant, lawyer and a UN Karamveer Chakra; Tanvi Malhara, the reigning Miss India Multinational 2019; Paavani, an environment and climate activist; Madhav Bhatnagar, class XII student of MPS and Shyam Mohan Gupta an icon and guru of Physics and the founder of Vidya Mandir Classes.

The anecdotal accounts of the speakers were highly motivational and spell binding. The event not only provided the students and audience with a motivational boost but also inspired their next career move. It was a very enriching experience for all those passionate individuals who seek to uncover new ideas as the event offered a lot of intellectual elevation.

Alumni meet turns nostalgic

St Angel's School, Rohini organised its Alumni Meet-2021 at the virtual platform on June 6. At this nostalgic occasion, the alumni till 2020 batch made their way back to their school through a virtual tour to enjoy a glimpse of their youth.



The program was inaugurated by lamp lighting followed by welcome speech by the vice principal Neelum

Singh. The founder principal, Seema Bhardwaj and Ashutosh Bhardwaj, chairman of St Angel's greeted the

alumni and blessed them with great success in all their future endeavours. The E-Magazine 'Ambience' was also launched at this platform by Archit Bhardwaj, director of St Angel's. The alumni showed their gratitude towards school management and its teachers for shaping them to have a clear conscience, the courage to speak the truth, and the importance of being authentic.

Air Force Golden Jubilee Institute hosts mega IT event

The Futurz Club of Air Force Golden Jubilee Institute, Subroto Park hosted the 10th Annual Interschool IT Event - Z3NITH 2K21. The theme for this year was 'Spectrum' which complemented diversification of technology for the rising student entrepreneurs, content creators, gamers, and programmers with six electrifying events.



Around 581 students from more than 50 schools participated enthusiastically for the preliminary and final rounds held from July 27 to 29. The closing ceremony was held on July 30, where the results of all the events were declared. The prestigious Z3nith cup was won by DPS, RK Puram.

VVDAV publishes first Maths e-magazine

Mathematics department of VVDAV P u b l i c School, Vikaspuri published the first edition of Maths e-magazine, 'Mathopedia' which has been designed and conceptualised in-house by young VV-DAVians.

The magazine was formally released online by the principal, Shalini Arora on July 22. Speaking on the occasion, principal congratulated Sonia Malik (HOD Mathematics) and complimented the efforts of the maths department and students in bringing out the

magazine. She opined that this endeavour would help students to overcome their fear of numbers. Various projects, activities, celebrations and competitions organised by the Maths department during the academic session 2020-21 have also been showcased.

St Angel's bids farewell to class XII

The morning of August 8 echoed with blessings for the outgoing batch of class XII as St Angel's, sector 45, Gurugram, family came together to bid farewell to the beloved students of class XII on the virtual platform.



The day began with the auspicious lamp lighting and 'Saraswasti Vandana' followed by the motivational words of wisdom by the director principal Seema Bhard-

waj. The title of Mr and Ms St Angel's was earned by Nikhil Yadav and Tooba Fakhri. The head of school Sonia Mcpherson addressed the students wishing them luck for a bright future ahead. The

director of St Angel's Global School, Sector 70A Gurugram, Hazel Bhardwaj graced the occasion and wished the students for a new and wonderful journey ahead in their lives.

Celebration of Social Studies Week

N GFS Alaknanda celebrated social studies week from July 26 to July 30 which provided an opportunity to the young learners to explore, learn and gather knowledge about different aspects.



The activities like 'Me on the map', 'Community helpers', 'Food 'o' state', 'Designing travel brochures', 'Life in rural areas vs. Life in urban' areas facilitated experiential learning. Children beautifully presented the traditions and customs of the

state they belong to. Social Studies teachers shared interesting facts about our country, India which not only improved their understanding but made them feel proud of their country as well.

Student Corner



PRATISHTHA KAUSHIK, class XII C, DAV Public School Sec 14 Faridabad



AKSHITA BALI, class XI JA, DAV Public School Sec 14 Faridabad



PRABHJOT KAUR, class XI JB, DAV Public School Sec 14 Faridabad

MY MOTHER

I want to make my mom happy. But I am so scrappy. That makes her so snappy. which makes me

so unhappy. I wish my mother a jolly day. in every possible way, so that someday in a

nice way, she might say that she had a wonderful day!

She is a woman with valiance and causes balance.

She is my mother with a warrior and nurse together.

Aaryaveer Singh class VIII DPS R K Puram, New Delhi

DAV holds Investiture Ceremony 2021

DAV Pushpanjali Enclave organised Investiture Ceremony of both the school council and the Eco Club of the school on July 17. Aditya Bhatia (XI A) was chosen as the head prefect boy and Himashi Raina (XI G) was chosen as the head prefect girl. Arnav Hasija (XI E) and Avni Khanulia (XI C) were elected as the deputy head prefect boy

and girl. The oath was taken by the head deputy boy and girl on behalf of the council. The event also saw the felicitation of the class representatives from classes VI to XI.

Following this the Eco Club council of the school was instated for the year 2021. Jatin Mathur (XII-E) and Kanika Kothari (XII-C) were elected as the president of the Eco Club.



Divanshi Seth (XI-B) and Rudraansh (XI-C) were selected as the vice president for the year 2021. The principal of

the school, Rashmi Raj Biswal administered the oath to the members and motivated the elected leaders.

THE EDUCATIONIST

ENTHUSIASM IS INFECTIOUS

Enthusiasm is important; however, infectious, transferable enthusiasm is the key to achieve the so-called unattainable goals. If you start a project, build on it to make it better



Seema Sapru, Principal

than anything else you've ever known or seen or used. Sustained toil would bring the work to completion and perseverance would motivate you to start another initiative. The cycle of success and happiness will thus continue.

Most of us have discovered something not known to us about ourselves during the pandemic. There being no geographical limitations to participation in inter-school activities, the exposure has been immense. Many of us have authored books, started clubs, joined out reach programmes and some are on the journey to self-realisation. Keep it going dear children. Your goals



and interests will change over time but continue to strive more, learn more and touch more lives.

Seema Sapru, Principal, The Heritage School, Kolkata

Express YOURSELF

SELF IDENTITY: THE THOUGHTS ON OUR EXISTENCE

Self Identity is defined as 'the perception or recognition of one's characteristics as a particular individual, especially in relation to social context'. Quite simply, self identity is the feeling of 'self'. A name is the foundation of a person's self identity. For example, my name is Maneeza Khan, and that lays the foundation of myself identity. However, there are hundreds, if not thousands of other 'Maneeza Khans' in this world. What makes me unique, or my self identity distinguishable? This raises another imperative question. What makes up your self-identity, especially in the 21st century?

Our self identity not only defines who we are, but also influences the behaviours we adopt, which interconnects and establishes common grounds among people with similar self identities.

There are, of course, some aspects of our self-identity that we cannot change, like familial, associative and biological characteristics. But I wonder, how would I choose to define myself by? That I belong to a certain culture, background, religion etc, that I belong to a particular gender, have this height or weight and so on? Is myself identity



only shaped by my passport, birth certificate, or Aadhar Card?

What really makes up our self identity and makes us, us? It's our personal experiences, self expressions, personal characteristics, our inner secrets, our hidden pet peeves etc that makes us a real person.

This brings us to another question, are these all the factors that define what self identity is? And for this question, I can give you no concrete answer. I belong to a minority community and have seen it be constantly influenced by society's and media's perceptions. I highly believe that my culture, religion and community are a major influence on my self-identity. However, the question I always struggled with is how can I

actually come to a conclusion on what my self-identity is, when the society shapes it for me? Even in the 21st century, we see society classify genders as binary, dismissing the existence and identities of millions of people in the LGBTQ+ community.

So you might ask, how can we bridge these disparities of self-identity in the community? The answer is, discuss. Have these discussions on self-identities in your communities, among your families, peers, colleagues etc. When you discuss, you challenge society's traditional perceptions, not only on self-identity but on everything. Our self-identities are constantly evolving, just as humanity is, and we should not let this momentum of change be disparaged by societal boundaries.

This is because at the end of the day, we all deserve to feel connected to our self-identities, to feel worthy of our existence and to be self-confident.

Maneeza Khan, class XI, The Heritage School, Kolkata



A GUIDE TO THE TOKYO 2020 PARALYMPICS

The mega sporting event is set to open on August 24, after a year-long pandemic delay and under strict virus rules, including a ban on almost all spectators

Here are some questions and answers about the Games and how the event will unfold in Tokyo: The first Paralympic Games took place in 1960 in Rome, featuring just 400 athletes from 23 countries. The name Paralympics is intended to indicate an event happening in parallel, alongside the Olympics. It grew from the Stoke Mandeville Games, a tournament organised in Britain in 1948 for 16 male and female wheelchair athletes, some of them World War II veterans. It was the idea of Sir Ludwig Guttmann, who oversaw the spinal injuries unit at a hospital in Stoke Mandeville that treated veterans. A total of 22 sports will be contested at the Games, including new additions badminton and taekwondo. Most sports are common to the Olympics and Paralympics, including athletics and swimming. Some that feature in both Games involve modifications in their Paralympic form, like wheelchair rugby. Two sports, boccia and goalball, are unique to the Paralympics.

Strict Covid 19 protocols

Paralympians compete in different categories within a given sport based on their particular impairment. The Paralympic movement covers 10 impairment types that fall broadly into three categories: physical impairments, vision impairment and intellectual impairment. Some sports are open to athletes in all categories, while others are reserved for specific impairments. Within each category, athletes are assessed to see whether they meet a minimum impairment level, to ensure a fair playing field, although there have been controversies over some placements in recent years. In some sports like athletics, they are placed in a certain sports class, again pitting them against athletes with similar impairments to ensure equity. Athletes may be reclassified over their lifetime as their situation changes. Like at the Olympics, most events will take

place behind closed doors to minimise infection risks. An exception is being made for a programme to bring schoolchildren to events, but some areas have already said they won't take part because of the record high infections being reported in Japan. Paralympians will face strict measures during their stay, and are allowed to move only between their accommodation, training sites and Games venues. They will be tested daily, with confirmed positive cases put into isolation and unable to compete.

Tokyo, which is the first city to host the Paralympics twice, will welcome 4,400 athletes from around 160 countries and territories. Just a week before the Games, Afghanistan's team, made up of two Para athletes, announced they would not be able to take part because of the turmoil in the country. The Games will feature a refugee team composed of six Para athletes, including Alia Issa, the first woman refugee Para athlete.

China table-toppers

China has dominated the gold medal table since Athens 2004, with Britain often in second place and the United States and Ukraine battling it out for third. Assistants are used by some Paralympians with vision impairments. For example, "guide runners" can be attached to an athlete by a strap on their arms or hands, but the athlete must finish ahead of the guide. Some visually impaired cyclists pair up with a guide in a tandem and is known as a pilot. For visually impaired swimmers there are "tappers" - assistants who tap the athlete's head or body as they approach turns or the finish to keep them safe. In some sports, like track, there are multiple sport classes with different types of impairment competing in a single event. The Rio Games featured 16 men's and 14 women's 100 metres gold medals across a range of classes. AFP



Indian contingent at the airport in New Delhi, ahead of their departure for Tokyo 2020 Paralympics

INDIANS LOOK TO MAKE A MARK IN TT, POWERLIFTING AND TAEKWONDO

Gujarat duo of Bhavina Patel and Sonalben Patel will lead India's charge in table tennis at the Tokyo Paralympic Games beginning August 25



Bhavina will participate in wheelchair class 4 category, Sonalben will compete in wheelchair class 3 category in women's singles. They will also pair up for the women's doubles event. Bhavina and Sonalben will be in action on the opening day as they start their qualification rounds, which are scheduled to be held on August 25, 26 and 27. The semi-final and the final are slated for August 28 and 29. Bhavina is currently world no 8 while Sonalben is ranked 19th. The duo, both medalists at the Asian Games, has been training under Coach

Lalan Doshi at the Blind People's Association in Ahmedabad.

In para taekwondo, India will be solely represented by 21-year-old Aruna Tanwar: The Haryana-based athlete, who will participate in the women's under 49kg K44 category, will be in action on September 2 from the round-of-16 rounds. Aruna, currently ranked 30th in the K44 category, is a silver medalist at the Asian Para Taekwondo Championship in Vietnam in 2018 as well as a bronze medalist at the World Para Taekwondo Championship in Turkey in 2019.

In para powerlifting, India is sending Haryana-based Jai Deep and Sakina Khatun. Sakina, born in West Bengal, will

participate in the women's up to 50kg category. She is the only Indian woman paralympian to ever win a Commonwealth Games medal, claiming a bronze in 2014 in Glasgow. She is also a 2018 Para Asian Games silver medalist. Struck by polio as a kid, she started powerlifting training in 2010 with financial support from Dilip Majumdar and her current coach, Farman Basha.

Jai Deep, participating at the men's up to 65kg category, is an assistant coach in Sports Authority of India. The duo will be in action in Tokyo on August 27. All these athletes are part of TOPS and have received government assistance. m



Sonal Patel (left) and Bhavina Patel (right), who will be in action in the qualification round on the opening day

DUFFY HELPS BRIGHTON BEAT WATFORD 2-0

Brighton and Hove Albion moved joint top of the Premier League as first-half goals by Shane Duffy and Neal Maupay earned them a comfortable 2-0 home win against Watford on Saturday. Defender Duffy struck with a bullet header from a corner after 10 minutes to give the hosts the perfect start. Watford then gifted Brighton their second a few minutes before the interval when they lost the ball trying to play out from the back and Maupay curled home. The visitors did improve after the break and had a goal by Emmanuel Dennis ruled out for offside, but Brighton were comfortably the better side as they moved to six points. It is the first time Brighton have started a top-flight season with back-to-back wins, and the only blemish was an injury to Maupay who did not come back out for the second half after appearing to hurt his shoulder. REUTERS



QUIZ TIME!

Q1: What is the strength of the Indian contingent being sent to the upcoming Tokyo Paralympics?
a. 61 b. 54 c. 34 d. 55

Q2: Who was named the ICC Player of the Month for July?
a. Shakib Al Hasan
b. Kane Williamson
c. K L Rahul
d. Glenn Maxwell

Q3: Which male tennis player won the National Bank Open?
a. Grigor Dimitrov b. Alexander Zverev
c. Stefanos Tsitsipas d. Daniil Medvedev

Q4: Which of the following teams was the only one not to win every group match at Euro 2020?
a. Italy b. Belgium
c. France d. The Netherlands

Q5: What is the World Record of Weightlifting?
a. 224 Kg b. 206 Kg c. 237 Kg d. 436 Kg

Q6: Which were the first two teams from the same European football league to contest a European or Champions League final?
a. Real Madrid and Valencia
b. Bayern Munich vs Manchester City
c. Liverpool vs Atlético Madrid
d. Chelsea vs PSG

Q7: Which state is the famous Indian boxer Mary Kom from?
a. Manipur b. Mizoram c. Nagaland d. Tripura



Photo: TOI

Q8: Which Country won the first FIFA World Cup?
a. Argentina b. Uruguay
c. Italy d. Brazil

Q9: Who among the following has the highest number of gold medals in Olympic history?
a. Larisa Latynina
b. Mark Spitz
c. Michael Phelps
d. Saina Nehwal

Q10: How many times has India won the men's hockey World Cup in the Olympics?
a. 3 times b. 2 times c. 1 time d. 4 times

Q11: In which year did Cristiano Ronaldo join Juventus Football Club?
a. 2017 b. 2018 c. 2016 d. 1999

Q12: Kyle Jamieson is on track to overtake the record of which New Zealand bowler, who took his 50th wicket in his 12th test?
a. Daniel Vettori
b. Sir Richard Hadlee
c. Shane Bond
d. Trent Boult

ANSWERS: 1. b. 54 2. a. Shakib Al Hasan
3. d. Daniil Medvedev 4. c. France
5. c. 237 Kg 6. a. Real Madrid and Valencia
7. a. Manipur 8. b. Uruguay
9. c. Michael Phelps 10. c. 1 11. b. 2018
12. c. Shane Bond