



# THE TIMES OF INDIA

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TODAY'S EDITION

> 'I am a human's bff, but I am not a dog. I speak metaphorically and I have stories to tell. Who am I?' Read to solve this riddle

PAGE 2



> Participate in your favourite activity corner. From anagrams to riddles and maths quiz, you have it all

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> Did you know Deepika was 11 when she had her first rendezvous with archery? Know more about her medal hopes at Olympics

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STUDENT EDITION  
FRIDAY, JULY 16, 2021

TWITTER TO LET USERS CHANGE WHO CAN REPLY TO TWEETS AFTER POSTING



In a bid to give more power to its users, Twitter has rolled out a new feature where you can decide who can reply to your tweet after you post it, a move that will help curb harassers and abusers on the platform. Called 'Change who can reply', the feature is available in the three dots menu next to your tweet. "Your Tweets = Your Space. Now, you can change who can reply to you even after you Tweet," the company said.

Currently, the users can limit who replied to your tweets, but they have to set that preference while writing the tweet

- 1 With the new feature, the users can change who can reply at a later time
- 2 To change who can reply, click or tap the three-dot menu on a tweet and look for the option in the menu
- 3 The new feature will soon be available on iOS, Android and the web globally

CLICK HERE: PAGE 1 AND 2

TOKYO OLYMPICS

THE COUNTDOWN BEGINS

## Cheer for India the 'Hindustani Way'



The Union minister for youth affairs and sports Anurag Thakur has launched Team India's official cheer song 'Hindustani Way', ahead of the upcoming Tokyo Olympics, beginning July 23. The song, titled, 'Hindustani Way', has been sung by pop singer Ananya Birla and composed by veteran music composer, AR Rahman. In typical Rahman fashion, it's heavy on rousing beats.

The video for 'Hindustani Way' begins with an Indian family watching Leander Paes in action at the 1996 Atlanta Olympics, where Paes won a bronze to end India's 16-year drought without an Olympic medal. The video then goes on to follow the same family, as it maps some of India's Olympic medal winners since then— Rajyavardhan Rathore(2004), Abhinav Bindra (2008), PV Sindhu (2016) – interspersed with shots of Rahman dancing and Ananya singing

## GHOST GEAR

WHAT WHY

Recently, expressing concern over the depleting number of marine mammals, PETA said, over 6,50,000 'non-target' marine mammals (or bycatches) are injured and/or killed every year due to the fishing industry. Similarly, according to the World Wildlife Fund(WWF), ghost gear is the most-deadly form of marine plastic debris. According to experts, ghost gear is any discarded, lost or abandoned fishing nets, traps and pots in the marine environment.

Is it dangerous: According to the National Oceanic and Atmospheric Administration (NOAA), ghost fishing gear wreaks havoc on marine animals and their environment. The most obvious concern is entanglement. Fish, seals, sea lions, turtles, dolphins, whales, seabirds, crustaceans— are vulnerable to entanglement. If an animal doesn't die from injuries sustained during the entanglement, it will suffocate or starve, trapped. Similarly, a single net has the potential to destroy an entire coral reef, killing some of the animals that live there, wiping out the habitat of many others, and damaging an already sensitive ecosystem for years to come. Ghost fishing gear can also transport invasive species to new areas. And it can be ingested by marine animals, which can lead to injury and death. It can act as a hazard to navigation as well.



X-PLAINED

HOW can we stop it: To stop the destruction done by ghost gear, an initiative called the Global Ghost Gear Initiative(GGGI) has been launched. Started in 2015, it brings together more than 100 stakeholder groups, including 17 national governments as well as representatives from the civil society, the private sector and others from across the fishing industry. In India, in 2018, the Kerala government launched the 'Suchitwa Sagaram' scheme to collect ghost gear, which is fed into a plastic shredding machine.

**DID YOU KNOW?** Ghost nets make up 46% of the Great Pacific Garbage Patch (now about thrice the size of France) and up to 10% of all the marine litter. Interestingly, it takes about 400-600 years for ghost fishing nets to naturally decompose

### BEST OUT OF GHOST GEAR

If reports are to go by, a new market for 'green plastics' is reportedly emerging— from shoes partially made from ocean plastics to swimsuits made from ghost nets, and products such as skateboards, sunglasses, athleisure wear, among others, are being produced from old fishing gear and are getting popular among the scuba divers

### ISRO SUCCESSFULLY TEST FIRES LIQUID FUEL ENGINE FOR GAGANYAAN



The Indian Space Research Organisation (ISRO) on Wednesday successfully conducted the third long-duration hot test of the liquid propellant Vikas engine for the Gaganyaan programme, the country's first manned mission to space...

- The objective of the Gaganyaan programme is to demonstrate the capability to send humans to low Earth orbit onboard an Indian launch vehicle and bring them back to the Earth.
- The Union minister of state (Independent charge) of space, Jitendra Singh, said in February this year that the first unmanned mission is planned in December 2021 and the second unmanned one in 2022-23, followed by

- the human spaceflight demonstration
- Four Indian astronaut-candidates have already undergone generic space flight training in Russia as part of the Gaganyaan programme
- ISRO's heavy-lift launcher GSLV Mk III has been identified for the mission
- The formal announcement of the Gaganyaan programme was made by PM Narendra Modi during his Independence Day address on August 15, 2018

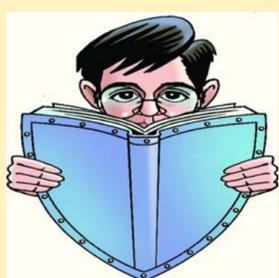
You ask,

We answer

Are you facing issues related to your academics, mental health, etc? Do you want to share your problems, but shy to reveal them with your near ones? Never mind, our expert, CBSE helpline counsellor, JAYDEB KAR will answer queries from students, parents, and educators. Your identity will be strictly protected...

Q My elder brother never shares his mobile phone with me to play. I feel bored all the time. How should I convince my brother to give me the phone to play? What else can I do to entertain myself?

■ This is a common problem but it is not a big issue to be concerned with. Firstly, remember that you should not be spending too much time with electronic gadgets. Cellphones and other gadgets are there to make life easier for us, but that does not mean we are dependent/addicted. Try to add digital detox hours to your day, wherein you can indulge in creative activities, pursue hobbies, indulge in physical activities and spend time having conversations with your family members. Make it a point to set an example to your sibling and show him all the things he is missing out on by being glued on to gadgets all the time. Of course, one can't completely stay away from the gadgets, therefore, rope in your brother for an online quiz or puzzle that will make him share the phone with you. Make your gadget time fun and experiential, rather than just entertainment.



Q I face a lot of difficulty in learning fast. How can I become a fast learner?

■ When it comes to learning, we get anxious, especially when we procrastinate. A lot of time is wasted in finishing a pending task. So build a routine and finish all work on time. Here are some easy steps. Decide the time that works the best for you (morning/afternoon/evening). Revise when you are most alert and focused. Revisit your study plan, and include more writing practice. Lastly, don't study under pressure, you should relax, meditate and perform yoga to increase your understanding power.

(MAIL US YOUR QUERIES AT TOINIE175@GMAIL.COM)



## EMMY NOMINEES ANNOUNCED: 'THE CROWN' AND 'THE MANDALORIAN' LEAD RACE

The nominations for the 73rd Emmy Awards were announced on Tuesday by the Emmy-winning father-daughter duo Ron Cephas Jones and Jasmine Cephas Jones. 'The Crown' and 'The Mandalorian' lead with 24 nominations each, while WandaVision has 23. Ted Lasso, The Handmaid's Tale and Lovecraft Country are among other big nominees. The ceremony will be hosted by Cedric, the Entertainer for a limited live audience of nominees and guests this year, after last year's show went almost virtual owing to the Covid-19 pandemic.

■ According to ew.com, Television Academy's Board of Governors recently announced a small but notable rule change this year for the Emmys to be more inclusive of gender-non-conforming individuals: A nominee or winner of any acting category can request they be recognised with the more gender-neutral title 'Performer' on their nomination certificate and Emmy statuette, although the categories themselves relating to the actor and actress won't change.



Entertainment

### CORONA UPDATE

Here's why you should encourage people to get vaccinated

A cohort study on the impact of vaccination among Covid-19 patients by Star Health and Allied Insurance has unveiled the significant impacts of vaccination among individuals 45 years and above. The study concluded that there was a marked reduction in the total hospitalisation expenses by approximately 24 per cent, the average length of stay (ALOS) by a mean of 2.1 days, ICU requirement by 66 per cent and a reduction of approximately 81 per cent in mortality among patients, who had completed two doses of vaccination.



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STUDENT EDITION  
SATURDAY, JULY 17, 2021

RETHINK  
What are positive affirmations? And why you should try this practice?

HEALTH  
All you need to know about infusing water for greater health benefits

EXPLORIA  
Celebrate World Emoji Day (July 17) with us as we tell you more about "world's fastest growing language"

FILMS, BOOKS  
Know the origins of time travel as a genre in movies and books. PLUS: Sports flicks you need to see now

SIMPLY SPORTS  
Catch all the action of last week with frame-worthy moments from Wimbledon, UEFA Euro and Copa América

Your Weekender

**NATIONAL DOCTORS DAY**

# Expressing gratitude and their respect for doctors

This world has become a better and healthier place to live in with doctors bringing the joy of health and goodness to our lives. A doctor is bestowed to see and treat weakness in mankind.



**NATIONAL PUBLIC SCHOOL ITPL**

Every year July 1 is celebrated as Doctor's Day, to mark the birth and death anniversary of the most famous physician of India, Dr Bidhan Chandra Roy (Dr B C Roy). It is a great observance in India which helps in fulfilling the ac-

tual need of doctors and physicians in the lives of everyone as well as their significant roles and responsibilities. This special day helps the common public to be aware of the roles, importance, and the precious care doctors give.

To perceive the commitments of doctors, a special assembly was conducted by students of class V, with unsurpassed joy and vigour. They expressed gratitude and respect for doctors for making our lives healthy and comfortable.



"A Smile can heal the deepest of wounds."

**RYAN INTERNATIONAL SCHOOL, KUNDALAHALLI**

On the occasion of National Doctor's Day on July 10, 2021, the students experienced an enjoyable interactive session with dentist Dr Riddhi Rathi. She is the managing director at Orthosquare and managing director and CEO at Flexalign.

After the invocation of the Lord's blessings and a rapturous welcome, principal of Ryan Global School Sweta Chakraborty introduced the doctor, and applauded her notable contribution in the field of dentistry and dedication towards her patients.

The guest enlightened the audience with some valuable points about latest technology in dentistry, precautionary measures to be taken to maintain dental hygiene and health. The students put forward a few questions and sought suggestions from the doctor.

The most effective and enjoyable session culminated with a thanks-giving speech. The students conveyed their heartfelt thanks and gratitude to the doctor for her valuable presence, spending quality time with them. "Teeth are the windows to the soul."

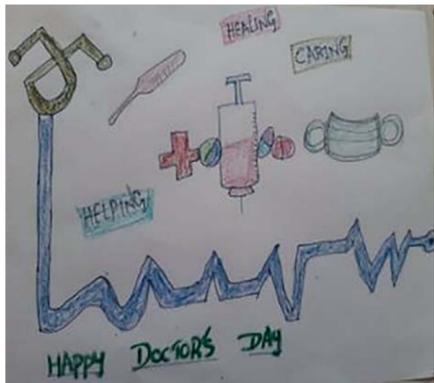


Assemblies are always an interactive medium that facilitate learning. On July 1, 2021, students of class I conducted the assembly on the theme Doctors' Day. The enthusiastic bunch of children appreciated the selfless service of the doctors, especially during the current Covid pandemic, with various activities. They presented eloquent speeches and beautiful posters. The event was a worthy endeavor, saluting the doctors working in the forefront amid the present challenging conditions.

**NATIONAL PUBLIC SCHOOL, WHITEFIELD**

**Painters' Gallery**

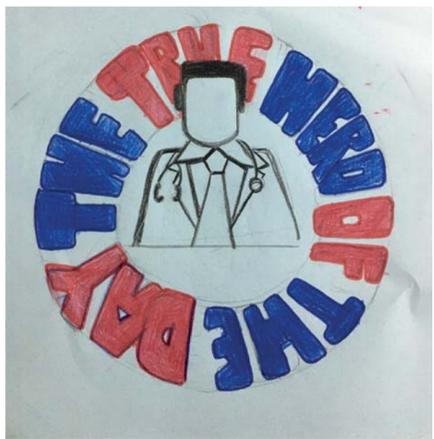
**SALUTE TO DOCTORS, NURSES**



Jahnu class I, Achievers Academy



Rudransh, class III, GJR International School



Vaibhav, class VI, GJR International School



Khanishk, class II, GJR International School



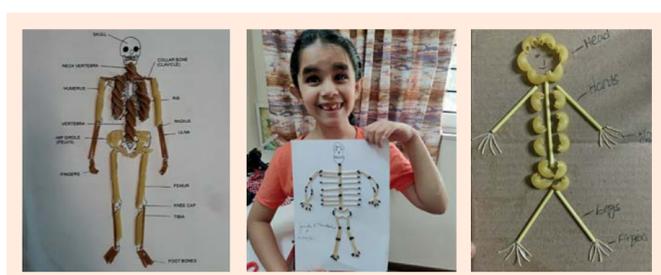
Shreya Prajapati, class I, Achievers Academy

**THE LITTLE DOG**



There was a little dog, Who was lost in the fog. He couldn't find his home, Instead found a gnome. They both were having fun, By eating a big fat bun. They dug and found some gold, Which seemed like it was

old. Neither of them knew how to wear it, So they decided to share it. Both were happy in the end, As they had gold to spend. Sreenidhi Veeramachaneni, class IV, Bethany High School - Koramangala



## Understanding the human skeleton

The human skeleton is literally the backbone and frame of our body. We need it to keep our body upright; without which we would be a puddle on the ground.



**VISHWA VIDYAPEETH SCHOOL**

The class III students actively participated in the activity of making human skeleton models using different materials at home.



You may have heard the saying 'Books are man's best friends' and yes that's true because books have many things to offer to people like advice, knowledge, life lessons, values, and of course companionship.

Let me, as a book, tell you how I make a difference to many generations of readers.

So here I am, first in a little boy's hand. I was given to him by his mother to keep him occupied. He has been turning my pages over and over again. He can't understand what is written, but enjoys looking at the colourful pictures. He also plays around with me often, but now has thrown me like a ball on to the floor. Ouch that hurts.

## IF I WERE A BOOK - MAN'S BEST FRIEND

Next, I am in the hands of a teenager who does not handle me that well. What can I say? He throws me around. Sometimes I am in his dirty bag and sometimes in his jacket pockets. That's not very comfortable. But at least his sister likes me, and often picks me up and goes through my pages diligently.

Then there is this working woman who browses through when she wants to relax. Sometimes she is under too much pressure, and her stress reflects on my pages. She holds me so firm that I feel as if she is going to gobble all the information at once!

When I come into the possession of the elderly man in the house, I keep him good company. He handles me extremely well. I have developed a special bond with him, probably because he doesn't have many people to talk to or many things to do.

So, you see... I may not be a living creature but every person needs me at some point in their life for a reason, be it just for staying occupied, for relaxation or for company.

Anurupa Sengupta, class VII, SFS PUBLIC SCHOOL



## CARE AND CONCERN NURTURED FRIENDSHIP

It started out as a regular day of school. Same lectures, same students, same teachers... Basically, kind of uneventful. But, during the 5th period, something happened... Nothing very serious but I can't forget that day.

It was three years ago, when I was in class V, we were all playing games during P.E. class, just like always. I was with my group of friends, Ishna, Aayushi, and Manushi, and were playing kho kho. It was my turn to be chased, and Manushi was chasing me. We were all having fun, but all of a sudden, I felt a push and fell forwards, bruising my knees badly. The nurse was mad at me for being irresponsible.



You probably must be wondering who pushed me. It was Manushi. But it's not like you think, it was a mistake and she apologized to me a million times. But it was a good thing that I fell, in some ways. The fall strengthened our bond. They all took care of me and checked on me all the time, even during tests and stuff. We all got closer than we ever were before.

It's been three years and we are still the best of friends. If I hadn't fallen, this friendship probably wouldn't have been this strong. Even after growing, changing so many things, and moving to a new city, we are still the best of friends, and I like to think that it's because of my bruise.

Anuhya Shah, class VIII, Udgam School, Ahmedabad

**CLASSROOM ANTICS**