



THE TIMES OF INDIA

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TODAY'S EDITION

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STUDENT EDITION

THURSDAY, MAY 27, 2021



WEB EDITION

CLICK HERE: PAGE 1 AND 2

TIMES NIE Answers Your Query

Yashika Sharma,
class XII, G D Goenka Public School, Lucknow



ASK THE EXPERT

A SHOT OF HOPE

To ask queries regarding Covid-19 and vaccination from our experts,

CLICK HERE

OR VISIT

https://bit.ly/331Rx0n

Q Is it safe to be in the balcony alone without a mask if neighbours are Covid cases?

There is nothing unsafe about standing in the balcony, as long as there is adequate distance between the households. From the very beginning of the pandemic, the WHO has said that only in close contact (less than 6 feet) can there be transmission of the virus through cough/sneeze droplets, and that's why one needs to wear a mask and sanitise when in a crowded space.

Rizak Singh,
class VIII, The Millennium School, Lucknow



Q Frequent use of sanitisers is creating skin problems. How can we avoid such issues?

If one is sensitive to sanitisers, then limit the usage to outdoor visits and crowded areas. Washing hands with a regular soap with essential oils/moisturiser for 20 seconds is the best solution. For dryness, try moisturising your hands with oil or lotion.

EXPERT ADVICE GIVEN BY

Dr Tauseef Ahmed, General Physician, Nishat Hospital, Lucknow



NEWS IN CLUES

WHICH FAMOUS WORLD LEADER AUTHORED THE BOOKS 'FREEDOM FROM FEAR' AND 'LET'S VISIT NEPAL'?

CLUE 1: Her life is portrayed in Luc Besson's 2011 film *The Lady*; Michelle Yeoh played her character

CLUE 2: She studied in the Convent of Jesus and Mary School, New Delhi, and graduated from Lady Shri Ram College, Delhi University

CLUE 3: She was awarded the 1991 Nobel Peace Prize.

Answer: Aung San Suu Kyi. On Monday, Myanmar's former leader appeared in court in person for the first time since her government was overthrown by the military in February. The hearing in Naypyidaw was immediately adjourned. The former leader faces several charges, including violating a state secrets law. She has been held under house arrest for the 16 weeks since she was deposed.

Atlantification

WHAT Scientists have warned that the Arctic Ocean could soon succumb to a new threat - Atlantification. According to scientists, warm water from the Atlantic Ocean is travelling higher latitudes that is causing the edge of sea ice to melt. The findings were revealed by the European Space Agency (ESA), which used satellite data to calculate changes in the volume of Arctic sea ice between 2002 and 2019.

HOW Previous research suggested that sea ice partially recovers in the winter, following summer melting, but the heated water is overpowering this stabilising effect, and leaving ice more vulnerable during warmer summers and winter storms.

WHY The data shows that the volume of sea ice in the 2020 to 2021 winter season was at its lowest since these sea-ice data products began in 2010, and ESA says climate change is to blame.



■ Sea ice is vital for the Arctic, it not only keeps the polar regions cooler, but also the world by moderating the global climate

THE IMPACT

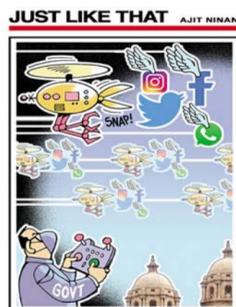
■ As these floating sheets of ice melt, the water flows into surrounding oceans and raises sea levels - an event scientists worldwide have been studying

■ Atlantification can also cause fish native to warm waters move into the Arctic, which would result in many succumbing to the cold temperatures, and lack of natural food sources

DAILY MAIL

WhatsApp, Twitter could lose intermediary status

Facebook, WhatsApp and Twitter could lose their status as an internet intermediary "within two days" if they do not comply with the central government's new rules notified under the IT Act in February, according to a report in Economic Times. The new rules came into effect on May 26. The threat: The loss of intermediary status would mean every user post on these platforms would be considered as being published by the companies, making them criminally liable for any content deemed illegal. As a publisher, platforms will have to proactively censor content before they appear online - like the China's internet. But platforms are continuing to negotiate and are seeking six months time to comply with the new rules.



'Drona-chargers'

THE RULES:

■ The Information Technology (Intermediary Guidelines and Digital Media Ethics Code) Rules, 2021 was notified by the central government under IT Act, 2000, thus avoiding parliamentary scrutiny. Among other things, it calls for a grievance redressal mechanism for platforms to respond to complaints from users. The three-tier system is topped by an inter-

departmental committee set up by the government. It also mandates that platforms identify the "first originator" of "unlawful" content
■ The trouble: The Internet rights groups say the rules give the government excessive powers over digital news, streaming platforms and social media and could have far-reaching consequences on online privacy, freedom of speech and expression

WhatsApp has filed a case in the Delhi high court against the government, seeking to block the new IT rules

\$29.3 MILLION

Price of a rare pink 15.81 carat-diamond that was sold in Hong Kong recently, setting a world-record auction

price for a gem of the kind. The purple-pink diamond, named 'The Sakura', which translates to the Japanese word for cherry blossom was put under the hammer by the auction house Christie's. The rare-coloured gem is set on a platinum ring, and has been classed as 'fancy vivid' because of its intensity of colour and being 'internally flawless,' which means that any internal blemish on the stone can only be identified under a very powerful microscope. Alongside 'the Sakura', another vivid heart-shaped pink diamond ring was also auctioned, titled 'The Sweet Heart' at 4.2 carat for \$6.6 million.



FACTOID

IMF moots \$50 bn plan to end global Covid crisis

The International Monetary Fund (IMF) has mooted a proposal with a total cost of around \$50 billion to vaccinate at least 40 per cent of the population in all the countries by the end of 2021, and at least 60 per cent by the first half of 2022. "The world does not have to live through the pain of another record surge of Covid-19 cases. With strong global action now and with very little in terms of financing relative to the outsized benefits, we can durably exit this health crisis," the IMF said.

> The strategy paper includes track and insure against downside risks, ensure widespread testing and tracing, maintain adequate stocks of therapeutics, and enforce public health measures in places where vaccine coverage is low
> Importantly, the strategy requires not just commitments but upfront financing,



upfront vaccine donations, and 'at-risk' investment for the world to insure against downside scenarios

> The proposal's total cost of around \$50 billion would include grants, national government resources, and concessional financing
> The IMF projects that at least 500 million vaccine courses (equivalent to around 1 billion doses) can be donated in 2021, even if countries give preference to their own population

Indiana Jones' Fedora, Harry Potter's glasses among prized pop-culture memorabilia up for auction

Indiana Jones' fedora and Harry Potter's glasses are among over 1,200 film and television memorabilia items going under the hammer in June at the Prop Store in California. Matt Truex, marketing manager at the Prop Store said, the auction was the biggest they

had ever held, and he expects keen interest from the collectors. "One of the hottest items in our auction is this original Indiana Jones, Harrison Ford fedora hat from 'Indiana Jones and the Temple of Doom,' the second film. This is valued in auction for \$250,000 to \$350,000," Truex said.

■ Bidders will be able to view the full catalogue of items being auctioned via Zoom and make their purchases online and by phone. Among the hundreds of

items, collectors will find memorabilia from films like 'Terminator 2: Judgment Day,' 'Batman,' 'Elf,' 'Top Gun,' and 'The Muppets'

■ Harry Potter's wand and eyeglasses, worn by Daniel Radcliffe during production on 'Harry Potter and the Deathly Hallows', promise to be one of the most sought-after items



ON SALE

HOW TO SPOT depression in young children

IDENTIFY RED FLAGS →



Depression in children is not so much what a child says but what they do - or stop doing

New York-based clinical psychologist Rachel Busman says as many as two to three per cent of children ages 6 to 12 can have serious depression. But it can look very different for young children, which makes it challenging for parents - or doctors - to recognise it or provide help.

WHAT DOES DEPRESSION LOOK LIKE?

When young children are depressed, it's not unusual for "primary mood to be irritability, not sadness; it comes across as being very cranky," said Maria Kovacs, professor of psychiatry at the University of Pittsburgh School of Medicine, US. And children aren't likely to understand that what they are feeling

is depression or identify it that way. It is up to adults to look for signs that something is not right, she said.

Look for "significant changes in functioning," Kovacs said, like "if a child stops playing with favourite things, stops responding to what he used to respond to." This might mean a child loses interest in the toys or games or jokes or rituals that used to be reliably fun. They may seem exhausted, have less energy or tire easily. And they may start complaining about physical symptoms, especially stomach aches and headaches. They may sleep more - or less - or lose their appetite.

Depression "may look like a behaviour problem but is really being driven by what the kid is feeling inside", said Dr Helen Egger, former chairman of child

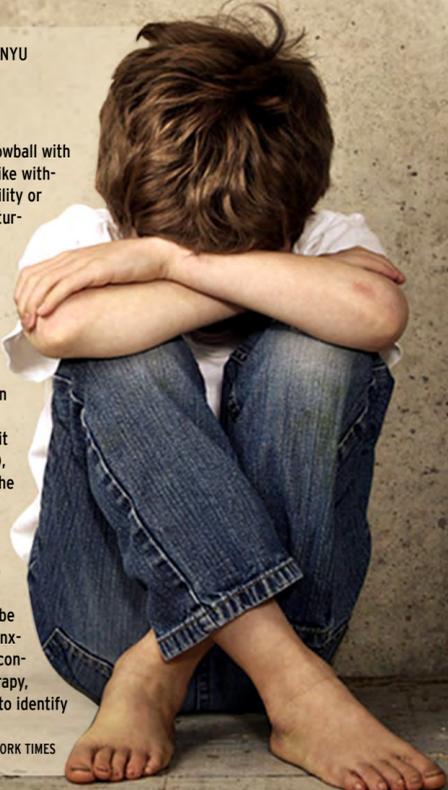
and adolescent psychiatry at NYU Langone Health, NYC, US.

SEEK HELP

Depressive symptoms can snowball with time. So, if you see changes like withdrawal from activities, irritability or sadness, fatigue, or sleep disturbances that persist for two weeks, consider having the child evaluated by someone who is familiar with mental health issues in children of that age. An evaluation should include questions about symptoms of depression as well as looking for other problems, like attention deficit hyperactivity disorder (ADHD), which may be at the root of the child's distress.

There is almost always a stressor that sets off the problem. It could be a change in the family - a parental divorce, a death - or it could be something more subtle, like anxiety that has spiralled out of control. If a child does begin therapy, part of the treatment will be to identify that stressor.

THE NEW YORK TIMES



Depressive symptoms can snowball with time. So, if you see changes like withdrawal from activities, irritability or sadness, fatigue, or sleep disturbances that persist for two weeks, consider having the child evaluated by someone who is familiar with mental health issues in children and teens

ASK THE EXPERT

"My daughter loves being applauded. Is it a healthy habit?"



QUERY: My daughter loves being applauded and she tries doing the same during her online classes too. She likes telling her teachers that she is ready with answers or has done her classwork beforehand. Sometimes it appears boastful. Should I let her be? Or should I tell her that this is not a healthy habit?

Response by Dr RACHNA KHANNA

Hello, thanks for getting in touch with us.

From what you have shared, I understand that you are coming from a place of concern and care for your child, and want her to be more humble.

Sometimes, irrespective of age, we all like to get appreciated and there is nothing wrong with that, rather it is a normal human response. For children too, it is very natural to want that extra dose of appreciation. And to get that, children go to different extents, with boasting being one of the most common.

Further, boasting is not only normal but also healthy. According to leading child psychologists, children in their formative years are developing a sense of self, and the kind of feedback they get during these years plays a large role in shaping their identity.



ive feedback. They are not receiving enough/any appreciation from their parents. They might be imitating someone or another child. They might be in an environment where winning is all that matters.

So, first, it is important to understand the reason. Another thing is that many times, kids are not aware that boasting can also hurt their friend's feelings. They are just happy for accomplishing the task and want to express that. However, if your child is deriving pleasure from doing something better than other kids, then responses as a parent can also teach them a valuable lesson.

Now, I recommend that through you, a good example for your daughter can be set. What children see, is what they adopt. If you find yourself gloating

ing or boasting on any occasion, or any other adult in her vicinity is doing so, try and cut down on this behaviour.

Lastly, encourage her to see that it feels good to give compliments as well. And remember to give her appropriate praises.

Hope this helps. But if this issue persists, then do consult a child psychologist or psychiatrist for further advice on the same.

Dr RACHNA KHANNA SINGH
HOD - Holistic Medicine,
Artemis Hospital, Gurgaon



However, too much of anything is not good and what needs to be understood is where this behaviour is coming from. There can be many positive as well as negative reasons, which might include:

- They have been brought up in a safe, loving environment and therefore have positive self-regard and have a high need for the constant posi-



HEALTH BYTES

6 reasons to eat SPINACH



Popeye's favourite vegetable is loaded with health benefits. Here are six reasons why this nutritional powerhouse deserves a place on your plate.

- Spinach is high in vitamin C, which helps boost your immunity.
- It contains minerals such as calcium, magnesium and potassium, all essential for a healthy body.

3 Spinach is a great source of vitamin A - necessary for the health of your eyes.

4 It contains vitamin K that is essential for forming clots to prevent bleeding after injury.

5 Spinach is rich in lutein, which protects the retina and is good for vision.

6 It is a very good source of iron too, which is essential to avoid anaemia.

DAILY MIRROR

QUIZ TIME (MIXED BAG)

Q.1) What did JB Dunlop invent?
A. Pneumatic rubber tyre
B. Automobile wheel rim
C. Rubber boot
D. Model airplanes

Q.2) Which scientist discovered the radioactive element radium?
A. Isaac Newton
B. Albert Einstein
C. Benjamin Franklin
D. Marie Curie

Q.3) Chlorophyll is a naturally occurring chelate compound in which the central metal is ____.
A. Gold B. Iron
C. Magnesium D. Silver

Q.4) The inert gas which is substituted for nitrogen in the air used by

ANSWERS
1. A) Pneumatic rubber tyre 2. D) Marie Curie 3. C) Magnesium 4. B) Helium 5. C) Insects

deep sea divers for breathing, is ____.
A. Oxygen B. Helium
C. Nitrogen D. Hydrogen

Q.5) Entomology is the science that studies ____.
A. Air B. Water
C. Insects D. Rocks

WORD WISE

Coriaceous: (adj) of or like leather.

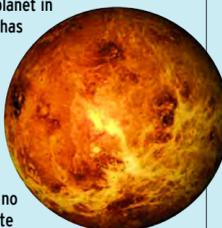
Synonymous words: rugged, wrinkled, hardened, leather-like, rough, strong, tough, etc

Examples:
The fourth glume is coriaceous.
The substances are contained in the tubes, and are coriaceous and smooth.

KNOWLEDGE BANK (UNIVERSE)

Hottest planet

Venus is the hottest planet in the solar system and has an average surface temperature of around 450° C. Interestingly, Venus is not the closest planet to the Sun - Mercury is closer but because Mercury has no atmosphere to regulate temperature, it has a large temperature fluctuation.



EXPLORE YOUR CREATIVITY

Develop a story based on the pictures in around 250 words. Send your entry along with your name, class, school and picture at tolnie175@gmail.com



CHECK YOUR APPTITUDE



1 When a metallic ball bearing is placed inside a cylindrical container, of radius 2 cm, the height of the water, inside the container, increases by 0.6 cm. The radius, to the near-

est tenth of a centimetre, of the ball bearing is?
A. 1 cm
B. 1.2 cm
C. 2 cm
D. 0.6 cm

ANSWER:
1. 1.2 cm