

## UPHOLDING SPIRIT OF FITNESS

The five S of sports training are stamina, speed, strength, skill, and spirit. However, the greatest of these is spirit.

We all have been a witness to the horrific times of the pandemic that has impacted every facet of life. A dreadful experience that has been etched in our memories. One of the biggest victims of the resulting lockdown was the physical activities of the students.

We have experienced an immense reduction in physical activities. And in such ensuing circumstances spirit becomes even more important as it will provide the essential motivation for physical fitness. Researches have shown that children with high levels of fitness attain a higher level of academic achievement, are more self-confident and less disruptive. Therefore, upholding the spirit of ad-



venture and health amongst the agile and sprightly students, **St Angels**, Rohini celebrated 'Virtual Sports Day' on October 23. The traditional torch lighting was taken by the shining sports stars of the school who had brought laurels to the school, which was followed by the ceremonial oath-taking ceremony. A song was presented in melody dipped

notes. The entire school was filled with aplomb and elan when they perceived the participants engaged in different activities like hopscotch, one leg balancing, pebble race, burst the balloons, ball knocking, plate tapping, shuttle and sit-ups. These activities highlighted a beautiful blend of mind, body and spirit. All the physical exercises were done well and received a massive acclaim. The performances by the dynamic students astounded everyone.

Everyone was enlightened by the encouraging words from founder principal, chairman and chief guest for the day Someet Nandal, the hockey player. The culmination of the event helped the students to come together on a single platform even from the comforts of their homes, echoing three cheers for St Angels team.

### Principal of DAV Sreshtha Vihar honoured

Principal Suhasini K Nath of DAV Public School, Sreshtha Vihar has been honoured by Vijay Goel, vice chairman, Gandhi Smriti and Darshan Samiti for promoting the teaching, values and principles of Mahatma Gandhi.



### Career fair in Hansraj Model School

Hansraj Model School, Punjabi Bagh commenced the virtual annual career fest, 'Dishayein', on October 19, which spanned over ten days. This event was aimed at class IX to XII students and sought to clarify views on career prospects. The programme started with the lamp lighting ceremony and a welcome address by Heemal Handoo Bhat, principal of the school.

Eminent speakers from many professions led the programme and presented their unique skills and invaluable knowledge. Entrepreneurship, a career in the civil service and law, how to communicate with body language, career pathways in STEM

and medical, a new-age job in media, entertainment, and business, foreign education, and forensic science were among the themes covered in the webinars.

The students were motivated and encouraged by the guest speakers who came from various fields. These



forerunners aided the learners in cultivating positivism and innovation to grow as individuals and enhanced the young minds' confidence and adaptability in their job prospects, allowing them to move forward with the spirit to conquer challenges.

## Winners of Olympiads



Scholars of **Sam International School**, Dwarka got perfect score (100/100) in different Silver Zone Olympiads. The Silver Zone Olympiads were conducted to enhance the reasoning, logical, analytical and problem-solving skills of students in a highly competitive and global environment to help building

a solid foundation for national and international competitive examinations. It was a series of olympiads for students to promote science, mathematics, computer education, general knowledge, and English language skills.

School principal Karuna Verma gave away the prizes with blessings to motivate the

winners and keep their spirits high.

Name of the winners are: Vidhi I (English); Angelona Kaur I (English); Anmol I (G.K); Shreyansh Tiwari I (GK); Mridul RI (Computers); Samaria Juneja II (English); Viren Singh Deswal II (Mathematics, English); Avnee Paul II (Science); and Spandan Majumdar III (Science).

### DPSG holds mass vaccination drive

Delhi Public School, Palam Vihar with a great experience in incubating members of the student community and thereby nurturing explorers has achieved another milestone to add to its rich repertoire. The school under the aegis of the DPSG society has made a significant move to obliterate Covid by implementing the mass vaccination drive in the premises of the F block

school in collaboration with Columbia Asia Hospital, Palam Vihar, Gurugram. The initial phase saw the school as a centre for detection and discernment with antigen testing and RTPCR as early as April 2021. This was followed by provision of vaccination slots and administration of the vaccine to the citizens in the age bracket of 45-60 wherein both Covishield as well as Covaxin were made available. In the face of the on-

going crisis in Delhi and NCR, this initiative provided a boost to the healthcare services. It also saw significant footfall from Delhi and NCR with people making a dash to get themselves inoculated. As envisaged by the founder and chairman of the DPSG society, Om Pathak, the school has contributed to the national landmark achievement of 100 crore Covid vaccinations and this is indeed a testimony to his foresight.

### Students showcase their talent

DPSGI once again proved that giving back to society joyfully is one of its fundamental commitments. On Saturday, October 30, the school participated in October 30, the school participated in different locations in Ghaziabad. A number of competitions in different categories were organised under the umbrella of 'Talent Unboxed'.

The competitions saw jubilant participation of children from different age groups in 'Happy Feet' for dance; 'Grab the Mic' for singing; 'Art Attack' for painting and 'What's Your Story' for story telling. Endless joy, smiles, ex-

citement and merrymaking wafted through the air at this pre-diwali event. A large number of people flocked to the stalls set up by the school to buy diyas, coasters, hand-drawn melas and other decorative items made by the ingenious students of the 'Dexteros Hands Interact Club'. The proceeds of the sale will be given for charity as a part of the school's 'Community Outreach' programme.

School principal Meera Mathur congratulated the students and the staff for their hard work and for living up to the motto of joy of giving.



## student Corner



PRIYANSHI PODDAR, class XI C, GD Goenka Paschim Vihar

### Euphoric Sight: Nature

Sunlight falling on my face, the fresh odour of flowers, this creation grants me grace, the radiant rain shower, vanishes my every dilemma, the nature has an attractive charisma, as long as the crystal loch flows, the glacial wind blows, the mirthful chirp of robin amuses, and the aroma of moist earth dif-

fuses, every soul here embellishes, like a cocoon perishes, this warmth is lovely, this sight may not vanishes, like a healing dream demolishes, but when I approaches from past to the present. It all depart, the nature and flower what a sight, that alluring moment was a true delight.

ANUSHKA SATYARTHI, class XI B, Bal Bharati Public School, Rohini

## Parisian roller-coasters

My family and I visited Disneyland Paris about two summers ago. It was so exciting! We had reached the hotel late in the evening, but I was up at the crack of dawn. I was so raring to go that I got everyone to reach before the park even opened. We started off on the 'Hyperspace mountain' ride. Well, it was just a start for my brother and I, while my parents decided to call it a day after just the first roller-coaster. They went to the parade and we made our way to 'Big Thunder Mountain'. This roller-coaster was based in the 'Old West' theme, complete with cacti and canyons. At this point my brother and I decided to check on my parents. We found them at a café, eating candy floss and cheese fries. We



Maitreyee with her parents and brother at Paris, Disneyland

left them there to go on the 'Indiana Jones: Temple of Peril'. It was exactly like it sounded. Torches burnt with fire as we beheld half-broken tracks.



And then came the best part. The 'Tower of

Terror'. My brother joined me as my parents explored more food stalls. I tried, but they absolutely refused to get on another rollercoaster. So the two of us waited in line for over two hours, where we met some very nice teenagers and chatted away till it was time. The ride was unlike anything I have ever

experienced. They started by leading us through a dusty, cob-webbed corridor. We then made our way to the elevator, the actual ride. We sat in seats, buckled in our seatbelts and held on to our bags (a helpful tip from the teens!). And then we fell. Imagine being trapped in an elevator and then just falling. The elevator lurches to a stop. This continued and at one point, we got the top (and most breath-taking view of Disneyland. The ride ended immediately after.

My brother and I now got back to our parents, and we ended the day with the 'It's a small world' boat ride. I tossed my coin in the well, I wished for the day to never end! I'll always cherish these memories and look forward to the day we return.

MAITREYEE GANGAL, class IX, Vidya Valley, Pune

## Participation at global level by team Sanjeevani

M.L. Khanna DAV Public School, Dwarka gets yet another recognition at global level as Divya Sharma, lead teacher and Ankur Mukherjee, student team leader of Sanjeevani - Embracing Life Business for Charity Enterprise of school, working under the aegis of Teach a Man to Fish, participated as key speakers at a global event organised by T4.

Teach a Man to Fish, a UK based charity organisation participated in a virtual event during World Education Week organised by T4. The theme for



World Education Week 2021 'School Celebration' aimed at celebrating schools worldwide and the impact of NGOs in education.

As M.L. Khanna DAV Public School has been taking part in the school enterprise challenge

since 2016, lead teacher, Divya Sharma and student team leader Ankur Mukherjee of class XI were invited to speak at the event as panellists. Representing the school, they deliberated upon 'School-Business-Model: Teaching Life Skills to Students' and shared their stories of change as successful entrepreneurs of school enterprise, Sanjeevani Embracing Life. They expatiated how participating in the school enterprise challenge has made a positive difference to them not only as students but also as budding entrepreneurs.

## Climate change: Greatest threat in history

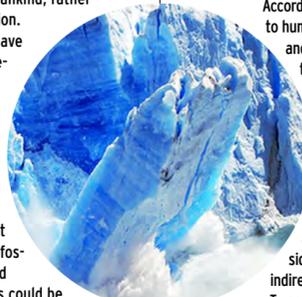
Climate change is not a disaster in waiting, unfortunately it's a phenomenon already alive and kicking. The point of no return has already been crossed and if the global population can mindfully react to this situation, it could buy us more time to sustain mankind, rather than accelerate a freefall to armageddon.

Increased greenhouse emissions have resulted in global warming thereby precipitating in increased sea levels, unseasonal cyclones, storms and weather disruption.

**FOR** We are knee deep into this problem, the only way forward is up. All countries need to commit to the clauses in UN Climate Change policy and Paris accord to start with. Cutting down on pollutants from fossil fuels, air pollution from vehicles and switching to natural renewable sources could be a way forward.

Every individual must do his bit to alleviate this problem by saving energy at home, vehicle pooling, focusing more on recycling and reuse and preserving nature

ISHIKA RAHUL, class IX, Pawar Public School - Amanora, Pune



The biggest threat to humans will always be humans themselves. We cause all the pollution, which causes climate change, and global warming. We could've prevented this dreadful situation if we hadn't been too careless and selfish.

According to research, the three deadliest threats to human civilisation are: ecological, technological, and extraterrestrial. Ecological threat refers to the adverse effects of climate change. As mentioned earlier, these are due to humans' irresponsibility. Technological threat means extreme advancement of Artificial Intelligence. This is also due to the upgrades humans provide for these systems. Lastly, extraterrestrial threat is the aftermath of poor relations with beings outside the earth's surface. This may directly, or indirectly, be caused by humans as well.

To conclude, all these major issues start with a similar pattern; that being humans are at the core of these problems. We cause our own doom. Climate change could've been prevented - or at least accelerated slower - if we hadn't been so reckless.

ISHA KULKARNI, class IX, Vidya Valley School, Pune

DEBATE

## ICC T20 WORLD CUP 2021

## TITLE FAVS ENGLAND FACE CONSISTENT NZ

Team will rely on X-factor players to upstage NZ in likely high-scoring first semifinal

**T**itle favourites but injury-hit England will bank on their X-Factor players to upstage a remarkably consistent New Zealand in the first semifinal of the T20 World Cup in Abu Dhabi, on Wednesday. England were the pre-tournament favourites and played like one for the majority of the Super 12 stage. However, their loss in the final group game to South Africa showed that they were not an invincible outfit. The absence of Jason Roy, who suffered a calf injury against the Proteas, is a big blow to the team heading into the semifinals. Roy and Jos Buttler made arguably the most destructive opening pairing of the tournament.

With Roy ruled out of World Cup, there is a strong possibility that Jonny Bairstow will be promoted to bat alongside Buttler, who will be expected to play another match-winning knock on Wednesday. Sam Billings is likely to come into the team and bat in the middle order. A big positive is that most of the batters have spent valuable time in the middle going into the knockout game.

## BOWLING CONCERNS FOR ENG

However, concerns have emerged in the bowling department after Tymal Mills was ruled out of the tournament with a thigh injury. Mills was doing a brilliant job in the death overs but now, it will be one area that the opponents would look to exploit. Mark Wood, who has the pace but not the variations of Mills, was the most expensive bowler against South Africa. England would be hoping it was just one bad day in the office for their pacers as all of them leaked runs.

The role of spinners Moeen Ali and

## QUICK FACTS

- ♦ England and New Zealand will lock horns for the first time in an ICC knockout game since the 2019 ODI World Cup final.
- ♦ England eye a third final of the ICC men's T20 World Cup.
- ♦ New Zealand will be aiming for the finals slot of the T20 World for the first time since the inception of the event in 2007.
- ♦ In case semi-final games are tied, a Super Over will be played and if that also doesn't help in deciding the winner then another Super Over shall be staged until there is a clear winner.
- ♦ As per ICC, after a tie, if weather conditions prevent the Super Over from being completed, or if the match is abandoned or it is a no result, then the side that finished first in its Super 12s Group will progress to play the summit clash.
- ♦ The 2019 ODI World Cup final witnessed a first-ever Super Over in which England defeated New Zealand to lift their maiden title on the basis of boundary countback rule at the Lord's Cricket Ground.
- ♦ In the Super Over, both teams managed to score 15 runs each but England was announced as the winner as they had hit more boundaries in the allotted overs.

Adil Rashid will be massive as they will aim to provide the wickets in the power-play and middle overs.

## NZ LOOK SET FOR FINALS

Players will also have the 2019 ODI World Cup final at the back of their minds where both teams could only be separated by a boundary countback rule. Since then, New Zealand have displayed that they are not just a very consistent team in ICC events, they can also go all the way with their triumph in the World Test Championship final. The "nice guys" of world cricket look good to finish first in this competition too.

New Zealand have been arguably the best bowling unit in the tournament, restricting India to 110. Even a dangerous side like Afghanistan could only muster 125 against them. The seasoned new ball duo of Trent Boult and Tim Southee has been very hard to put away as they both have been immaculate with their line and lengths. Lockie Ferguson's unavailability could have easily disturbed their plans but Adam Milne has proved to be an able replacement. Both the spinners, Ish Sodhi and Mitchell Santner, too have been impressive. Sodhi has provided wickets in the middle overs which has not allowed the opposition to break free.

New Zealand's batters have also made an impact during the course of the tournament. Opener Martin Guptill has been their leading run getter with his partner Daryl Mitchell also in decent form. Skipper Kane Williamson got runs in the last game and will be itching to make another memorable contribution in the all-important semifinal.

Abu Dhabi has had the best batting surface across the three venues of the showpiece, so one can expect a high scoring affair. **PH**



Jos Buttler

Photo: GETTY IMAGES

Ish Sodhi

Photo: GETTY IMAGES

## IN ROHIT, INDIA HAVE CAPABLE GUY

He is ready and waiting in wings, says outgoing coach Ravi Shastri

**R**avi Shastri, who completed his highly eventful tenure as India's head coach, feels that Rohit Sharma is "ready and capable" to take over the T20 captaincy from Virat Kohli and sharing the leadership burden isn't such a bad idea in a post COVID-19 world. Rohit, who will be taking over T20 captaincy from the New Zealand series, is also being tipped to lead India in the 2023 ODI World Cup and the formal announcement in that regard may happen sooner than later.

"I think in Rohit, you have got a very capable guy. He has won so many IPLs. He is the vice-captain of the team, he is ready in the wings to take that job," Shastri said, making it clear that at this point, no other candidate is being looked as a potential leader.

He, in fact, welcomed the idea of Rohit leading in shorter formats and Kohli captaining in Tests.

"I think multiple captains is not such

## EMOTIONAL, BUT LEAVING TEAM IN A BETTER STATE

Ravi Shastri did admit that he was indeed feeling "very emotional" having been part of this set-up for close to six and half years. Asked if he feels that there's anything missing? the straight-talking outgoing head coach said, "I don't look at missing parts. When I took over there were 10 missing parts. Now there are only two."

a bad thing because of the bubble and so much cricket being played, the players need to be rotated around and given the space they need to spend some time with their families and see their parents.

"When a guy doesn't go home for six months he might have his family with him but you have parents and other family and if you don't get a chance to see them, it's not easy at all, so I think it's not such a bad thing," he opined.

Shastri is convinced that despite their indifferent performance in this edition of T20 World Cup, India will continue to be a very strong T20 team in near future.

"...and as far as T20 team goes, we will always have a strong team. We might not have won this T20 World Cup but going forward, we will have a very strong team, because IPL throws a lot of young players into the mix and Rahul (Dravid) will have his own ideas on how to take this team forward. I see this still to be a very good team." **PH**



Photo: PTI

## RAHI SARNOBAT, MANU BHAKER IN 25M PISTOL FINAL

**I**ndia's Rahi Sarnobat and Manu Bhaker qualified for the finals in the women's 25m pistol event on competition day five of the ongoing International Shooting Sport Federation (ISSF) President's Cup in Wroclaw, Poland.

Both the Olympians shot identical scores of 583 in qualification, but Rahi took fourth place ahead of Manu's fifth on higher inner 10s. The eight-shooter final is scheduled on Wednesday.

It was triple delight for Bhaker as she also qualified for the gold medal match in the 25m rapid fire mixed team Pistol event, assuring her of at least a silver to add to the gold she won with Iran's Javad Foroughi in the 10m air pistol mixed team event.

Bhaker partnered Turkey's Ozgur Varlik to first make the second qualification stage of eight pairs and then finished second to the Chinese/Estonian combine



Manu Bhaker

of Xiao Jiaruixuan and Peeter Olesk to make the gold medal round. That final will also take place on Wednesday.

The inaugural ISSF President's Cup is a rechristened version of the ISSF World Cup Finals, where the year's top 12 shooters by world ranking are invited to determine the best individual athletes of the year. **PH**

## QUIZ TIME!

**Q1:** Who was adjudged the T20I "Player Of The Match" in the T20I played between India and Afghanistan recently?

- Virat Kohli
- Hardik Pandya
- Rashid Khan
- Rohit Sharma

**Q2:** Which is the highest partnership in all the Cricket World Cup tournaments?

- Rohit Sharma and Virat Kohli
- Gautam Gambhir and Virender Sehwag
- Chris Gayle and Marlon Samuels
- Martin Guptill and Lance Klusener

**Q3:** Who holds the current record for most wickets in all the Cricket World Cup tournaments?

- Mitchell Starc
- Glenn McGrath
- Mohammed Shami
- Zaheer Khan

**Q4:** Which Summer Olympics was the only one to have featured cricket?

- 1900
- 1908
- 1912
- 1896

**Q5:** How many times has Brazil won the FIFA Football World Cup?

- 3
- 5
- 7
- 11

**Q6:** What nickname was Rahul Dravid given in the cricket world?

- The Brick
- Master Blaster
- Captain Cool
- The Wall



Rahul Dravid

Photo: GETTY IMAGES

**Q7:** Which country houses the "International Tennis Hall of Fame"?

- Canada
- England
- United States of America
- Australia

**Q8:** Which professional boxer is nicknamed the "Hurricane Hank"?

- George Foreman
- Jack Jackson
- Henry Armstrong
- Jack Dempsey

**Q9:** Who is the youngest boxer to win a heavyweight title?

- Muhammad Ali
- Mike Tyson

- Joe Frazier
- James Toney

**Q10:** Who was the first independent India to win an individual medal in wrestling in the Olympics?

- K.D. Jadhav
- Sushil Kumar
- Dara Singh
- Vijender Singh

**ANSWERS:** 1. d. Rohit Sharma  
2. c. Chris Gayle and Marlon Samuels  
3. b. Glenn McGrath 4. a. 1900  
5. b. 5 6. d. The Wall  
7. c. The United States of America  
8. c. Henry Armstrong 9. b. Mike Tyson  
10. a. K.D. Jadhav