



# THE TIMES OF INDIA

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**IN TODAY'S EDITION**

**BTS, aka Bulletproof Boy Scouts, teach you life lessons through their songs! PAGE 2**



**Express your views, thoughts, experiences with your friends, family and peers PAGE 3**



**How Indian batsmen have dominated the initial proceedings of the IPL PAGE 4**



**STUDENT EDITION**

MONDAY, SEPTEMBER 28, 2020



**WEB EDITION**

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## GRETA THUNBERG and youth climate protests make a return

Teenage environmental activist Greta Thunberg is back. She joined fellow demonstrators outside the Swedish Parliament on Friday to kick off a day of socially-distanced global climate protests. "The main hope is, as always, to try to have an impact on the level of awareness and public opinion so that people will start becoming more aware," the 17-year-old said. The coronavirus outbreak has prevented the Fridays for Future movement from holding its mass rallies in recent months.

**FOR A CAUSE**



► Thunberg started her solo protests outside Sweden's parliament in Stockholm on Aug 20, 2018. ► Students around the world soon began following her lead, staging regular protests; she was invited to speak to political and business leaders at the UN conferences and the annual World Economic Forum in Davos ► The Fridays for Future demand that lawmakers stick to the 2015 landmark Paris climate deal that asks both the rich and the poor countries to take action to curb the rise in global temperatures that is melting glaciers, raising sea levels and shifting rainfall patterns

## 75th UN General Assembly

**WHAT** Prime Minister Narendra Modi on Saturday addressed the 75th United Nations General Assembly (UNGA) virtually in New York. The UNGA, the main policy-making body of the UN came into existence on June 26, 1945. Its charter outlines its key functions, including "promoting international co-operation in the economic, social, cultural, educational and health fields, and assisting in the realisation of human rights and fundamental freedoms for all irrespective of race, sex, language or religion".



**WHEN** The assembly meets from September to December each year and then again from January to August, if required. The representatives debate and make decisions on issues, such as peace and security and the admittance of new members.

**HOW IS IT CONDUCTED:** Every year the representatives from each member state — often the head of state — take turns to address the assembly in a week-long General Debate. Each speech is allotted 15 minutes, although in the past they have frequently overrun. The longest speech in UNGA history was made by the Cuban leader, Fidel Castro, lasting for more than four hours.

**THEME 2020**

The Future we want, the United Nations we need: reaffirming our collective commitment to multilateralism — confronting Covid-19 through effective multilateral action

**QUOTE UNQUOTE**

Reform in the responses, in the processes, and in the very character of the UN is the need of the hour. For how long will India be kept out of the decision-making structures of the UN? This is a country, which has hundreds of languages, hundreds of dialects, many sects, and many ideologies; this is a country, which was a leading global economy for centuries, and also one, which has endured hundreds of years of foreign rule. How long would a country have to wait particularly, when the transformational changes happening in that country affect a large part of the world? Narendra Modi, PM, at UNGA

**THE BIG Q:**

Has the UN lost its sheen over the years? Should India be a part of the UN's decision making structures? Share your views at [toinie175@gmail.com](mailto:toinie175@gmail.com)

**You share your BIRTHDAY with**

**SEPTEMBER 28**

## SHAHEED BHAGAT SINGH



Bhagat Singh was a young Indian freedom fighter, who played a major role in revolutionising India's Independence movement. He was convicted for taking revenge for the death of Lala

PM Modi paid tributes to the freedom fighter in his Mann Ki Baat programme. He urged the people to be as patriotic as freedom fighter Shaheed Bhagat Singh

Lajpat Rai. While in prison, Singh gained mass national support, when he initiated a 116-day hunger strike, which is till date the longest strike in the history of the world.

**MANN KI BAAT: KEY HIGHLIGHTS**



**1 On the role of storytellers in modern India:** Include all inspirational stories from the period of foreign rule, as we are going to celebrate 75 years of Independence. Especially between 1857 and 1947, all small and major incidents can be introduced to our new generation in the form of stories.

**2 On how farmers are playing major role in building an Aatmanirbhar Bharat:** Our agriculture sector has shown its prowess during the Covid-19 pandemic and farmers are playing a major role in efforts to build a self-reliant India.

## NEWS IN BRIEF

**SUPER-SMALL RUBIK'S CUBE THAT FITS ON FINGERTIPS TO GO ON SALE IN JAPAN AT \$1,900**

A small but playable Rubik's Cube, tiny enough to fit on your fingertip, has gone on sale in Japan for 198,000 yen, or about \$1,900, with delivery starting December.

**ON SALE**

Rubik's Cube was invented by a Hungarian architecture professor Erno Rubik in the 1970s. A US company turned it into a hit product in the 1980s



► Billed as a 'super-small' Rubik's Cube, it was created to mark the 40th anniversary, when the original 3D puzzle went on sale in Japan ► The cube measures just 9.9 millimetres by 9.9 millimetres, and weighs 2 grams (less than a tenth of an ounce) ► It's made of 'ultra-precision metal,' and comes with a box for its display, according to MegaHouse Corp, a subsidiary of Tokyo-based toymaker Bandai Co

## 200 new emojis to be released next year

A new library of emojis has been revealed that seem to reflect the chaos that happened in 2020, such as a mending heart and face with spiral eyes. The Unicode Consortium, the organisation responsible for creating emojis has announced 217 new

**MOJI MANIA**

avatars for Emoji 13.1, which also adds a heart on fire, a face exhaling and a face in the clouds. According to the emoji reference website, Emojipedia, the spiral eyes emoji replaces an existing one, which displayed spiral eyes on some platforms, but X eyes on others.



**YOUR CORNER**  
Let's create our own emojis. Do you want to express any feeling via an emoji? Create it, give it a shape and send us at [toinie175@gmail.com](mailto:toinie175@gmail.com).

The best 3 entries will be published in Times NIE!!!

► There will be gender-inclusive bearded emojis, allowing the users to choose among a bearded man, a bearded woman or a gender-neutral individual with a beard ► The 'face exhaling' emoji represents relief, exhaustion, or a sigh of disappointment, according to Emojipedia ► The new 'mending heart' emoji is 'the opposite of a broken heart,' Emojipedia says, and indicates healing 'or to express sympathy for someone going through a difficult time'

## 007 WAS HERE! BRITISH AGENT JAMES BOND WAS IN POLAND IN 1960S, CLAIM COLD WAR ARCHIVES

Yes, you heard it right. Documents uncovered at Poland's Institute of National Remembrance (IPN) have shown that a suspected British agent called James Bond was on Her Majesty's secret service in the country in the 1960s. According to the institute's archive, James Bond came to Poland on February 18, 1964, and was officially employed as an archivist for the British Embassy Military Attache. He soon came to the attention of Polish counter-intelligence



**REVEALED**

officers. Bond was under strict surveillance, and visited Poland to try and 'penetrate military facilities' in the Soviet satellite state, according to the files.

The British agent 007 created by author Ian Fleming hit the silver screen in 1962, when actor Sean Connery played the character in the film, 'Dr. No', leading some to suspect that British spies may have been playing a joke on their Polish counterparts with their choice of pseudonym

## HERE'S WHY ARCTIC IS GETTING GREENER

Parts of the Arctic region have become greener due to increased plant growth stimulated by warmer air and soil temperatures, says a study that used satellite images to track global tundra ecosystems over decades. The study is the first to measure vegetation changes

**ENVIRONMENT**

spanning the entire Arctic tundra — from Alaska and Canada to Siberia. "The Arctic tundra is one of the coldest biomes on the Earth, and it's also one of the most rapidly warming," said researchers. "This Arctic greening we see is really a bellwether of global climatic change — it's a biome-scale response to rising air temperatures," they added.

► Greening can represent plants growing more, becoming denser, and/or shrubs encroaching on typical tundra grasses and moss ► When the tundra vegetation changes, it impacts not only the wildlife that depends on certain plants, but also the people who live in the region and depend on local ecosystems for food ► While active plants absorb more carbon from the atmosphere, the warming temperatures could also be thawing permafrost, releasing greenhouse gases



Between 1985 and 2016, about 38% of the tundra sites across Alaska, Canada, and western Eurasia showed greening. Only 3% showed the opposite browning effect, which would mean fewer actively growing plants

## How Healthy Are You?

Want to know your fitness levels? Take this quiz by nutritionist RITIKA SAMADDAR. Answer the questions and find your score. There is health advice at the end of the quiz — follow it to stay fit as a fiddle



### 1 HOW MANY MEALS DO YOU EAT PER DAY?

- a. 5 meals a day score 4
- b. 3 meals a day score 2
- c. 2 meals a day score 0



### 2 DO YOU SKIP MEALS?

- a. No score 4
- b. Yes score 0

### 3 WHAT IS YOUR WATER INTAKE IN A DAY?

- a. 8-10 glasses a day score 4
- b. 6 glasses a day score 2
- c. 4 glasses a day score 1
- d. Less than 2 glasses a day score 0

### 4 HOW MANY TIMES DO YOU EXERCISE IN A WEEK?

- a. 5 times a week score 4
- b. 3 times a week score 2
- c. Once a week score 1
- d. Never score 0

### 5 HOW OFTEN DO YOU EAT OUT?

- a. Very Rarely score 4
- b. Once a week score 2
- c. Twice a week score 1
- d. Almost daily score 0

### 6 NUMBER OF SERVINGS OF FRUITS AND VEGETABLES YOU EAT DAILY?

- a. More than 5 servings daily score 4
- b. 2-3 servings daily score 2
- c. 1-2 servings daily score 1
- d. None score 0

**Score of 24** PERFECT  
20 - 24 Life is going great  
15 - 10 Need to work on your diet  
10 - 20 Think about it

► **Guide to good health:** Eat small frequent meals, increase intake of fluids and fruits and vegetables in your diet and top it up with regular exercise

## FACTOID 160%

The productivity of the monsoon session of parliament, a record, according to parliament officials. The 18-day session, which started on September 14, and cut short on Wednesday, eight days ahead of the schedule because of a spurt in the Covid-19 cases among the MPs, Union ministers and parliament staff, was also one of the shortest in 20 years

In all, a total of 25 bills were passed in the Lok Sabha and Rajya Sabha respectively, including 11 bills to replace the ordinances promulgated in June

# Five Life Lessons that BTS taught us through their Music

**B**TS, aka Bulletproof Boy Scouts, was not called bulletproof for nothing. Just like anyone else, these young boys continue to learn things the hard way. They have gradually mastered the art of shielding bullets in life using their invincible weapon called music. **TIMES NIE** shares with you five among the many valuable life lessons that BTS have taught us through their relatable songs and lyrics. As what Suga said, "We do not have to be mean, we just have to know how to live in this cruel world! So, sit back, relax, and let Chong, Jojun, Balsa tell you more..."



## Lesson #5: Love yourself

The most important life lesson of all is to love yourself. We cannot give love to other people if we cannot provide it to ourselves first. Whenever they are talking to the fans, BTS always reminds us that it is important to take care of our body, mind, and soul because these are important for achieving our dreams in life. **Believe in yourself that you can always make it. Just enjoy the journey because you only live once, and remember that you never walk alone in this life!**



**RELATABLE LYRICS:** "I wish I could love myself. I wish I could love myself." (Reflection, 2016)

**SONGS YOU SHOULD CHECK OUT:** Reflection, Awake, A Supplementary Story: You Never Walk Alone

## Lesson #1: Don't be afraid to go against the norm

BTS is one of the voices of this generation who are not afraid to speak up on behalf of the underdogs and the oppressed, especially the youth. **They taught us that it is okay for us to question the wrong and to fight for the right.**

**RELATABLE LYRICS:** "The world's goin' crazy. How about you, how bout ya? You think it is okay? I don't think it's that okay. Have ears but don't listen, have eyes but don't see. Fish live in all our hearts, its name is selfish, selfish." (Am I Wrong, 2016)

**YOU SHOULD CHECK OUT:** Am I Wrong, N.O., Spine Breaker, Can You Turn Off Your Phone?

## Lesson #3: Never mind the haters

When it comes to handling haters, BTS is an expert. We are surrounded every day by all sorts of people. Some will be nice to us, while many others are negative people who drown in envy, jealousy, hatred, and crab mentality. As much as possible, and as hard as it is, just shake them off! Fighting and getting into an argument might be our first defence mechanism, but ignoring them would always be the best thing to do. **Through their songs, BTS teach us - just focus on becoming successful, while being humble.**

**RELATABLE LYRICS:** "Whatever ma haters say, I'm real for my music. Real for my music, real for my music." (We On, 2013)

**SONGS YOU SHOULD CHECK OUT:** We On, Not Today...

## WHAT IS KPOP?

> Kpop is short for Korean popular music. It is mainstream music that originated from South Korea. Korean pop music in Korea could be thought of as similar to Taylor Swift in the United States. > You may see the Korean pop written as K-pop, K pop, Kpop, K-Pop...

## WHAT IS KPOP MUSIC?

The term Kpop includes many different musical genres under its umbrella. Along with Korean pop, it can also include rock, hip hop, and electronic music. Kpop is considered a fairly new form of music. The type of music that you're listening to today was formed around the 1990s.

## WHAT WAS THE VERY FIRST KPOP GROUP?

Unlike other musical genres, contemporary Kpop start can be pinpointed to a certain date: April 11, 1992 - when the groups Seo Taiji and The Boys performed their music on TV for the first time. This was the driving force that also led to the formation of other groups.

## Lesson #2: Value your family and friends

BTS reminds us to give importance to our loved ones and the relationship we have with them. Life is short, and we do not know until when we are going to be with them! Taehyung (a member of the band) never forgets to thank and honour his parents and grandparents whenever they achieve something, which is a very good example of filial piety. Always thank the people who have been with us through our ups and downs, especially those who have always given us strength and support.

**RELATABLE LYRICS:** "I feel like I'm going to die when hyung is sad. When hyung is in pain, it hurts more than when I'm in pain." (Begin, 2016)

**SONGS YOU SHOULD CHECK OUT:** Begin, Stigma, MAMA, Spring Day, Move



## Lesson #4: Pursue your dreams while you enjoy your youth



Youth is the most beautiful moment in our lives and once it is lost, it is gone forever. **Treasure every moment, opportunities, and adventures that we have right now while doing what our heart really desires. Discover our purpose in life, fuel it with our passion, and pursue our dreams.** BTS taught us that everything is possible when we believe and work hard for it. We might feel lost in life, but do not worry because it is part of the journey.

**RELATABLE LYRICS:** "Because the dawn right before the sun rises is the darkest. Even in the far future, never forget the you of right now."

Wherever you are right now, you're just taking a break. Don't give up, you know." (Tomorrow, 2014)

**SONGS YOU SHOULD CHECK OUT:** Tomorrow, Epilogue: Young Forever, First Love, Outro: WINGS, No More Dream, Lost and others in this genre.

Credit: Blog from <https://maryloveskorea.wordpress.com/2017/09/03/5-life-lessons-that-bts-taught-us-through-their-music/>

# Why we always say read it before you watch it



**W**ith the emerging popularity of e-streaming platforms in the past few years, there has been a bigger push to adapt books to a screen format. Earlier books were only made into movies which, more often than not, would disappoint the fans of the books, even they were popular with those who hadn't read it.

Still, adaptations are popular and on the rise. **Research commissioned by the Publishers Association and produced by Frontier Economics in 2018 found that the movie adaptations of books gross 44% more at the UK box office and a full 53% more worldwide than those based on original screenplays and this could be why companies invest in such adaptations.** With all these books being adapted to screen, many feel there's no point reading the book for the adaptation will be enough, but this isn't the case. Here is why you should always read the book before watching the adaptation:

## FOR THE ADVENTURE

When one reads, they visualise and feel. It is said that "No two persons ever read the same book" and this is true for everyone's journey with a book is a unique adventure and even if one rereads a book, they will have changed from who they were when they first read it. **When one reads a book they have an idea of how it will be and this might be different to what the movie makers experienced.** The movie will come out a separate work of art in itself and viewing it will be a different experience.

## TO KNOW THE BACKSTORY

Often the screen adaptations are but a tip of

the iceberg of what the book contained. **Movies, in particular, have to cut down backstory and in some cases this can be very confusing for those who haven't read the book before.**

## TO KNOW WHO ELSE IS IMPORTANT IN THE STORY 'BESIDES' THE PROTAGONIST

Often books only show the perspective of one character and screen adaptations give views on what is happening out of their knowledge. Some adaptations, particularly TV/web series have even added characters or made minor characters into important ones, adding dimensions and side plots to the main story and taking it deeper. **While this has many advantages, it can often change the plot of the story and the message the author was trying to convey might get lost.**

## FOR THE MESSAGE

Some adaptations are so far from the book and the only things they have in common are character names and the title. Changes are made to give the story a broader appeal and reading the book beforehand gives an interesting insight into the difference between a novelist's and scriptwriter's perspective.

## TO AVOID THE CLICHES

The movie industry has received a lot of criticism for not evolving in terms of femininity, inclusivity or sticking with popular tropes and encouraging cliches rather than improving.



# Healthy Bites

## 2 AVOCADO RECIPES FOR GOOD HEALTH

Avocado is one of the most nutrient dense fruits with vitamins A and C and other minerals and good fats too. Incorporate it in your diet to get its goodness. Here are some recipes you could try

### Avocado pickle

- In a small saucepan over medium heat, combine 1 cup white vinegar, 1 cup water, 1/3 cup sugar and 1 tbsp salt and bring to a boil, stirring frequently. When the sugar and salt have dissolved, set aside to cool.
- In a jar, place 1 tsp red pepper flakes, 1 crushed garlic clove, 5 sprigs of cilantro, and 2 avocados (peeled and thinly sliced). Pour cooled pickling mixture into the jar and seal tightly with a lid. Refrigerate for at least 3 hours before serving.



### Avocado hummus

Combine 2 cup canned chickpeas, 2 avocados (peeled and diced), 1/3 cup tahini, 1/4 cup lime juice, 2 garlic cloves, 3 tbsp olive oil and 1/4 tsp cumin in the bowl of a food processor, and season with some salt. Blend until smooth. Pour mixture into serving bowl and garnish with 1 tbsp chopped cilantro and 1 tsp red pepper flakes. Drizzle with more olive oil if desired. Serve fresh.

Avocados are rich in B vitamins, which help prevent disease and infection. They are also loaded with vitamins C and E, plus natural plant chemicals that may help prevent cancer



## CREATE YOUR OWN MYSTERY... BE A DETECTIVE LIKE SHERLOCK

### CREATE YOUR OWN MURDER MYSTERY

WHAT, WHERE, WHO, HOW?

Where does the crime take place? It could be a hotel, a ship, a beautiful holiday island or even the moon ...

What is the crime? It could be robbery, kidnapping, smuggling or even murder ...

Who is the victim? What sort of person are they, and why might someone want to commit a crime against them?

Who are the suspects? Are they the victim's friends? Do they all work together? Or are they all members of the same family?

What clues will you introduce to lead your detectives to the murderer? They could be handkerchiefs, fingerprints, hairs or even suspicious food or drink ...

1. \_\_\_\_\_

2. \_\_\_\_\_

Who is going to solve the case? Give your detectives names and decide what sort of people they are. Are they friendly or shy, bookish or sporty? And what makes them a good detective?

1. \_\_\_\_\_

2. \_\_\_\_\_

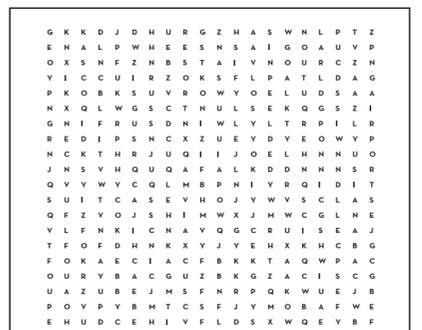
And finally, **NAMETHE BOOK**  
Titles are important - what will your mystery be called?



### Diary of a Wimpy Kid THE GETAWAY

### THE GETAWAY WORD SEARCH

Find and circle these holiday-themed words in the word search below.



- |          |           |             |            |
|----------|-----------|-------------|------------|
| AIRPORT  | TURTLE    | SLUGS       | WORD       |
| CRUISE   | BEACH     | SUITCASE    | MONKEY     |
| IGUANA   | DOLPHIN   | WINDSURFING | POOL       |
| PARADISE | JELLYFISH | CABANA      | SNORKELING |
| RESORT   | PLANE     | GETAWAY     | TENNIS     |
| SPIDER   |           |             |            |