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STUDENT EDITION

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WEB EDITION

PRE-RECORDED CHEERS, FANS' REACTIONS TO BOOST PLAYERS' SPIRIT

The 13th edition of the Indian Premier League (IPL) to be held in the UAE from September 19 will be all about innovation, courtesy the coronavirus pandemic. With the Board of Control for Cricket in India (BCCI) keeping fans away due to the virus, the eight teams have decided to pre-record the reactions of cheerleaders and fans, which they will play during the matches. An official of one of the franchises said, the eight teams have decided that the best way to give the players a feel closest to the presence of live audience at the grounds is to pre-record cheers of fans and cheerleaders and then to play them on the giant screens.

IPL 2020

- The short-form extravaganza normally starts in March but along with other major international sporting events, it was postponed, as countries went into virus lockdowns. It was then moved to the UAE, as cases rose in India
- The games will be played behind closed doors
- All the eight teams have been in strict, bio-secure 'bubbles' since landing in the UAE.
- There will be no gala opening ceremony for the world's richest T20 league
- Players will be ferried to and from the hotels under strict BCCI health safety protocols



THE TEAMS

- Chennai Super Kings (CSK)
- Rajasthan Royals (RR)
- Kings XI Punjab (KXIP)
- Delhi Capitals (DC)
- Mumbai Indians (MI)
- Kolkata Knight Riders (KKR)
- Royal Challengers Bangalore (RCB)
- Sunrisers Hyderabad (SRH)

THE SCHEDULE

- 1 The IPL 2020 is slated to be played from September 19-November 10 in the UAE across three venues – Dubai, Abu Dhabi, and Sharjah
- 2 Mumbai Indians and Chennai Super Kings will be locking horns in the opening match on September 19. Dubai will play host to 24 games, 20 matches will be hosted by Abu Dhabi, while Sharjah will hold 12 games. The opening match will be played in Sheikh Zayed Stadium in Abu Dhabi.
- 3 For the first time in the history of the tournament, the finals will be played on a weekday, ie Tuesday. Both the afternoon and evening matches will be played half an hour earlier than usual, this time around
- 4 There will be a total of 10 doubleheaders (a set of two games played between the same teams on the same day) in this edition of the tournament. The evening matches will be played at 7:30 pm IST, while the afternoon matches are due to start at 3:30 pm IST



Bridgetown is the capital of which country?

- CLUE 1:** Locals of this country call themselves, "Bajans".
- CLUE 2:** Popstar and Grammy award winner Rihanna was born in this country.
- CLUE 3:** Its name translates from the Portuguese/Spanish term meaning, 'the bearded ones'.

ANSWER: BARBADOS. The Caribbean island country has announced its intention to remove Queen Elizabeth II as its head of state and become a republic. It aims to complete the process in time for the 55th anniversary of its independence from Britain, in November 2021.

CHEF VIKAS KHANNA HONOURED WITH ASIA GAME CHANGER AWARD FOR FEEDING MILLIONS IN INDIA AMID COVID CRISIS



Star chef Vikas Khanna will be honoured with the prestigious 2020 Asia Game Changer Award for feeding millions across India amid the Covid-19 pandemic through a massive food distribution drive that he coordinated from thousands of miles away in his Manhattan home. The Asia Game Changer Awards, launched by the Asia Society—a US-based non-profit organisation—in 2014, identify and honour true leaders who make a positive contribution to the future of Asia.

KHANNA IS THE ONLY INDIAN ON THE LIST NAMED BY THE LEADING ORGANISATION

As the Covid-19 pandemic hit India, Khanna, sitting thousands of miles away in New York, launched a food distribution drive that steadily reached millions across the country. Since April, Khanna's #FeedIndia initiative has distributed 35 million meals, including cooked and dry ration, as well as 500,000 slippers, 3.5 million sanitary pads, two millions masks, and other essential supplies across hundreds of cities throughout India.

FACTOID \$460 BN

The revenue loss in the global tourism sector, courtesy the coronavirus in the first six months of 2020, as the number of people travelling plunged, the UN said. The revenue lost between January and June amounted to "around five times the loss in international tourism receipts recorded in 2009, amid the global economic and financial crisis," the Madrid-based World Tourism Organisation said. International tourist arrivals fell by 440 million (65 per cent) during the period. The Asian continent saw the steepest decline, it added.

- While tourism is slowly returning to some destinations, the UN body warned that "reduced travel demand and consumer confidence" would continue to hurt the sector for the rest of the year
- It predicted that international tourist arrivals will plunge by around 70 per cent in 2020, owing to the coronavirus
- International tourism arrivals rose by four per cent in 2019 to 1.5 billion, with France as the world's most-visited country, followed by Spain and the US
- The last time international tourist arrivals posted an annual decline was in 2009, when the global economic crisis led to a four per cent drop
- The UN body said, it expects it will take two to four years for tourist arrivals to return to 2019 levels

DEBUTANTE WRITER AVNI DOSHI AMONG SIX AUTHORS ON BOOKER PRIZE 2020 LIST

Dubai-based Indian-origin author Avni Doshi is among the six authors shortlisted for the 2020 Booker Prize for her debut novel, 'Burnt Sugar'. The shortlist was unveiled virtually in London on Tuesday after judges re-evaluated the 13 longlisted novels published in the UK or Ireland between October 2019 and September 2020.

- Doshi, born in the US and now living in Dubai, has previously spoken about the long journey to her first novel, which was released in India last year as 'Girl in White Cotton' and for its UK release in July
- The rest of the shortlist, include Diane Cook for 'The New Wilderness', Zimbabwean writer Tsitsi Dangarembga for her third novel in her trilogy, 'This Mournable Body', Maaza Mengiste for 'The Shadow King' and Douglas Stuart for 'Shuggie Bain'



BOOK

NEWS IN BRIEF

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SCIENTISTS PREDICT THAT COVID-19 WILL BECOME A SEASONAL VIRUS



CORONA UPDATE

We are all too familiar with the seasonal patterns of some respiratory viruses, and now scientists suggest that Covid-19 is likely to follow suit and become seasonal in countries with temperate climates, but only when herd immunity is attained. Until that time, Covid-19 will continue to circulate across the seasons, they add.

- According to scientists, influenza and several types of coronaviruses that cause the common cold are known to peak in winter in temperate regions but circulate year-round in tropical regions
- The virus survival in the air and on surfaces, people's susceptibility to infections and human behaviours, such as indoor crowding, differ across the seasons due to the changes in temperature and humidity, they explain
- These factors influence the transmission of respiratory viruses at different times of the year
- However, in comparison to other respiratory viruses, such as the flu, Covid-19 has a higher rate of transmission (R0), at least partly due to the circulation in a largely immunologically naive population, they warn

LEGO TO DITCH PLASTIC BAGS FOR PAPER ONES IN ITS BOXED SETS

Lego has announced that it will stop using plastic bags inside its boxed sets and replace them with paper ones. The Danish toymaker said it will start making the switch next year, and expects plastic bags to be completely phased out in the next five years. The bags are used to hold loose bricks in boxed sets. Lego's colourful bricks are also made of plastic, but the company has had trouble finding another material that's as durable.

- Lego, as well as other big brands, have been looking for ways to cut plastic use in order to please customers, who are increasingly worried about how their purchases impact the environment
- Monopoly maker Hasbro, for example, has also announced plans to eliminate plastics from its packaging



Can you say NO to WHITE SUGAR?

ugar is an integral part of our diet. To wean away from its temptations is no joke, especially in a world culture that shares any happiness with desserts—from cakes to gulab jamuns and milkshakes to colas. The fact that we address people, who are nice and good as sweet speak volumes of how embedded the sweetness trail is in the way we eat and live. So, do we need to put a lid onto all the things that are sweet? Of course not. Enjoy sweetness but restrict its usage.

WHY IS WHITE SUGAR BAD?

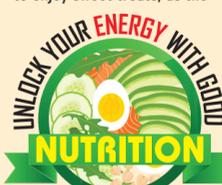
➤ Health experts say that white sugar consumption is a major cause of obesity and many chronic diseases, such as type-2 diabetes. India has a high burden of diabetes ➤ It is predicted that by 2025, there will be around 17 million obese children in India. Obesity in children is linked with excessive sugar consumption found in processed food, like biscuits, burgers, chips, colas, and so on ➤ White sugar-sweetened drinks, like sodas, processed juices and sweet teas are loaded with fructose, a type of simple sugar, which in excess is harmful



ENJOY SWEET TREATS MINDFULLY

TRY THE SPICE ROUTE: "Add natural spices, like honey, cinnamon and vanilla extract to your food, as they are naturally sweet and flavourful," advises nutritionist Ritika Samaddar. These spices also happen to be natural and healthy alternatives to white sugar. **SMART SWAP:** Instead of a spoonful of sugar, add a teaspoon of honey to your milk. It will sweeten your warm milk and provide you with the goodness and nutrients found in honey.

GO FOR FRUITS: "Snacking on seasonal fruits is the best way to enjoy sweet treats, as the



natural sugar found in fruits is satiating and not harmful for the body," says nutritionist Neelanjana Singh. "Chop banana and dates, and add them to your oats and fruit shakes to savour

the sweetness," she suggests.

SMART SWAP: Banana and dates and other dry fruits like walnuts and raisins are great replacements for sugar in bakery items, like cakes, muffins, etc. So are dried fruits, like blueberries and cranberries

OCCASIONAL SUGAR TREATS ARE OKAY: Remember having an occasional bite of something sweet won't wreak havoc on your body. Go ahead and enjoy that special birthday cake but restrict it to a small piece rather than polishing a plateful of big pieces