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STUDENT EDITION

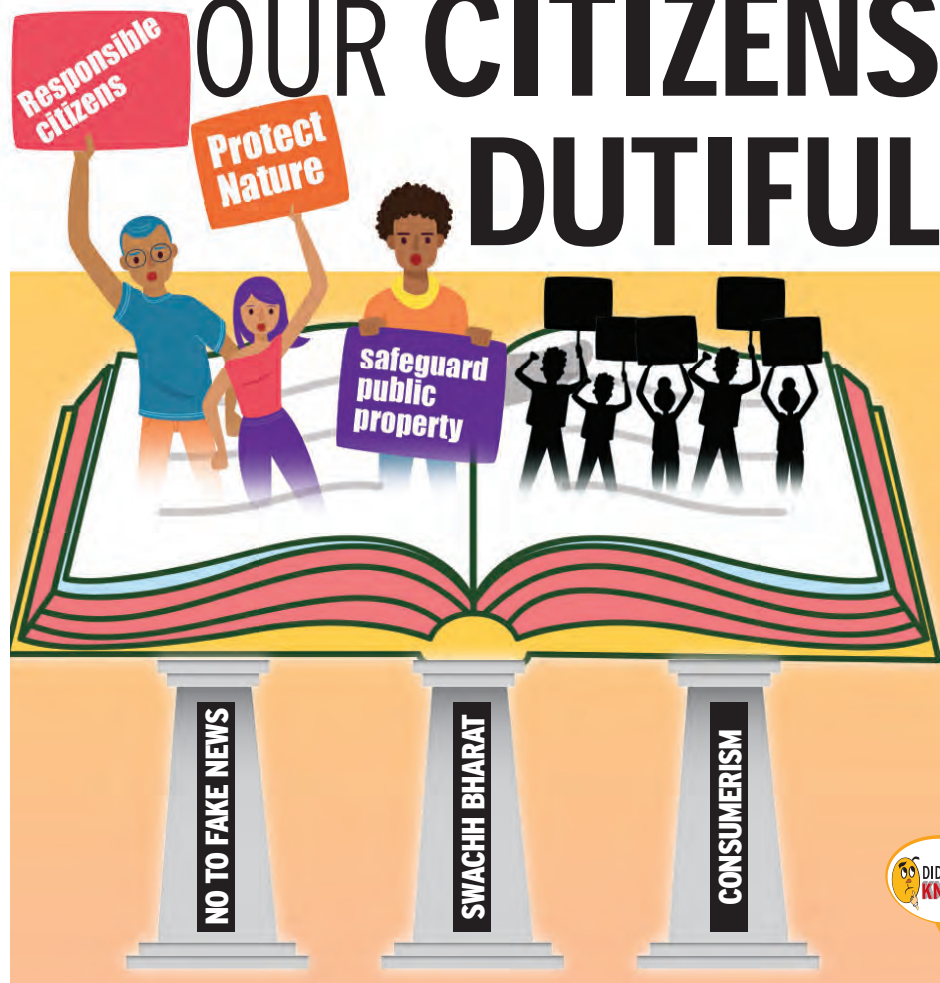
MONDAY, AUGUST 24, 2020



WEB EDITION

INCLUDE CHAPTERS ON CITIZENS' DUTIES IN SCHOOL BOOKS: CENTRE TO NCERT

TOWARDS MAKING OUR CITIZENS DUTIFUL



As public participation gains significance in the fight against coronavirus, the Centre has asked the NCERT and state governments to include chapters on citizens' duties in school books. Union secretary, department of justice, Barun Mitra has said that the government has prepared course modules on citizens' duties as detailed in the Constitution, after some states

Children are the finest carriers of social messages as seen in the Swachh Bharat and 'No to Plastics' campaigns. The Centre has also started engaging NRIs on how they can perform citizens' duties abroad, and help the cause of the country

sent their inputs on the subject. "Rights flow only from the duties well performed. If each one amongst us performs our duty, everybody's rights would be automatically protected," he said. "Freedom without acceptance of responsibility can destroy the edifice of freedom itself. Rights and responsibilities must be balanced," he added.

HOW TO MAKE THEM EFFECTIVE

OFFER LESSONS ON HOW ETHICAL DECISIONS ARE MADE:

Set up situations in which students can apply these skills in solving the problems. Swagata Banerjee, teacher, BDM Intl, Kolkata

CREATE AN AWARENESS ON THE DUTIES:

Encourage children by setting an example, and participating in various activities, like keeping the surroundings clean. Support the students' for small role-plays and debates to create awareness about the rights and duties on issues, like cybercrime, hygiene, etc. Ritu Sharma, educator, St Kabir School, Ahmed

LEAD BY EXAMPLE: Teachers should set an example by practising what they teach the students. It will encourage the students to follow them in letter and spirit.

Suryakumari Dennison, teacher, Aavishkar Academy, Bengaluru

EXPLAIN THE NEED OF THE DUTIES: It is imperative for both the teachers and the elders to explain the children on why a particular duty has been included in their curriculum. Mutual sharing of information between the kids and their parents, teachers and peers will go a long way in making them conscious citizens.

GEETA SAINI, teacher, HAL School, Lucknow

DUTIES THAT SHOULD BE INCLUDED

TO NOT TO INDULGE IN THE CIRCULATION OF FAKE CONTENT: Since everyone is active on social media platforms, an awareness on not to spread fake content without verifying facts, should be included in our syllabus. Inayat Kapoor, class XII, Bhavan Vidyalyaya, Panchkula

HYGIENE CONSCIOUS: The spreading of an infection can stop with basic hygienic measures. It's our duty to drive a campaign on the importance of hygiene. Jobel Jiji Joseph, class XI, RCJPS, Kakkanad, Ernakulam

TO STAY ALERT: As a responsible citizen, we should remain alert of the happenings in our surrounding, and not fall prey to rumours. We should inform our parents, elders or police immediately, if we come across any suspicious activities. Sanya Sinha, class XII, MRISchool, Faridabad

STUDENTS SPEAK



Chapter IV of the Indian Constitution comprises the Fundamental Duties of citizens. Added to the Constitution by the 42nd Amendment in 1976, the concept was taken from the USSR Constitution. They are not justiciable, and are enshrined in the Directive Principles of State Policies

EDUCATION

Guidelines for enhancing students' learning unveiled

Union education minister Ramesh Pokhriyal has released the Students' Learning Enhancement Guidelines.



➤ The documents, such as Alternative Academic Calendar, PRAGYATA Guidelines, Digital Education-India Report, NISHTHA-Online, etc., are some of the initiatives that have been undertaken to maintain continuity in school education for children

➤ The NCERT has prepared Students' Learning Enhancement Guidelines for the present situation, and also for the post-pandemic situation

➤ The guidelines are suggested for three types of situations—Firstly, in which the students do not have any digital resources. Secondly, in which the students have limited digital resources available. Lastly, in which students have digital resources available for the online education

SPACE

CHANDRAYAAN- 2 COMPLETES A YEAR AROUND MOON, ADEQUATE FUEL FOR 7 MORE YEARS: ISRO

India's second lunar mission Chandrayaan-2 completed a year in the orbit around the Moon on Thursday, and all the instruments are currently performing well. There is adequate onboard fuel to keep it operational for about seven more years, space agency ISRO said.



➤ Chandrayaan-2 was launched on July 22, 2019, and was inserted into the lunar orbit on August 20, 2019

➤ Chandrayaan-2 mission was India's first attempt to make a soft landing of a rover on the uncharted South Pole of the lunar surface. However, the lander Vikram hard-landed in September last year

➤ India's first mission to the Moon, Chandrayaan-1, launched in 2008, had given clear evidence on the extensive presence of surface water, and the indication for sub-surface polar water-ice deposits

NEWS IN BRIEF

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MALALA TO START HER BOOK CLUB THIS OCTOBER

Activist, Nobel Laureate and author Malala Yousafzai is all set to start her digital book club in October 2020.

BOOK

Called 'Fearless', it will feature bold and inspiring women writers, who portray the world in a different perspective. Each month, Malala will select a book, which she'll read and discuss with her followers. The digital book club will be hosted by Literati

Some books written by Malala Yousafzai, include 'I Am Malala', 'We Are Displaced' and 'Malala's Magic Pencil'

MATT REEVES SHARES FIRST LOOK OF 'THE BATMAN' LOGO



Filmmaker Matt Reeves has unveiled the first look of the logo for his much-anticipated upcoming film, 'The Batman'. The 54-year-old director shared the official logo of the flick on Twitter. The new Batman film stars Paul Dano, John Turturro, Andy Serkis, Colin Farrell and Zoe Kravitz.

UNVEILED

➤ The poster, designed by DC's chief creative officer, Jim Lee, depicts the batsuit as worn by Robert Pattinson's Bruce Wayne in the film.

➤ The upcoming superhero flick will resume shooting in early September. Filming for the comic book adventure film was halted due to the coronavirus pandemic, when it was roughly seven weeks into the production



OLIVIA WILDE TO HELM FEMALE-CENTRIC MARVEL FILM

Actor Olivia Wilde has been signed by Sony Pictures to helm and develop a female-centric Marvel film for the studio. According to Variety, there have been speculations about Sony developing a movie around the character of Spider-Woman. Several Marvel comics have held the title of Spider-Woman with Jessica Drew in the 1970s. Besides Drew, Mary-Jane and Gwen Stacy have also been a part of the title.

MOVIES

➤ The new female-centric film will be bankrolled by Amy Pascal, and will be written by Katie Silberman, who had earlier written 'Booksmart'

➤ Wilde made her debut with the feature film, 'Booksmart'

➤ The film had released on May 24, 2020, and minted \$ 22 million

Samsung officially launches Galaxy Note 20 series globally

Samsung has launched its new flagship, phablet globally as the South Korean tech giant pins hopes on its latest device to drive mobile business amid the pandemic.

UNVEILED

The Galaxy Note 20 series has hit shelves in some 70 countries, including South Korea, the US, Britain and Thailand, according to Samsung. The new mobile devices will be available in 130 countries by mid-September.



➤ The Galaxy Note 20 series comes in two models—the standard Note 20 and the high-end Note 20 Ultra

➤ The 6.7-inch Galaxy Note20 was launched at the original price of ₹ 77,999, while the 6.9-inch Galaxy Note20 Ultra 5G is available for ₹ 104,999 in the country

DO YOU HAVE A GRATITUDE JOURNAL?

There has been plenty of talk about actor Sushant Singh Rajput's controversial gratitude journal that was posted online by his girlfriend Rhea Chakravarty. While the controversy over who has actually written the journal continues, it has brought the focus on writing gratitude journals. Here's more about this popular concept.

WHAT IS IT?

A concept widely used by psychologists across the world, a gratitude journal is a medium, where you jot down all the things you are grateful for. The idea is to make the person maintaining the jour-

nal **FOCUS ON THE POSITIVE THINGS IN LIFE.** No wonder, it has earned a place as a prominent approach to positive psychology. The maintenance of a gratitude journal is also believed to help relieve symptoms of depression and anxiety.

WHY IT WORKS...

According to clinical psychologist, Dr Piya Nandi, journaling can help depressed or anxious patients vent their bottled-up feelings, and also feel positive. "When you are journaling your thoughts, there is no one to argue with you or create a road-block. You have a free-flowing mind to pen down your true feelings."

THE 'SILVER LININGS'

A reference to the concept of gratitude journaling is made by Anupam Kher's character (a psychologist) in the 2012 film, 'Silver Linings Playbook'. He advises his mental health patient, Pat Solitano (Bradley Cooper), to be grateful for life and attempt to see the good or silver linings, in all that he experiences

How about writing a gratitude journal and sharing with us at toinie175@gmail.com

Photo: Getty Images