WHY FOOD SECURITY is at RISK

WHAT: The United Nations (UN) has warned that the pandemic is exacerbating food insecurity, with 131 million more people at risk of malnutrition in 2020 due to the COVID-19 pandemic. Some estimates indicate that the number could be as high as 265 million people suffering from hunger.

WHEN: The Global Alliance Against Food Crises (GAAFC) and the United Nations Children’s Fund (UNICEF) have warned that the world food system is nowhere near ready to sustain large-scale food crises.

WHERE: The report, released by the UN’s Food and Agriculture Organization (FAO), says that 265 million people could face hunger if the world fails to address food security challenges. The number includes 82 million people who are already facing severe hunger, or famine-like conditions, and 103 million people who are at risk of severe hunger.

HOW: The report finds that the pandemic has disrupted food production and supply chains, causing prices for food staples to rise in many countries. It also highlights the need for increased investment in food production and distribution to help ensure that everyone has access to nutritious food.

WHY: The report notes that the pandemic has highlighted the need for more investment in food security, particularly in developing countries. It also warns that without action, the number of people facing hunger could increase significantly in the coming years.

MORE ON WHAT TO EXPECT AND HOW TO PREPARE:

- Expect food prices to rise further in the coming months, particularly for staples like cereals and grains.
- Expect disruptions to supply chains to continue, which could lead to shortages in some regions.
- Expect governments to continue implementing measures to support food security, such as increased funding for food aid programs.

YOUR CORNER: Have activities or events planned that you’d like to promote? Do you want to write something on the lockdown situation? Be our Times NIE reporter; send matter to timesnimog@gmail.com

WEB EDITION

MORE EXPERIENCES TO TRY:

1. Try the “Walking Water” experiment with strips of paper towels, food coloring, drinking water and cups. The experiment will help you understand capillary action – a phenomenon that allows liquid flow upward against gravity.

2. Conduct the “Burping Bag” experiment – a cool home experiment for teaching your students about gas production. The experiment demonstrates the process of gas production and can be a fun way to introduce the concept of gas formation to students.

The times NIE students show how they are battling lockdown blues

By Divya Gaurav Saini

Some students have found new ways to beat the lockdown blues by doing interesting DIY projects and Cove-up activities.

PERSONAL PROJECTS:

Many students have embarked on personal projects during the lockdown. For example, some students have started painting, drawing or writing to express their feelings. Others have taken up cooking or baking as a new hobby.

COMMUNITY PROJECTS:

Some students have also worked on community projects, such as helping to spread awareness about the importance of hygiene and safety measures, or assisting those in need.

EAT RIGHT: Make sure you balance a healthy diet and get plenty of fruits and vegetables. A balanced breakfast can include cereals, fruits, and eggs. Eating a variety of foods can help you get all the nutrients you need.

INCULCATE DISCIPLINE: Do not waste food and try to cut down on sugary drinks. Also, remember to wash your hands and sanitize your home.

EMOTIONAL WELL-BEING: They say “a family which eats together, stays together.” Eating meals together can help you build healthy habits, practices and routines that you maintain during the lockdown and beyond.

GET MOVING: Regular exercise helps relieve stress, improve your physical and mental health, and boost your mood. You can go for a walk, run, or do some yoga.

INTERNET SAFETY TIPS FOR STUDENTS:

- Never share personal information such as your address, phone number, name, personal email address, school address, family’s details, etc., without the permission of parents.
- Learn about privacy settings on social media platforms such as Facebook, Instagram, Snapchat, etc.
- humble request from strangers or any contacts you don’t know in person, especially while playing mobile games.

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ALBANIA’S FLAMINGOS FLOURISH IN VIRUS LOCKDOWN

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