

"Goals on the road to achievement cannot be achieved without discipline and consistency."

DENZEL WASHINGTON, actor

# Why INSIDE OUT is a must-watch for all

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## THE STORY

Riley, 11, moves from Minnesota to San Francisco, and isn't happy about it. Her five fundamental emotions, Fear, Anger, Joy, Disgust and Sadness, are struggling to adjust to changes. What's unique about this animated film is that her five emotions are the main characters of the film.

## SAY WHAT?

In Riley's head is a headquarter (HQ) that's sending signals as to whether Joy, Sadness, Fear, Disgust or Anger rules her mind.

This control room is actually present in all of our minds, whatever our age. And as often as we struggle with our feelings, looking for that ray of sunshine

called happiness, Riley, too, goes through a roller-coaster of emotions trying to find Joy. And avoid Sadness. But Fear and Anger, Disgust... all take over her mind. What happens then?

## CRITICS SAID...

AO Scott's 'New York Times' review of the film encapsulates the movie's message pretty well. "...the



insistence on happiness has its discontents. As a manager, Joy is focused above all on controlling and containing Sadness... That's a pretty powerful metaphor for repression, of course, and 'Inside Out' turns a critical eye on the way the duty to be cheerful is imposed on children, by well-intentioned adults..."

Ann Hornaday wrote in 'The Washington Post': "As fabulous as the vocal performances are in 'Inside Out', it's the clever writing and lush visuals that catapult it to greatness, from how ingeniously the filmmakers illustrate the inner workings of the human mind to amusingly on-point

glimpses into the emotional HQs of Riley's parents."

## THE MESSAGE

It's not just now, in our lockdown phase, but at any point of time, we all — children, teen, adults — have the tendency to focus so much on joy and being happy that we often brush off other emotions aside. We even define certain emotions, like sadness, anger, fear, disgust, as negative. But are they? The point is none of us would know what happiness is unless we have truly felt the whole gamut of emotions in our hearts.

## DOPPELGANGERS

**Keira Knightley and Natalie Portman**

British actor Keira Knightley and Israeli-American actress Natalie Portman look

so alike that they are often mistaken for one another not just by fans but even people within the industry. Knightley had said in an interview people have chased her down in airports, thinking she's Portman. "I feel quite sorry for her because she must get chased a lot because it's happened like five times where someone's been like, 'Natalie! Natalie! Natalie!' And I'll sign and take a picture as Natalie," Knightley said in an interview.

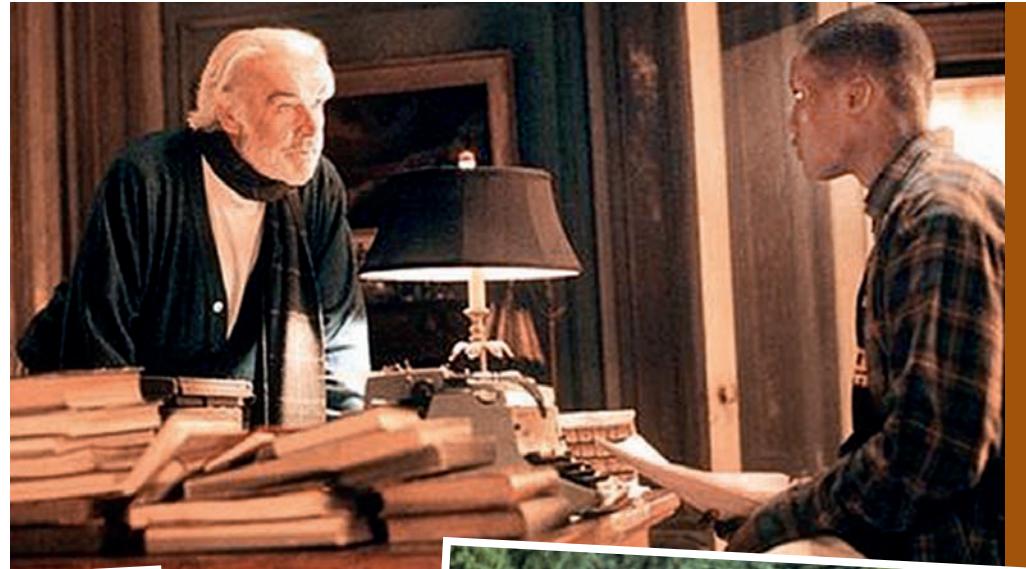


# Connery Beyond Bond

3 Sean Connery movies to watch as a tribute to the great actor who died this week

## THE LEAGUE OF EXTRAORDINARY GENTLEMEN

This 2003 film was the final live action role for Sean Connery, who announced his retirement from acting three years later. Loosely based on the eponymous comic series by Alan Moore and Kevin O'Neill, the film has Connery playing Allan Quatermain, the protagonist and adventurer of H Rider Haggard's 'King Solomon's Mines'. The story is simple enough. A group led by Quatermain is trying to thwart a group of terrorists from destroying the world. The unusual part of the comic and the film is that all its protagonists and villains are famous characters by famous writers: Jules Verne, H. G. Wells, Bram Stoker, Sir Arthur Conan Doyle, H. Rider Haggard, Ian Fleming, Herman Melville, Oscar Wilde, Robert Louis Stevenson, Edgar Allan Poe, Gaston Leroux, and Mark Twain... Actor Naseeruddin Shah plays Captain Nemo in this film.



## FINDING FORRESTER

In this 2000 Gus Van Sant film, Sean Connery is exceptional as a reclusive writer, who helps a Black teenager, brilliant in academics and sports, to come out of the shackles of societal prejudices. Jamal Wallace, played by Rob Brown is invited to attend a prestigious school attended by the rich and famous. Facing prejudice and judgement, from students and teachers alike, he gets angry and disillusioned. But at the same time, Jamal also meets William Forrester, an eccentric man who lives in his neighbourhood, and will change his life forever...

## INDIANA JONES AND THE LAST CRUSADE

Sean Connery plays protagonist Indiana Jones' father in this third installment of Steven Spielberg's super-successful adventure film franchise. In this film, Indiana goes in search of his father, adventurer Henry Jones,



who has gone missing trying to find the Holy Grail. A thorough entertainer from the beginning to the end, Connery is a treat to watch as the cantankerous old man at loggerheads with his son, even as they are both chased by villains.



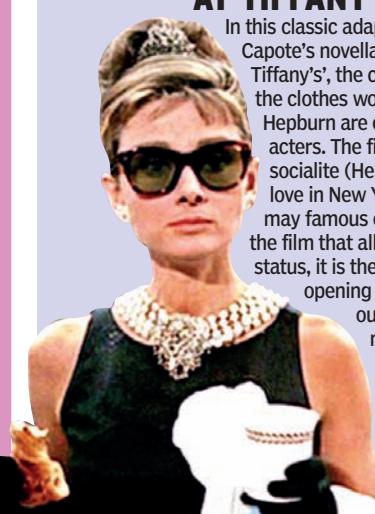
#1 Barbara Cartland wrote 723 novels during her career and is referenced in the Guinness World Records for publishing the most novels in a single year. It is estimated that Cartland sold over 750 million copies of her work, but that figure has been disputed.

#2 Dr. Seuss aka Theodor Seuss Geisel published over 60 books throughout his career which have since sold around 600 million copies.

#3 Georges Simenon was a prolific Belgian author, who wrote over 400 novels. He created Jules Maigret, a detective featured in over 75 of his novels. Estimates put his book sales around 700 million.

## ICONIC COSTUMES

### AUDREY HEPBURN, BREAKFAST AT TIFFANY'S



In this classic adaptation of Truman Capote's novella 'Breakfast at Tiffany's', the city of New York and the clothes worn by Audrey Hepburn are equally big as characters. The film follows a young socialite (Hepburn) as she falls in love in New York City. Among the many famous outfits throughout the film that allude to her high-class status, it is the black dress in the opening scene that stands out. Heralded as a pinnacle of 20th century fashion, Hepburn's Givenchy dress had set a trend for what we know today as LBD or the Little Black Dress.

## ROLE REVERSAL

Before becoming a superstar Jennifer Lawrence had auditioned for the role of Bella Swan for the 'Twilight' series. The role eventually went to Kristen Stewart (pic right). Lawrence said though she didn't know about the huge fan following of the Twilight book series, or anticipated the huge hit the movie had — which it did — she felt disappointed at not landing the role at that time.



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### THE ICKABOG BY J K ROWLING

Releasing November 10, 2020

In May 2020, British author J K Rowling began posting a chapter every week from 'The Ickabog', an unpublished work to entertain her young (and restless) fans stuck at home due to Covid-19 lockdown. Now, 'The Ickabog' is to be released this month as a book. Set in the mythical land of Cornucopia, 'The Ickabog' is about a legendary monster whose story is used to scare children and keep them from wandering in the marshes. According to 'The Guardian', Rowling will donate the royalties from this book to charities hit the hardest by the coronavirus.

### ENOLA HOLMES: THE CASE OF THE MISSING MARQUESS BY NANCY SPRINGER

Re-releasing November 10, 2020

If you loved watching 'Enola Holmes' starring the inimitable Millie Bobby Brown, then we urge you to read the book that inspired the film. Created in 2006, Nancy Springer's fictional character Enola Holmes is the 14-year-old (younger) sister of an already famous Sherlock Holmes. In 'The Case of the Missing Marquess', Enola investigates the mysterious disappearance of her mother. There are currently six books in the series, all written by Springer from 2006-2010.

### THE BOOK OF MYTHICAL BEASTS AND MAGICAL CREATURES BY STEPHEN KRENFSKY

Releasing November 15, 2020

Behind every magical

# HOT STUFF

The literati world is abuzz with news of some of the biggest titles releasing this November. From Barack Obama's highly-anticipated memoir to Brandon Stanton's 'Humans' to J K Rowling's 'The Ickabog', there's something for everyone

or mythical creature is an origin story. For example, the narwhal tusks may have something to do with the legend of how unicorns came to be; or how dinosaur bones are at the heart of stories of dragons.

Stephen Krensky, a prolific (over 100) author of picture books, explores the history behind some of the world's most mysterious fictional animals, and the cultural folktales of their origin. A beautifully-illustrated compendium for kids aged 7 to 9. Pick this book up by you are obsessed with where goblins, trolls, giants, elves, leprechauns and dragons.

### GRANDPARENTS' BAG OF STORIES BY SUDHA MURTY AND PRIYA KURIAN

Releasing November 9, 2020

One of India's favourite granny and children's author Sudha Murty is back with yet another goody bag of stories. 'Grandparents' Bag of Stories' is a sequel to her earlier bestseller 'Grandma's Bag of Stories', and marks her 70th birthday. The 20 stories featuring 'tales of kings and jungle, fun and adventure in the time of coronavirus' have been written for



children who have found themselves at locked at home for the major part of this year without school or holiday plans.

### HOME BODY BY RUPI KAUR

Releasing November 17, 2020

The Canadian poet, author and illustrator Rupi Kaur, who shot to fame by sharing short visual poetry works on Tumblr and Instagram, is releasing her third book, titled 'Home Body'. The book is a collection of poetry that embraces change, and is a 'love letter to oneself'. In an Instagram post Kaur said: "I wrote while getting help. I wrote while getting better. I wrote on days I couldn't make it out of bed. On days I rejoiced in the company of friends. I wrote when I hurt and when I cried when I found laughter again..."

### A PROMISED LAND BY BARACK OBAMA

Releasing November 17, 2020

The biggest book of 2020 is by former American president Barack Obama. He writes about his tenure as the president of the United States (from 2009 to 2017) in 'A Promised Land'. The two-part book project documents the former president's campaign and early years in the White House. According to news, the publisher is printing 3 million copies!

### HUMANS (HUMANS OF NEW YORK) BY BRANDON STANTON

Releasing November 10, 2020

Pick this book if you follow 'Humans Of New York' creator Brandon Stanton, or any of HONY offshoot photoblogs on social media. This is the award-winning photo blogger's biggest book yet and it looks at heart-touching human stories of people from 40 countries, including Iran, Iraq, Pakistan, India and Israel.

"It doesn't matter what you're trying to accomplish. It's all a matter of discipline."

WILMA RUDOLPH, AMERICAN SPRINTER

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# WHO'S THE GOAT?



Rafael Nadal

Novak Djokovic

Roger Federer

Now that the 2020 Grand Slam season is done and Rafael Nadal is tied with Roger Federer at 20 major championships, the most for a man in tennis history, followed by Novak Djokovic at 17, some might be tempted to rekindle the conversation about who is the "Greatest of All-Time" (GOAT)

## 'All three are GOAT'

Trying to come up with a consensus pick is silly – especially now, when the Big Three are still active – and, more to the point, unnecessary.

Why insist on choosing one when we should appreciate, admire and elevate all of them? Two weeks before Nadal trounced Djokovic 6-0, 6-2, 7-5 to earn a 13th trophy at the French Open and catch

Federer in the Slam

standings, Serena Williams was asked to assess

the significance of such an achievement. Williams owns 23 major singles trophies, the most by anyone in the professional era and second to Margaret Court's all-era standard of 24.

"You can't compare two people that are equally great. Roger – I mean, he's Roger Federer. I think that says enough. So, you know, it's like, I don't understand why people want to pit, 'Who's this? Who's that?' They both have spectacular careers that 99% of people can only dream of. ... Every single credit and every single thing that they get, they absolutely deserve it," Williams said. "I'm a big fan of both, to be honest."



Photo: REUTERS

## Their skills and personalities offer something for everyone

"They all play different. They all love their different surfaces, different conditions. Novak is still obviously in reach for the Slam count, as well," American pro Jack Sock said. "You can't really put your finger on one guy. ... They're all GOATs in their own way."

- 1 Federer's serve and his net game stand out; he's been best on Wimbledon's grass.
- 2 Nadal's lefty forehand and court coverage stand out; he's been best on the French Open's red clay.
- 3 Djokovic's return and backhand stand out; he's been best on the Australian Open's hard courts.



These three guys showed throughout their career (what) great champions they are, no matter the conditions, no matter the atmosphere, no matter anything. They are able to sustain everything and to fight through difficulties, which is a great virtue of champions.

Marin Cilic, 2014 U.S. Open winner

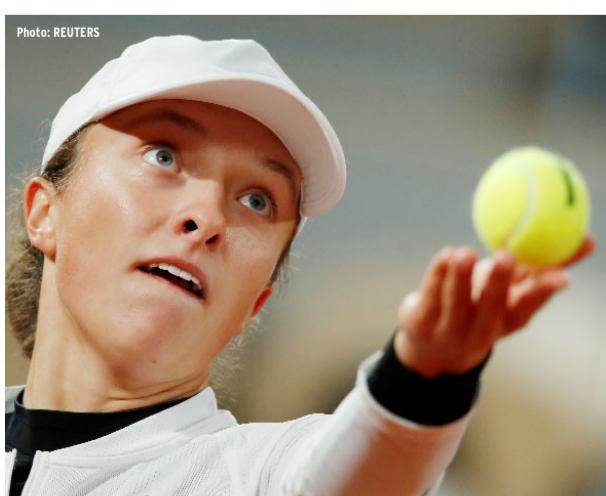


Photo: REUTERS

## TITLES AT EACH MAJOR EVENT

	AUSTRALIAN OPEN	WIMBLEDON	U.S. OPEN	FRENCH OPEN
DJOKOVIC	8	5	3	1
FEDERER	6	8	5	1
NADAL	1	2	4	13

## HEAD-TO-HEAD RECORD

### All meetings:

Djokovic v Federer:  
**Djokovic leads 27-23**

Djokovic v Nadal:  
**Djokovic leads 29-27**

Federer v Nadal:  
**Nadal leads 24-16**

### Grand Slam meetings:

Djokovic v Federer:  
**Djokovic leads 11-6**

Djokovic v Nadal:  
**Nadal leads 10-6**

Federer v Nadal:  
**Nadal leads 10-4**

## MOST WEEKS AS WORLD NUMBER ONE

Federer: **310**

Djokovic: **290**

Pete Sampras: **286**

Ivan Lendl: **270**

Jimmy Connors: **268**

Nadal: **209**

## MOST ATP TITLES WON

Connors: **109**

Federer: **103**

Lendl: **94**

Nadal: **86**

Djokovic: **81**



## Other questions for tennis fans to ponder in 2021

1. Can Williams, 39, remain healthy enough to continue to contend for Slam success?
2. Which of the young recent women's major champions – Iga Swiatek, 19; Bianca Andreescu, 20; Sofia Kenin, 21; Naomi Osaka, 22; Ash Barty, 24 – will emerge as the best?
3. Can U.S. Open champion Dominic Thiem, 27, separate himself further from the upcoming stars?
4. Will someone else – Daniil Medvedev, 24; Alexander Zverev, 23; Stefanos Tsitsipas, 22; Andrey Rublev, 22; Denis Shapovalov, 21; Casper Ruud, 21; Felix Auger-Aliassime, 20; Jannik Sinner, 19 – be the next to break through?