**GREEN HOME AND GOOD LUCK**

There was a time when most house plants were region-specific, like the good old Tula adorning Indian courtyards. But of late, the home garden has got a global flavor. So, you will find miniature bamboo shoots in every other Indian house, sitting quietly in a corner — as its supposed to bring good fortune to its owner. Here’s a list of some cool plants considered lucky around the world. Plus, they green up your home and add cheer to it!

**R/gluc**: The beautiful flower is believed to attract love and happiness. Moreover, different colors create specific energies. For instance, white room partners beauty and wealth; red and orange hues are the symbol of prosperity, so the other hand, pink roses bring peace, good fortune, and good health. Even firecrackers might have positive spiritual energies to it. Today, it is mostly grown indoors and is a symbol of affection between lovers. Purple roses are known for their passion and admiration of your lover.

**Peace Lily**: This dark green plant with white flowers helps you prosper by reining in your anxiety levels. It is one of the most effective plants to clean indoor air and is the symbol of a peaceful and calm environment.

**Castas**: The flowers of the sacred mountain plant have a distinct fragrance. According to them, it is a blossoming erect green flower species that look good in any corner of the room. It is also used to make perfumes for the home.

**Rosemary**: It is said to increase brain power and create good luck. Rosemary essential oil helps to keep you energetic; it helps in mental clarity and helps in healing. It is also used to make perfumes for the home.

**Tulsi**: It holds both mythological and religious significance for Hindus. Legend has it that Lord Krishna was its devotee, and it also has medicinal properties. It is believed to send off negative energy from your home. It is often used to make perfumes that help people achieve financial success. It is also used to make effective concoctions for removing cough and cold.

**Rainbow Fruit Salad**

This lovely and colorful fruit salad is a healthy and delicious recipe. Prepare with exotic fruits ingredients. It is said to add more nutrients and you are good to go. This salad is best to be served chilled.

**Recipe**

**Ingredients**
- 3 bananas
- 4 black grapes
- 1 mushroom
- 1 cherry tomato
- 1 pineapple
- 1 lemon
- 1/4 cup honey

**How to Make**

**Step 1**: Wash the mushroom and cut it into small pieces. Cut the pineapple into small cubes and store them for later use. Add strawberries, grapes, and bananas into the bowl along with some honey.

**Step 2**: Toss all the ingredients well.

**Hint**: You can also make this fruit salad into a smoothie.

**Fashion Tips**

If you have one pea in a bunch, focus on a style that you believe in. It is the perfect season for the “B” crowd that gathers around the world for fashion shows. Find out more.

**Shower Time**

Many people like to kick start their day by taking a bath in the morning, while some prefer taking it right before bedtime. What do you think? Well, know what will suit your lifestyle better. Explore if you are, in fact, benefiting by showing at a certain time of the day.

**When you take a morning shower:**

If you take a morning shower, all your glands will be active, hence, your metabolism will be faster. This will help you to lose weight faster. Focus on a new activity that you would like to follow in a shower.

**When you should take a morning shower:**

This is a great habit to follow. Focus on a new activity that you would like to follow in your morning, which would help you to stay more energetic for the rest of the day.

**Shower Time — Morning or Evening?**

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